Truro Council on Aging Advisory Board Meeting Minutes October 9, 2024

PRESENT: Dan Schreiner, Apryl Shenk, Kevin Grunwald, Barbara Bond, Kat Black; Jim Brown, Friends of the Truro COA; Damian Clements, Director of Community Services; Michelle Peterson, Deputy Director COA. GUEST: Susan Rocca

· Meeting was called to order at 8:02 am.

 Apryl moved to accept the September minutes. Kevin seconded the motion. Unanimous approval.

 Discussion occurred about the meeting time change to 8:00 am. While not ideal, it was agreed to keep the new time so all members could potentially attend.

- Michelle gave the highlights of the Georgette's outreach report. She was asked about the data for July, which is missing on the report. It might have not been included since we did not meet in August. Michelle will look into it.
- There are 30 vendors registered for the Health and Wellness Fair 10-17-24.
- Discussion occurred about posting ads submitted by community members.
   Damian told us that they are submitted to Katie at the front desk, and she posts them if appropriate. They go on the front windows of the community center.
- Dan asked if there is someone to help with phones for the hard of hearing. That would be Georgette.
- Question about Medicare and Medicaid. SHINE counselors are available, and Michelle may arrange another Medicare presentation, like the one last fall.
- · Michelle is looking to hire an on-call driver.
- The first LBGTQ group meeting went well and had 7 attendees.
- Shawnee Carroll will be speaking at the Veteran's luncheon.
- There will be a presentation to help with the "Real" Drivers' License and ID.
- The Thanksgiving dinner giveaway will be November 22 from 11-2.
- The Christmas gift giveaway will be December 17 and 18th. (Set up on the 16th.)
- Our next focus groups to advise us on goals and objectives will be in May.
- Friends' report: there are more requests coming in as there are more activities being planned. The Friends will pay for jar openers for health fair gifts.
- Elder Services is putting out a Senior Needs Assessment. We hope seniors won't confuse it with the planned Truro senior needs assessment.
- Brief discussion about housing and the needs many seniors have to down size.
- Barbara suggested inviting Jamaican seniors to COA to consider their needs.
- Damian reported that the Town is working on the "Senior Perks" (discounted beach stickers and transfer station passes), which was approved at last ATM.
- · Meeting adjourned at 9:05 am.

Respectfully submitted,
Katherine Black