

**Truro Council on Aging Board
Meeting Minutes
August 9, 2022, 9:00 am**

In attendance: Dan Schreiner, Sue Girard-Irwin, Apryl Shenk, Carol Bishop, Kat Black, Jim Brown, Damion Clements

Meeting was called to order at 9:03 am.

MINUTES

Sue made a correction to the item about the Friends donating money to the Truro Community Kitchen. The donation was approved because the majority of the recipients were seniors, not all of the recipients. Carol made a motion to accept the July minutes as corrected. Apryl seconded. Approval of the minutes was unanimous.

NEW BUSINESS

Dan mentioned that we had intended to include the Town Manager, Darrin Tangeman, on the agenda for the August meeting, but failed to do so. Therefore we will invite him to the September meeting, and be sure he is on the agenda. He will talk about changes in the organizational staffing that will impact the COA.

- Damion gave his report, which can be made available upon request. He reviewed the heat advisory that had occurred recently, and the broadcast message sent out to all those on the Town email, phone and text message list. Cooling stations were set up in the library and the COA.**
- Damion reported that there have been some applications received for the Assistant Director position, but he does not know when interviews will be held.**
- He reviewed the various presentations and classes that are coming up:
VNA – Sept 28
Cost savings in Medicare – Sept 20, 1 pm
CPC grant – Sept 22
Arthritis Exercise – Nov 8 thru Dec 13
MBA Elder Law – Oct 18**
- Damion mentioned that he had spoken with Dorothy at the Eastham COA about their recent Health and Wellness Fair. Their Outreach Coordinator Cindy leads this event. We have had such fairs in the past and can revisit this.**
- Damion invited us to submit material for the COA newsletter by August 15.**
- Regarding the new multi-generational equipment at Puma Park: there have been some complaints that young children need to be (and have not been)**

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supervised by parents or caregivers. Damion is having signage created on this matter.

- The Senior Municipal program is accepting applications. Applicants do community service work and receive a break on their property taxes.
- Damion is encouraging seniors to sign up for Alert Truro program.

OUTREACH AND TRANSPORTATION

The July Outreach report will be sent out at a later date.

UPDATE ON BARBECUE PROPOSAL

Sue reported that we will need to wait until next year and collaborate with other departments. Maybe Damion can ask other departments to budget for an event, along with the Recreation, Beach and COA department.

Discussion occurred regarding submissions to the COA newsletter. Sue will submit our goals and objectives documents.

Sue reviewed the Goals and Objectives. Dan will follow up on setting up monthly meetings with Damion and Jim (friends of COA). Sue pointed out one of our objectives was to establish focus groups to hear from the community how we might best be of service. She will draft a write up for the September COA newsletter for our review at the next COA.

Carol asked how the Senior of the Year will be honored. Jim pointed out that it is normally at a lunch, but they have not had these recently. Carol noted they are having lunches again and will follow up on the question and review at the next COA board meeting.

Dan reported that Myles McKay has resigned from the COA Board. Nicole let Dan know that they have not received an official resignation and I've emailed him asking him to send one.

Jim and Friends of the COA update: Jim did not have anything new to report and noted they have not received any recent requests from the COA for assistance. Carol asked the amount of the donation to the Truro Community Kitchen and Jim informed us the Friends of the COA donated \$1,000.

Our next meeting will be Tuesday September 13th 9:00 a.m. to 10:00 a.m.

Respectfully submitted,


Katherine Black

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