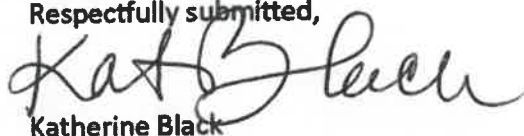


Truro Council on Aging
Advisory Board Meeting Minutes
9.13.23

PRESENT: Michelle Peterson, Director; Georgette Ducey, Outreach Coordinator; Dan Schreiner, Sue Irwin-Girard, Barbara Bond, Kevin Grunwald, Apryl Shenk, Carol Bishop, Kat Black.

- Meeting was called to order at 10:05.
- Sue made a motion to approve the August minutes, Apryl seconded. Motion passed.
- Georgette gave the highlights of her report (available by request). She talked about the increasing participation numbers, meal deliveries, medical rides, etc. Shawn Byrne is providing well-received IT support for members for their computers, ipads and phones.
- The taxi ride home from the hospital has about 3 rides per month. The Friends of the COA pay for these. Discussion about how to be sure people know about the service.
- There are 24 vendors so far for the health fair, which is October 26, 10 am to 1 pm. There will be rides available to the health fair.
- The Flu Clinic coming up is difficult to register for. Discussion on how to improve that.
- Michelle reported on the volunteer training that she and Barbara held. Barbara suggested that we could use some younger volunteers. The average age of our volunteers are in the 80's and 90's. Which is great, but younger volunteers are needed as well.
- Deborah Smulian is creating a dementia caregiver support group starting November 20. Five sessions, Mondays at 1 pm.
- Michelle was successful in her application for a transportation grant in the amount of \$7,250.
- Nominations are being accepted for the Senior of the Year for 2022.
- September is Senior Center awareness month. Next year we will plan a big event.
- Jim Brown reported that the Friends are about to send out their annual appeal letter. They will be giving \$1,500 towards gift cards for the holidays.
- Barbara reported that the Massachusetts food bank doesn't have enough staffing so they are cutting back on how much food they can provide each delivery.
- Goals and objectives were discussed and champions for each goal confirmed. See separate document, updated by Sue.
- Kevin will do a message from the Board for the next newsletter.
- We will schedule new focus groups for November. Sue will send out suggested dates.
- Next meeting will be at 9 am instead of 11 am, in person, October 11.
- Meeting adjourned at 12:05 pm.

Respectfully submitted,



Katherine Black

