

**Truro Council on Aging
Advisory Board Meeting Minutes
10.18.23**

PRESENT: Michelle Peterson, Director; Georgette Ducey, Outreach Coordinator; Dan Schreiner, Sue Irwin-Girard, Barbara Bond, Kevin Grunwald, Apryl Shenk, Carol Bishop, Deborah Smulian, Kat Black

- Meeting was called to order at 9:03.
- Apryl moved to accept the September minutes. Carol seconded the motion. Minutes were unanimously approved.
- Georgette gave the highlights of the services provided last month. Her report is available on request. Transportation numbers are up now that we have more drivers and we can take seniors to activities as well as medical appointments.
- Discussion occurred regarding the Health and Wellness Fair on October 26.
- Nancy Bloom from the Independent will be taking photos at the Fair.
- Michelle gave her report (available by request) and highlighted the new Caregiver Support group that she and Deborah have put together. We talked about dates for the new focus group meetings.
- Discussion about what to ask at the focus group meetings. Such as, "What do you feel is going well? What haven't we implemented that was asked for during the last focus groups? What new ideas do you have for programs or services?"
- Sue will take notes on the Thursday focus group and Kat on the Saturday one. Kevin and Dan said they would attend one of the focus groups.
- Discussion of cookie swap idea. Michelle said that she is planning to approach Julie at Box Lunch to make cookies and then have a decorating activity. Because of Covid and the prevalence of allergies, it might be better not to have cookies baked at home.
- Barbara talked about the Santa's Workshop program funded by Lower Cape Outreach Council, Dec. 12-16. Turkeys will be given out Nov. 17 for anyone who signs up. No need to be qualified for the Food Pantry.
- Nominations for Senior of the Year 2022 will be taken until Nov. 17. It was suggested that we review last year's nominations.
- There was no report from the Friends of the Truro COA, but Michelle reported that the Friends gave \$1,500 towards Stop & Shop gift cards.
- The Newsletter will be going out soon.
- We need more volunteers for the community luncheons.
- Next meeting is November 8, at 9 am, in person.
- Meeting adjourned at 10 am.

Respectfully submitted,


Katherine Black

