Truro Council on Aging Advisory Board Meeting Minutes December 11, 2024

PRESENT: Dan Schreiner, Apryl Shenk, Kevin Grunwald, Carol Bishop, Susan Rocca, Deborah Smullian, Barbara Bond, Kat Black, Damion Clements, Department Director, Michelle Peterson, COA Deputy Director.

Meeting was called to order at 8:02 am.

 Apryl made a motion to approve the November meeting minutes. Kevin seconded. Unanimous approval.

 Michelle gave her report and highlighted the success of the Medicare enrollment appointments, stating that although there were a lot of issues this year, there were enough available appointments.

 Exercise and lunch were down a bit over the past month, maybe due to the season. Medical rides were down, but non-medical rides were up.

• The housing rehab program was well-attended. The monthly craft activity is going well. The Friends helped pay for supplies.

The COA budget now has a line item for seasonal supplies.

 There is one applicant for the on call driver position. Still need a kitchen server and a dishwasher. There is money to pay the dishwasher.

 There will be a presentation on music and dementia on February 6, a "Caring for the Caregiver" on February 28, and "Dancing through the decades" on January 8.

 Dan suggested we survey caregivers to see if they might not be able to come without respite care being offered.

 Discussion about the need for day programs for those with dementia. Currently there is a program in Orleans and Chatham.

 Barbara reported on the pantry's Thanksgiving turkey dinner offering. 55 people came to pick up and 17 were delivered.

 On December 17 and 18, Santa will be here with toys to give away, funded by the Lower Cape Outreach Council. Volunteers are needed on the 16th to set up.

 Michelle is working with Julie at Box Lunch to create a men's group, coordinated with the Provincetown COA.

 Michelle reported that we received our funding from Title III, and we have been offered a new bus from CCTRA. She is looking into getting a new Sienna hybrid.

 There has been a suggestion that we schedule an intergenerational "dump dance" for the town at the community center. Inside, instead of at the dump.

 Damion said that he is working with the Select Board regarding the senior needs assessment.

Meeting adjourned at 8:57 am.

Respectfully submitted,

Katherine Black

