



TOWN OF TRURO BOARD OF HEALTH

P.O. Box 2030
Truro MA 02666-0630

Office of Town Clerk

MAY 24 2024

Received TOWN OF TRURO
By: 

Board of Health Meeting Minutes: April 2, 2024

This was a hybrid meeting held in person at Truro Town Hall in the Select Board chambers and via Zoom. **Board members in attendance:** In person: Chair Tracey Rose; Vice Chair Jason Silva; Board Members Brian Koll, Helen Grimm, and Tim Rose; Absent: Alternate Candida Monteith; Also Present in person: Health Agent Emily Beebe; Assistant Health Agent Courtney Warren. Also Present virtually: Assistant Health Agent Arozana Davis

The meeting was called to order at 4:31 pm by the Chair, who described the remote meeting procedures and the process for public participation. The Chair announced the upcoming dates for the pre-Town Meeting and pre-Special Town Meeting, and May 4, 2024 as the date for the Special and Annual Town Meeting.

Public Comment: There was no public comment.

Narcan Training with the Aids support group of Cape Cod-Eliza Morrison, director of Harm reduction services for the Cape Cod Aids Support Group provided training on Narcan and how it is used to respond to opioid overdoses. Opioids are a class of drug prescribed to relieve pain and can be very addictive. Opioids include narcotics such as heroin, morphine and oxycodone. Eliza described how fentanyl, a synthetic and potent opioid has permeated the street drug supply and presents a much larger risk of overdose because it is so strong. Without a test, it is not possible to detect the presence of fentanyl. There are now more than 60 analogs of fentanyl and most overdoses happen accidentally when fentanyl is present in other drugs, such as cocaine, meth and crack.

The response in our communities has been to make **Narcan** very available, to help someone who may have overdosed. **Narcan** is an “opioid antagonist” meaning that it binds to opioid receptors in the body. It can block and reverse the effects of the drug, can restore breathing, and can reverse the overdose symptoms for 30-90 minutes, thus giving emergency medical professionals time to respond and provide additional treatment. Its use will not harm someone who has not taken opioids. The Good Samaritan Law protects the victim and bystanders and is designed to encourage people to call for help without fear of legal trouble.

“Nalox Boxes”, offer free Narcan, and provide information about support services for those with SUD (substance use disorder). These plastic boxes have been mounted in the foyers of the Community Center and the Truro Public library, and each one holds 3-4 nasal doses of Narcan. Eliza offered doses to the members of the public and the Board members who were present. She demonstrated how to respond to someone who is not breathing, and understand the signs of an overdose such as faint or no pulse, blue gray face, faint or no pulse; also to look for evidence of a substance or the paraphernalia

associated with the drugs. She described how to assess the level of consciousness, how to administer Rescue breath, and how to administer the dose of **Narcan** nasally. She said that improvement should happen within 3-5 minutes, and that administering another dose was not only okay but was not unusual. She also described how the increased visibility of the Nalox boxes can help reduce the stigma of SUD and save a life.

The CCASG has a mobile van with a presence across the Outer Cape (Truro on Tuesdays). designed to meet people where they are. The van is staffed with informed outreach coordinators, who provide non-judgmental, free services to visitors of the van, including distribution of fentanyl test strips, counseling, distribution of **Narcan** and supportive resource information.

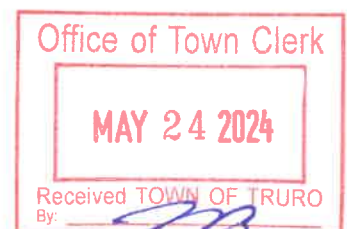
Board member Brian Koll suggested that additional Nalox boxes be made available at beaches, and that Lifeguards be trained to administer it.

For further information, please watch the video of this meeting.

Proposed Change of Manager: 658 Shore Road, Bay View Village, Anabel Ressler and David R Marriott new co-managers are both local teachers, provided their backgrounds to the Board members. They will be the new on-site managers for Bay View Village residing in the manager cottage. The Assistant Agent stated that the Health Department office was waiting for the signatures from the new managers. The Chair suggested the Board might consider a conditional approval., pending receipt of the completed application. **Motion:** Board member Brian Koll moved to approve the new managers with the stated condition; **Second:** Board member Helen Grimm; **Vote: 5-0-0, the motion carried.**

New Owner and Manager: 300 Route 6, Fullers Package Store; Vishal Shula is the new owner and manager of Fuller's Package Store. He has lived on the Cape since 2000 and has been managing convenience stores and package stores since then. He will be keeping things the same including the employees. It will remain a seasonal business open until January 15th. No motion was made as this was just a time to establish a relationship with the new owner and welcome him.

Local Variance Request: 21 Fisher Road, Robert L Jackson Family Trust
Laura Schofield, from Schofield Brothers engineering was present at the meeting and described the details of upgrading the cesspool on site to a Title 5 with room for a future I/A system. The property is almost 3-acres and is developed with a house dated 1810. There is enough upland on the property to meet Nitrogen loading requirements without I/A, but since it is in the Pamet River watershed, room for future I/A was incorporated. There were no comments or questions from abutters. **Motion:** Board member Brian Koll moved to approve the plan as proposed; **Second:** Board member Tim Rose; **Vote: 5-0-0, the motion carried.**



Special Town Meeting (STM) and Annual Town Meeting (ATM) Warrant articles, and meeting information.

Re: ATM #41- Anne Greenbaum was at the meeting to introduce the Board members of her ATM petitioned article called “Senior Perks”. This was developed in response to petitioned article #15 on the 2023 STM warrant called the “senior pass” article. STM article #15 would waive the fees for beach and transfer station stickers for residents over the age of 65. Then language of the article made it “un-approvable” due to form, because the Truro Town Charter has provided the SB and BoH with the fee setting responsibilities for the permits that would be waived by this article. Town Meeting does not have that authority. Subsequently another article was developed in response, STM article #8, by the SB, which would have the concept explored under a pilot project.

The ATM article #41 also specifies a pilot program, which is not needs based, but voluntary; increases the age to 65 and asks the TM to direct the proper fee setting entity to reduce the fees no less than 75%.

This was not recommended by the Finance Committee or the Select Board. The Board members asked to have more time to review and discuss their recommendations, which would need to be provided to the Town meeting directly, since the warrant had already been sent to the printer. This article will be discussed at the next meeting of the Board on April 16.

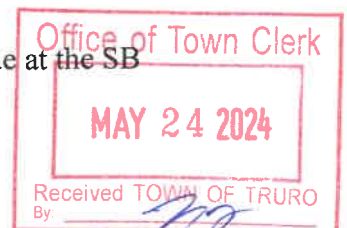
Proposed amendments to Article 6 section 10: The Health Agent included a memo describing changes proposed to this section of the Truro Board of Health Regulations regarding septic systems. The memo recommends that the use of article 10 as written, be applied only to properties that are upside down in their nitrogen loading compliance.

The Board was open to seeing revisions to section 10 as requested by the Agent and the revisions move forward toward a public hearing scheduled at the end of June. **Motion:** Chair Tracey Rose moved to continue this topic, moving to a public hearing in late June; **Second:** Board member Brian Koll; **Vote: 5-0-0, the motion carried.**

Minutes: March 19, 2024; **Motion:** Board member Jason Silva moved to approve the March 19, 2024 meeting minutes.; **Second:** Board member Tim Rose; **Vote:** 4-0-1 with Board member Brian Koll abstaining

Report of the Chair- Chair Tracey Rose described an article from Cape Cod Life, about ponds on the Cape. She also referenced the “Engage and Empower” presentation by Moderator Paul Wisotsky and retired Judge Wilson. This presentation was held at the library and was taped. It is expected that it will be available for public viewing soon. The presentation included the description of the procedural resource for the Town meeting- which is “Town Meeting Time”, as contrasted by other meeting procedural guidance provided by “Roberts Rules of Order”, which is used by the Truro regulatory Boards. The Chair also noted that the Provincetown Water and Sewer Board would next meet on April 11.

Health Agent's Report- The Agent described a public statement she made at the SB



meeting on March 26. In this statement she asked the community at large to have faith that the Town was stepping into a new relationship with Provincetown, to truly partner in protecting the resource and ensure that the safe yield analysis will give us what we need to make planning decisions. She stated that the public process- because of how serious the task of protecting the resource shared by the two towns is just as important as the science. The Chair acknowledged that more public education is really needed, and the public should be informed!

The Chair reminded the Public that the Annual Town meeting begins at 10 AM on May 4th, and to please not be late! There is a lot of business to attend to on that day!!

Board member Tim Rose moved to adjourn the meeting; Second: Board member Helen Grimm; Vote: 5-0-0, the motion carried.

The meeting was adjourned at 6:43 PM.

Minutes completed by Emily Beebe

