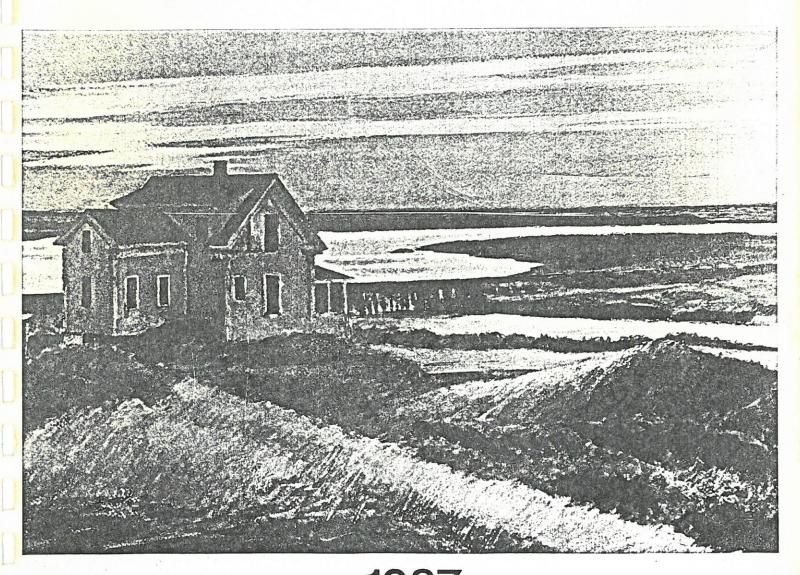
# Pamet River Greenway Management Plan



1987

TRURO

**CONSERVATION** 

**TRUST** 

diction

#### PAMET RIVER GREENWAY MANAGEMENT PLAN

DECEMBER 1986 - draft AUGUST 1987 - final

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Cover Illustration: Photograph of Painting of Pamet River by Edward Hopper, 1937; Courtesy of Doll & Richards Gallery, New York.

#### PAMET RIVER GREENWAY MANAGEMENT PLAN 1984-1987

#### ABSTRACT

In 1978 the Commonwealth of Massachusetts classified forty rivers in the state as Scenic Rivers. These rivers are considered important due to their history, scenic beauty, recreational opportunities and water quality. Pamet River and Mashpee River were the only rivers selected as Scenic Rivers on Cape Cod. The Pamet River is a four-mile long river wholly within the Town of Truro, Massachusetts.

In 1984 the Truro Conservation Trust was awarded a \$10,000 planning grant from the Massachusetts Department of Environmental Management to produce a comprehensive management plan for Pamet River. This Greenway Plan is designed to protect the unique features and quality of the Pamet (including Little Pamet River, Eagles Neck Creek and Pamet Harbor) and to promote appropriate recreational use of the river.

The Truro Conservation Trust formed a Greenway Committee, composed of town officials, Trust directors, and concerned residents to formulate the plan. The Greenway Plan calls for retention of town control over management of the river. Town approval of the plan is necessary to implement Greenway Plan recommendations.

The Greenway Plan was released in draft form in 1986. It was circulated for public and professional review and comments were incorporated in the final plan, which was released in August 1987.

## ACKNOWLEDGEMENTS

Many people and agencies generously contributed to the making of the Greenway Project. Some gave extra effort to make it a good one. They include Susann Chaplin, Charles Martin, Bill Longgood, Graham Giese, Bill Worthington, Brenda Boleyn, John Portnoy, Barbara Samora, Bob Prescott, Oscar Doane, Bob Bednarek, Jack Clarke, John Mendes, George Heufelder, Bill Davis, B.J. Allen, Scott Horsley, Barbara Meade, and Theda Leonard. The Greenway Committee gave time, work and enthusiasm. The Trustees gave vision, guidance and patience.

This plan is dedicated to the people of Truro. They love their town and cherish their Pamet River.

mhr 12/86

## PAMET RIVER GREENWAY MANAGEMENT PLAN Truro Conservation Trust

## and

## Pamet River Greenway Committee

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## PAMET RIVER GREENWAY MANAGEMENT PLAN, 1987 Truro Conservation Trust

#### EXECUTIVE SUMMARY

For additional explanation and justification of the points in this summary, please refer to the respective chapters in the full plan.

#### CHAPTER I.A. - PURPOSE

- I.A.1 <u>Goals</u> (p. 2)
- 1) To protect the water quality, including adjacent ground water, of the Pamet River system
- 2) To preserve scenic views and the integrity of the Pamet Valley as an historic coastal village
- 3) To enhance appropriate recreational opportunities in the area, and
- 4) To maintain primary regulatory control over the river at the municipal level, while protecting qualities of the river that led to its Scenic Rivers classification by the Commonwealth of Massachusetts.
  - I.A.2 Objectives (p.2)
- a) To develop a comprehensive management plan for the river, likely to be supported by the community, and to recommend strategies to protect identified values
- b) To conduct related studies of the river to acquire baseline data, historical context and detailed examination of specific river problems
- c) To manage the river as an interconnected ecological system in order to ensure that solutions to one problem will not exacerbate any other problem or create new ones
  - d) To coordinate existing research and management efforts
- e) To provide community officials with appropriate land management tools to protect the Pamet
- f) To conduct a public educational program to emphasize the importance of the Pamet and the need to protect its resources.
- II.A PAMET RIVER GREENWAY MANAGEMENT PLANNING PROCESS (p. 38)
  - 1) Formation of the Pamet River Greenway Committee
  - 2) Meetings with town boards and the National Park Service
  - 3) Coordination of water studies (IEP, MRI, DEQE, County)
  - 4) New studies (Center for Coastal Studies, Barnstable County Health Department, Woods Hole Sea Grant Program)
  - 5) Public Education ("Celebrate the Pamet" summer program,
    "Our Pamet" art show, opinion survey, news articles)
  - 6) Development of Pamet River Greenway Management Plan

#### II.B - RIVER MANAGEMENT RECOMMENDATIONS

#### II.B.1 - Land Ownership (p. 45)

1) The town should acquire significant "owners unknown" wetlands in the Pamet through tax title foreclosures, as provided in MGL c. 60. These wetlands should be managed by the

Conservation Commission.

- 2) All town-owned lands not used for active recreation or other non-conservation uses should be transferred to the control of the Conservation Commission.
- 3) The National Park Service should give priority to the purchase of two undeveloped parcels of land in the Pamet within its jurisdiction under the NPS "Land Protection Plan", 1985.
- 4) Title research should be conducted to determine the true ownership of alleged public landings on the Pamet:
  - a) Old County Road over Wilders Dike
  - b) Snows Landing (south end of Meetinghouse Road)

c) Bridge Road (north and south ends)

5) Town officials and others should determine if additional lands should be acquired publicly to further the goals of the Plan.

#### II.B.2 - <u>Land Use</u> (p. 56)

- 1) The General Business District at Pamet River should be re-zoned to Special Business to allow village shops and services, not manufacturing.
- 2) The laundromat should be licensed under the Massachusetts Ground Water Discharge Permit Program, if allowed to re-open.
- 3) A minimum lot size of 60,000 square feet for residential construction within the Pamet Valley should be adopted to protect water quality.
- 4) The town should oppose any future widening of Route 6 by the state in the Pamet Valley based on water quality and scenic issues.
- 5) A Pamet River Review Board should be established to administer a proposed Pamet River Protective Bylaw and implement recommendations of the Greenway Plan.
- 6) A Pamet River Protective Bylaw should be adopted to protect the water quality and natural features of the River. Most structures should be set back at least 100 feet from the River and its wetlands.
- 7) The town should pursue designation of the Pamet system as an Area of Critical Environmental Concern under state law.
  - 8) The town should adopt a local wetlands protection bylaw.

## II.B.3 - Water Quality (p. 58)

## II.B.3.b - Monitoring Studies (p. 61)

- 1) The Truro Water Quality Advisory Committee should attempt to coordinate the monitoring studies and arrange an exchange of information.
- 2) DEQE should initate an intensive shellfish resurvey as soon as possible to identify sources of contamination. Truro town officials and Pamet residents should cooperate fully with DEQE in the resurvey.
- 3) DEQE should provide the Truro Board of Health with results of its regular monitoring program.
- 4) The Barnstable County Health Department should computerize all existing water quality data on the Pamet. Future monitoring should use previously established sampling

locations.

- 5) The Division of Water Pollution Control should initiate more regular sampling of the the Pamet.
- 6) Water samples should be tested from Little Pamet River and Eagles Neck Creek in future studies.

II.B.3.c - Septic Systems (p. 63)

- 1) The Truro Board of Health should investigate why 14 septic systems identified in this plan are pumped out with unusual frequency. Failing systems should be upgraded immediately. (Board began this investigation in 1986 as a result of this plan.)
- 2) The Board of Health should review its septage coupon log

annually to discover other septic pump-out anomalies.

- 3) Town building regulations should require septic system upgrading when new additions are proposed on existing structures. (Adopted by the Board of Health in April 1986 as a result of this plan.)
- 4) The Board of Health and Water Quality Advisory Committee should enhance public education on proper septic system maintenance. Systems with potential for failure should be pumped annually.
  - 5) Setbacks for septic leaching facilities should be increased from 50 to 100 feet from wetlands and from 100 to 200 feet from wells in the upgradient direction.

II.B.3.d - <u>Underground Fuel Tanks</u> (p. 68)

- 1) The Board of Health should ask the Barnstable County Health Department to computerize the town's underground fuel tank records to facilitate monitoring and removal.
- 2) Testing on 24 residential underground tanks within the vicinity should be initiated with priority given to older tanks in close proximity to the Pamet.
- 3) Tanks with discontinued use should be removed, as currently enforced by the Board of Health.
- 4) No new commercial underground fuel tanks should be installed within the river recharge area except to replace old tanks. (In July 1986 the Board of Health adopted a health regulation to prohibit the installation of underground home heating oil tanks throughout the town.)
- 5) Hydrocarbon testing of the soil and water near Wilders Dike should continue to determine the extent of oil contamination there.

II.B.3.e - Stormwater Runoff (p. 72)

- 1) Drainage from Route 6 should not be discharged directly into the river as at present. Leaching catch basins and overland surface flow should be encouraged as an alternative.
- 2) The stormwater outfall pipe at the Meetinghouse Road landing should be removed and redesigned. Drainage at the Pamet Harbor parking lot should be improved during the upgrading of the boat ramp to prevent runoff from entering the harbor directly.

- 3) Oil traps and a maintenance program should be installed in existing catch basins.
- 4) Outfall pipes should be tested by county or state agencies to determine their pollutant load.

5) Catch basins should be cleaned annually.

6) Proper land management, discouraging the use of pesticides and chemical fertilizers should be employed on hill sides sloping into the river.

## II.B.3.f - Ground Water Quality (p. 74)

- 1) Road salting should be reduced to a 4:1 mix of sand to salt and to 150 pounds per lane-mile.
- 2) The Board of Health should investigate causes of elevated sodium and nitrates in identified wells. The Water Quality Advisory Committee should coordinate a well testing program with Barnstable County.
- 3) Land use recommendations in this plan should be adopted to protect existing private water supplies.

#### II.B.3.g - Eutrophication (p. 76)

- 1) The results of the upper Pamet eutrophication study should be examined by the National Park Service and Truro Conservation Commission. Reducing existing nutrient inputs should be considered.
- 2) A analysis of the effects of removing various dikes and other obstructions to tidal flow in the Pamet should include a study of the potential benefit such a move might have on eutrophication.

## II.B.3.h - <u>Landfill</u> (p. 78)

- 1) The National Park Service should be encouraged to cooperate in the proposed town study of the landfill leachate.
- 2) The Town should continue to support SEMASS, the waste-to-energy plant proposed for Rochester, Mass. (The Town Meeting voted in 1985 to participate in this project.)
- 3) The septage lagoons should be fenced or otherwise secured at the landfill.
- 4) The lagoons should be upgraded to accept the increased volume of septic system pumping recommended in this plan. The town should continue to participate in the design of a regional treatment plant with Wellfleet and Provincetown.

### II.B.3.i - Agriculture (p. 79)

- 1) The Town should acknowledge the beneficial role played by agriculture in preserving the rural character of the town. Innovative zoning and tax assessing practices should be instituted to encourage the continued existence of farms in Truro.
- 2) The operators of existing or potential farms should investigate the benefits of the Agriculture Preservation Restriction Program. The Truro Conservation Trust could provide technical assistance about the program.
  - 3) Proper waste management plans should be developed for

farms near the Pamet with the assistance of the U.S. Soil Conservation Service.

II.B.3.j - Erosion and Sedimentation (p. 80)

- 1) A five-mile per hour speed limit should be enforced throughout the river.
- 2) A study should be performed to investigate the feasibility and advisability of re-introduing tidal flow to certain sections of the freshwater Pamet as a means of increasing water flow and reducing sedimentation.

3) Drywells should be installed on homes near the river to

prevent erosion of steep slopes.

- 4) Unvegetated hillsides should be stabilized with plantings of indigenous species with the assistance of the U.S. Soil Conservation Service.
- 5) Bulkhead and seawalls should be discouraged for erosion control when they interrupt wetland transition zones and act as visual intrusions. The bulkhead at the Truro Post Office, however, should be repaired due to its proximity to the stream.

6) A 100-foot construction setback from wetlands, including

coastal banks, should be established to prevent erosion.

7) See also the recommendations in the "Pamet Harbor" section.

II.B.3.k - Acidification (p. 83)

1) The Town and the National Park Service should continue to monitor acid levels in the Pamet to uncover any trends in increasing acidity.

II.B.4 - Ditching and Diking (p. 85)

- 1) The town, the National Park Service and the Truro Conservation Trust should be encouraged to conduct studies on the effects of re-introducing tidal flow to certain segments of the Pamet. (In 1986 the Woods Hole Oceanographic Institution and the Trust Conservation Trust initiated a hydraulic modelling study of the Pamet as the first step to predict physical changes.)
- 2) Similar tidal flow studies on the Herring River in Wellfleet should be consulted.
- 3) The Conservation Commission, Cape Cod Mosquito Control Project and the National Park Service should develop an integrated pest management plan for the Pamet to reduce Mosquito Control's reliance on ditching.
- 4) A full Environmental Impact Report should be prepared in the event that the state decides to widen Route 6 through the Pamet Valley. The Report should analyze options to increase water flow under the highway either by construction of a bridge or larger culvert.

II.B.5 - Pamet Harbor (p. 94)

1) A dredging/beach nourishment project should be conducted on an experimental basis to determine the feasibility of a regular dredging program in the Harbor. Priority should be

given to maintaining the existing licensed channel from the boat ramp to the Bay and depositing the \$dredge spoils on the eroded foreshore of Gull Island north of the jetties. A channel depth of four feet at low water would be consistent with the goal of the Pamet serving as a small-boat, recreational harbor. The best available measures to protect shellfish should be incorporated in any dredging proposal.

2) The Board of Selectmen should request an amended order from the Wetlands Restriction Program to permit dredging of the previously-licensed channel. (In 1986 the Selectmen made this

request.)

- 3) The existing dredged mooring basin should not be enlarged. Innovative mooring practices should instead be encouraged.
- 4) Dredging outside of the licensed channel should not be permitted. Boating should be regarded as tidal-dependent outside the channel limits.
- 5) The Town should attempt to participate in a coordinated, regional dredging project to derive cost savings, if dredging is proposed.
- 6) The Pamet Harbor Committee should be expanded to include representation of other public interests to address their concerns in establishing a long-term harbor management plan. The Harbor Committee should recognize the effects of upriver activities on harbor management.
- 7) If channel maintenance proceeds, mooring fees should be increased to at least \$50 per year to offset town investments in the harbor.
- 8) The boat ramp should be upgraded and widened to alleviate traffic congestion at the parking lot. Traffic studies should be conducted to determine the capacity and safety of Depot Road for boat-trailering.
- 9) A considerable percentage of local harbor fees should be reserved annually in a harbor maintenance fund by town meeting to fund dredging and related studies and improvements.
- 10) The Conservation Commission and Harbormaster should cooperate in identifying private docks, floats, walkways and other structures in or near the river that are suspected of not being licensed under state waterways and wetlands regulations. Compliance should be sought or removal ordered.

## II.B.6 - Shellfish Management (p. 106)

- l) Protection of water quality should be considered the top shellfish management priority. See "Water Quality" section of this plan.
  - 2) A shellfish management plan should be developed.
- 3) A Shellfish Advisory Committee should be established to prepare the shellfish management plan.
- 4) The present ban on commercial shellfishing and summer shellfishing should remain in effect to conserve the stock.
- 5) Non-resident permit fees should be increased to \$25 per year.
  - 6) The town should enhance its propagation efforts.

- 7) Catch limits for oysters and mussels should be considered as a conservation measure.
  - 8) Annual catch report data should be refined.
- 9) Enforcement should be visible and information signs should be kept up to date.
- 10) The shellfish management plan should consider the feasibility and advisability of a private aquaculture program to enhance seed production.
- 11) Any harbor dredging should include best available measures to prevent shellfish disturbance.

#### II.B.7 - Scenic Values (p. 120)

- 1) The Truro Historical Commission should investigate the need for several limited local historic districts in the Pamet Valley.
- 2) Construction setbacks from roads and sidelines should be explored to reduce intrusion on public scenic values.

#### II.B.8 - Recreation (p. 129)

- 1) The old railroad dike from Corn Hill parking lot south to the harbor, now owned by the town, should be developed with limited improvements for use as a nature observation path to encourage walkers. (In 1986 the Truro Boy Scout Troop began work on this project with Conservation Commission and Selectmen approval.)
- 2) The Conservation Commission and the Massachusetts Audubon Society should be encouraged to protect term nesting areas on the foreshores of the barrier beaches at the mouth of the Pamet.
- 3) Until the town can provide better beach patrol, off-road vehicles (ORV) should not be permitted north of Fisher Beach and south of Corn Hill between Memorial Day and Labor Day. ORVs should be completely prohibited from operating along the marsh edges throughout the Pamet.
- 4) The National Park Service should be encouraged to revitalize the Pamet Cranberry Bog educational exhibit on North Pamet Road. The Cape Cod Cranberry Growers Association should be asked to help in this regard.
- 5) The Selectmen and Town Counsel should investigate the legal responsibilities concerning the continued use of the Depot Road Beach (Grandmothers Beach) in close proximity to the boat anchorage.
- 6) A boardwalk should be installed from the parking lot to Corn Hill Beach for improved access by the disabled.

#### I. INTRODUCTION

The Pamet River still has a chance to survive. Up until now, this tidal estuary in Truro, Massachusetts has escaped relatively unscathed from the pressures for development that have dramatically altered most of Cape Cod in the last twenty years. That protection stems partly from the Cape Cod National Seashore, which envelops some of the river system, and partly from Truro's own inaccessibility to the bulk of summer tourism.

But the beauty of the Pamet is primarily safeguarded by the affection the townspeople themselves hold for the river. The Truro Conservation Trust, sponsors of the management plan presented here, has made the Pamet its top target area for protection in the town. Many property owners have maintained with care the historic integrity of their homes and land. Truro has been called "what's left of Cape Cod" and, if true, the Pamet Valley is at the core of that statement.

Yet threats to the Pamet's survival are mounting. Each month another new house is being built in the watershed. More of the existing dwellings are being converted from seasonal to year-round occupancy. Large lots, once taken for granted as open space, are being subdivided for development because of financial pressures. Recent tests have revealed a potential shellfish contamination problem. Better travel and increased leisure will attract more people to live more continuously in Truro. Not all of the Pamet's troubles are derived from humans, but crowding will worsen existing problems.

Because the Pamet is still intact as a scenic and

recreational resource, the time to act is now to ensure its continued vitality. Planning won't stop development. Development won't wait for planning. But planning and local action can guide growth in the Pamet to acknowledge its special features and help to keep them that way.

#### I.A PURPOSE

The Pamet River system is a natural resource of local, regional and national importance. Its chief values are rooted in its historical, geological, recreational and scenic features. The significance of these features demands that the Pamet area receive adequate protection so that their value is enhanced or at least maintained.

## I.A.l Goals

The four primary goals of the Pamet River Greenway Project are as follows:

- To protect the water quality, including adjacent ground water, of the river system
- 2) To preserve scenic views and the integrity of the Pamet as an historic coastal village
- 3) To enhance appropriate recreational opportunities in the area, and
- 4) To maintain primary regulatory control over the river at the municipal level, while protecting qualities of the river that led to its Scenic Rivers classification by the Commonwealth of Mass; chusetts.

#### I.A.2 Objectives

To realize these goals, the following objectives were set:

- a) To develop a comprehensive management plan, likely to be supported by the community at large, for the entire river system with recommended strategies to protect identified values
- b) To conduct related studies of the river to acquire baseline data, historical context and detailed examination of specific river problems
- c) To manage the river as an interconnected ecological system in order to ensure that solutions to one problem will not exacerbate any other problem or create new ones
- d) To coordinate efforts of many separate public and private agencies studying or managing individual aspects or locales of the river
- e) To provide community officials with appropriate land management tools and justification for their use in order to protect the Pamet
- f) To conduct a public educational program to emphasize the importance of the Pamet and the need to protect its resources.

This report presents the conclusions and recommendations of the three-year Pamet River Greenway Project (1984-86). This management plan is intended for use as a blueprint, not a bible, of river protection strategies. Time may alter the strategies to meet possible new threats, but the goals should remain unchanged.

#### I.B IMPORTANCE OF THE RIVER

The Pamet River system is significant for many reasons, and it is important to different groups for different characteristics. Some features, however, make the Pamet unquestionably unique and historically important.

#### I.B.1 Unique Features

#### Local Uniqueness

- Pamet River is the only navigable tidal inlet in the town and contains the only boat launching and mooring facilities.
- The Pamet contains the major shellfish beds of the town except for sea clams found offshore.
- The first settlement in Truro was located in the Pamet Valley.
- The only remaining salt marshes in Truro are in the Pamet River system.
- The Pamet Valley is the only glacial furrow with significant surface water in town.
- What is believed to be Truro's oldest house (c. 1760) is located on North Pamet Road.

#### Regional Uniqueness

- The last commercial farm on Lower Cape Cod is on the Little Pamet.
- The Pamet River is the only river estuary north of Wellfleet.
- ullet The Pamet is the widest (0.5 mile) and deepest (50 ft.) valley on the lower Cape.  $^2$ 
  - The Pamet River divides two major Lower Cape aquifer

lenses (Pamet lens and Chequesset lens).

- Erosion of the Ballston Beach dune and the influx of ocean water into Pamet River would make most of Truro and all of Provincetown an island.
- Pamet River is one of only two Cape Cod rivers included in the state Scenic Rivers program.

#### State Uniqueness

- The Pamet Valley hosts several rare and threatened plant species identified by state naturalists, including the known limit of Prickly pear cactus and Bushy rockrose.
- The Pamet River is one of only 46 rivers classified as Scenic Rivers in Massachusetts. It was the state's second priority for protection, behind only the North River in the Marshfield area.
- The only salt water boat ramp on the Lower Cape authorized by the state Public Access Board is in Pamet Harbor.

#### National Uniqueness

- The Pamet Valley was explored by the Pilgrims following their initial Provincetown landfall and prior to crossing Cape Cod Bay to Plymouth. Settlement at Pamet was seriously considered at that time. The Pilgrims' first contact with Indian artifacts occurred at Corn Hill.
- The Valley is considered to be the geological archetype of a <u>pamet</u>, a valley or furrow carved in outwash drift by glacial meltwater.
  - The American whaling industry originated in the Pamet.

#### I.B.2 Recognition

The significance of these features has been recognized in

actions and policies by the following jurisdictions:

#### Town Recognition

- 1) In 1969 Truro's first Master Plan considered the Pamet as the town's critical planning area.
- 2) In 1977 the Truro Coastal Zone Management Advisory Committee declared the Pamet River as the top coastal priority in town.
- 3) In 1984 the town's Open Space Plan listed protection of the Pamet River system as the top priority for action.

#### Regional Recognition

1) In 1963 a Cape Cod Master Plan noted that the Pamet had "unusual attractiveness" and "one of the most beautiful views on the Cape."

## State Recognition

- 1) In 1975 the Pamet and other Truro shore areas became the first wetlands in the state to be protected by deed restrictions under the Coastal Wetlands Restriction Act (MGL c. 130, s. 105).
- 2) In 1977 the state Coastal Zone Management Program recognized the river's "unique productivity and geological significance" and its value as a recreational harbor.
- 3) In 1978 the state classified Pamet River as a Scenic River (MGL c. 21, s. 17B). The Pamet was the second river in the program to receive implementation attention.
- 4) In 1984 the state awarded a \$ 10,000 planning grant to the Truro Conservation Trust to develop a Pamet River Greenway Plan.

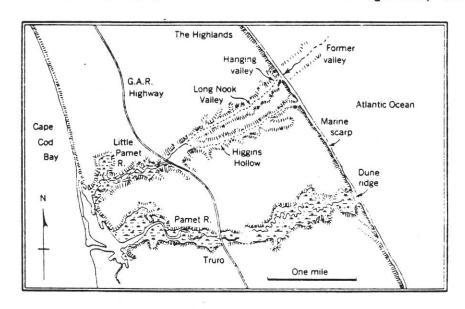
## Federal Recognition

- 1) In 1961 the upper Pamet was protected by inclusion in the Cape Cod National Seashore. The Pamet Cranberry Bog is the only interpretive trail of this important Cape Cod industry in the Seashore or anywhere on Cape Cod.
- 2) In 1984 the National Park Service became an active participant in the Pamet River Greenway planning process. The Service continues to support studies of the Pamet's ecology.

#### I.C DESCRIPTION OF THE RIVER

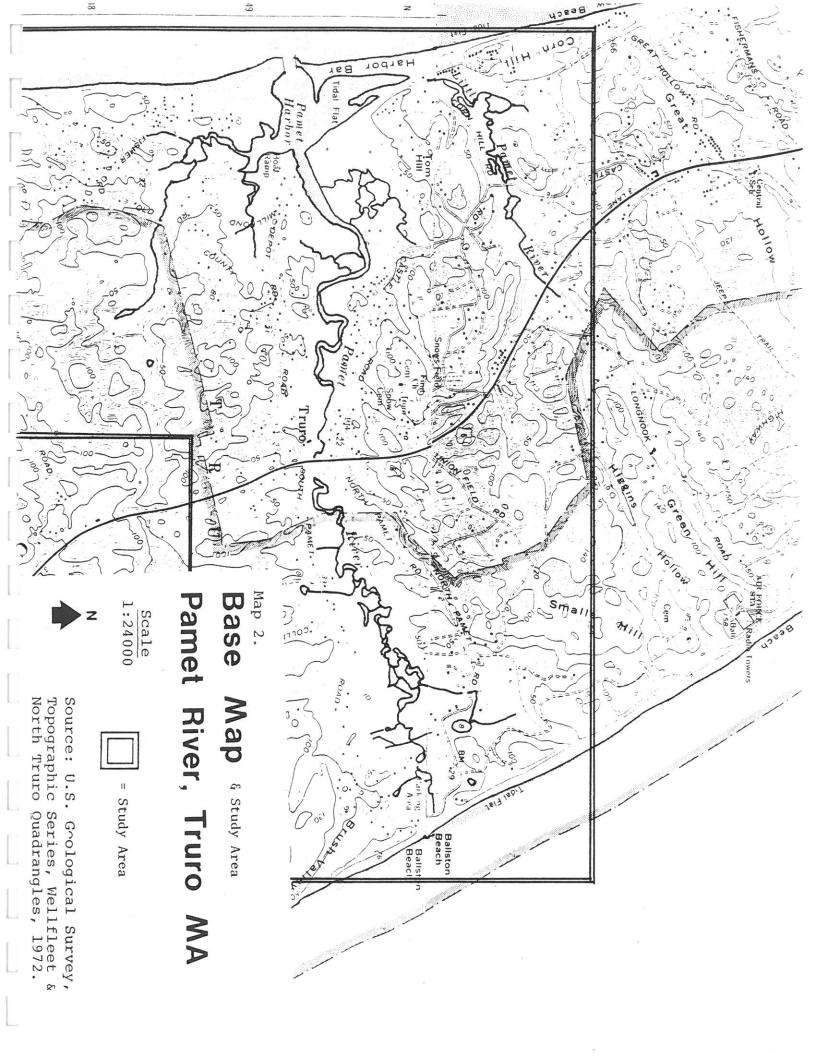
#### I.C.1 Physical Description

The Pamet River system is composed of three stream branches that meet before discharging into Cape Cod Bay in the Town of Truro, Massachusetts. The main stem, or Pamet River proper, meanders west four miles from head to mouth in Pamet Valley. Its two small tributaries, Little Pamet River to the north and Eagles Neck Creek to the south, flow about one and a half miles each before joining the Pamet at right angles to its mouth. Figure 1. Physiography of the Pamet River System, Truro.



Source: Arthur Strahler, <u>A Geologist's View of Cape Cod</u>, 1966, p. 66.

Pamet River begins 100 yards from the ocean as a freshwater stream and flows towards the bay. Despite erosion of the Atlantic coastline, the ocean has never permanently breached this seemingly inadequate barrier at its source. The river becomes tidal west of the Route 6A dike, and was probably tidal for as much as three-quarters of its length before that dike was



#### built. 3

Actually, the Pamet is not a river at all in the true sense of the term. It is an ancient valley carved by glacial meltwater coursing through an outwash plain. A rising sea level inundated these valleys and made them tidal streams. Man-made obstructions have reduced tidal sections so that half of the system is now a fresh water environment. Despite local theories about gushing springs at the headwater source of the Pamet, the fact is that fresh water in the river is derived solely from groundwater discharge and stormwater runoff.

A single barrier beach dune ridge at Ballston Beach separates the head of the main stem from the Atlantic Ocean to the east. This dune has been overwashed in storms, most recently in 1978 and January 1987, although it has never been completely breached. However, left to natural processes, including an accelerated rate of sea level rise, it is conceivable that the Pamet River could become another cross-Cape canal, leaving Provincetown and most of Truro an island. 4

Dikes and ditches have divided the Pamet River system into 16 different areas, each one having its own hydrology and habitat. (See Map 15.) This compartmentalization has produced an artificial diversity of wetland types, including open water, salt marsh, cattail marsh, shrub swamp and bog. Its psychological impact, however, has been to deny the integrity of the Pamet as a unified system. The challenge to persuade the public of the need for integrated resource management has been made more difficult by this perception of a fragmented river.

Currents in the tidal sections of the river flow strong due to a 9-foot tidal range in Cape Cod Bay. (Spring tides, known locally as high course tides, rise and fall 12 feet.) Most of the tidal river lies as exposed flats at low tide. Water quality is generally good due to this flushing. Dominant visual features of the tidal Pamet include: broad salt marshes pockmarked by countless tidal pools, pans and twisting creeks; steep-sloped, bearberry-covered hills descending directly into marsh; the old railroad dike elevated above the marsh; and the harbor.

The fresh water river segments, in the main stem, Eagles Neck Creek and Little Pamet are denied tidal exchange due to tide gates or one-way clapper valves at various dikes. (See "Ditching and Diking" under River Management.) The stream beds are shallow and mucky due to low-flow velocities and water quality is variable. Shrubs encroach into the upper Pamet from the banks and macrophytes (pondweed, water lilies) clog the streams from beneath. The stream alternately narrows, then widens into a series of lagoons near its head. The dominant features of the upper Pamet are its broad valley floor and shrubby vegetation because the river itself is mostly obscured except from the air or by canoe.

Little Pamet is dominated visually by a cattail swamp, the steep pine-covered slopes of its valley, the Perry Farm and Corn Hill downstream. Eagles Neck/Bangs Creek consists of circular areas of wetlands in transition from salt marsh to shrub swamp, Mill Pond Road, and a network of mosquito ditches.

The harbor consists of a mooring basin for 100 boats, a

large bathing beach at Corn Hill, and a smaller one at the harbor. Stone jetties mark the navigation channel through the barrier beach on the bay side. (See "Pamet Harbor" chapter.)

For a complete overview of the geology and vegetation of the Pamet, see the report of The Center for Coastal Studies, (1985) in the bibliography.

### I.C.2 <u>Description of the Study Area</u>

For the purpose of the Greenway Plan, a study area was established to coincide roughly with the recharge area of the Pamet River and its tributaries (See Maps 2 and 12.) This area was selected to acknowledge the important relationship between ground water quality and river water quality. The recharge area is larger than the surface watershed of the river system and represents all land area through which precipitation can be expected to migrate through the ground to discharge into the river.

Many of the potential sources of contamination, including septic systems, underground fuel tanks and the town landfill, are sited on this recharge area. A large scale planning map was prepared by the Greenway Committee to locate these contamination sources on individual lots (See Appendix G.) The sources were then transferred onto the standard U.S. Geological Survey maps found throughout the plan to provide a more managecable size to use. The study area is expanded or reduced for certain issues depending on the need to illustrate specific topics. In general, however, the study area also corresponds to Truro Assessors' Atlas Sheets 45-54 (1986).

#### I.D HISTORY

#### I.D.1 Pilgrim Explorations and Indian Villages

The Pamet Valley contains a story of national importance, part of which is imagined below:

\*\*\*\*

William Bradford stamped his boots in the crusty snow, partly from the cold, but mostly from impatience. The men seemed always to take too much time in gathering their equipment out of the shallop. He had been the first to disembark onto the beach and now he had to wait for the others. The sun was already declining past its meridian and the day would soon get even colder. There was much to be explored before camp and the question burned: would this be their New World home?

Looking around, Bradford estimated favorable odds. The diverging rivers ran strong and true beside him, passing a great volume of seawater through the beach from the bay. On his right, the greater river looked goodly enough for ships to harbour with a fair wind and full tide; certain its depth could hold the Mayflower if need be. Empty shells on the beach told Bradford an anticipated wealth of shelled fish lay beneath the banks of these salt rivers. They would determine this truth when the ebb returned.

Bradford surveyed the nearby hills. They were good English hills, comfortable, protective of the rivers and the supposed inhabitants—the savages. The hills stood as unblinking sentinels, as if wondering what Bradford and his men were about in the quiet valley below. The hill on the left stored the corn

cache the explorers had requisitioned during their first discovery, a find which brought joy to the women with the ship at Cape Cod. The hill now before Bradford on the right, with snow-shaded oaks ascending its brow, could be easily pallisaded against savages and would command the harbour and bay. It troubled Bradford only that the slope looked too steep; it rose straight out of the riverbank. But he hoped to find easier access on the hill's southern slope around the bend. Would that his men would hasten their business here!

He could hear them assembling behind him.

"'Tis a bleak looking place," said one.

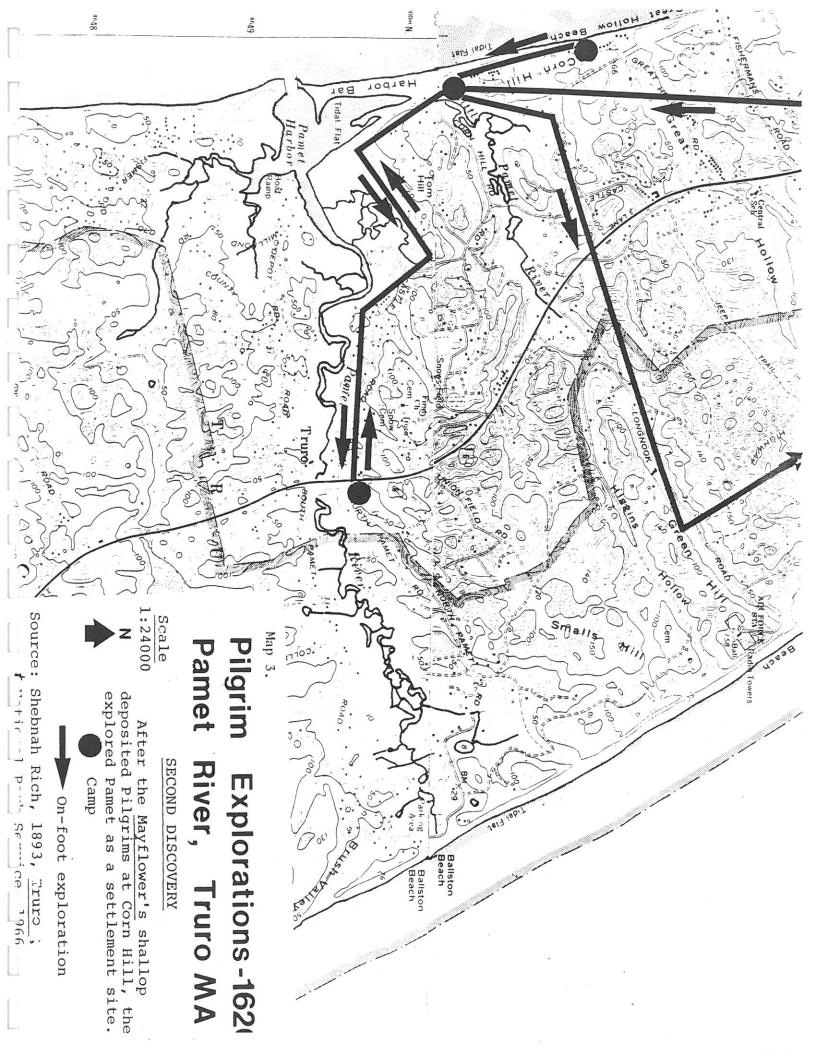
"Indeed, John, and a cold harbour too," answered a mate.

"Then Cold Harbour it shall be," said a third.

But in Bradford's mind it was a Gold Harbor for his band. Here God's fish were in the sea, His fowl were in the air and His beasts were surely in the woods. And the hills were farther from enemies and closer to God. The winter had come early in this new land and their situation was perilous. This place offered many advantages. And it was found.

How long could they spend looking for better? All that was needed was here: harbour, fish, cornfields, marshes, hills, timber, fowl, game. Only sweet water springs were left to find. If that discovery was made here, then he could end his men's grumblings and persuade them to adopt this site for settlement.

They were at last assembled. He addressed them, "Friends, the benefits God has granted this place seem plentiful. Let us remind ourselves as we march that we must soon settle a place or



perish, for the winter is come. Captain Jones, we will strike up onto these hills along the north side of the great river--"

"Cold Harbour," said a voice in the rear.

"--along Cold Harbour then," said Bradford, quietly irritated, "Can you follow in the shallop?"

"Aye, keeping an eye on the tide," replied Jones, "May your tramping be prosperous, and kill me a goodly goose for dinner."

"God willing," said others.

Bradford checked the sun again and stepped boldly up the beach, leading the white men into the portals of Pamet.

\*\*\*\*\*\*\*

Captain Jones did get his goose for dinner that night in November 1620, but that and some more corn was all the Pilgrims retrieved from the Pamet Valley during their Second Discovery. During the next two days, Bradford and his men never found the freshwater stream they preferred over pond water for their potable supply. This disappointment, coupled with the steep topography and tricky harbor of the Valley, forced the band to seek their settlement elsewhere and Plymouth was found on the next Discovery. But the record shows that Cold Harbor or Pamet River was given serious consideration as the Pilgrims' home. 5 Ironically, these same issues of harbor, development and water supply figure prominently in 1986 as a comprehensive management plan for the Pamet is developed.

The Pilgrims had a fleeting glimpse of Indians dodging into the woods near Corn Hill, indicating their occupation of the area. In addition to the famous corn cache buried on that hill,

numerous shell heaps and artifacts have been found near Little Pamet and Fisher Beach, attesting to Indian presence near the river. <sup>6</sup> Although the lack of flat land may have prevented the establishment of large Indian villages, <sup>7</sup> it is inconceivable that they could have ignored such a rich estuary as the Pamet. Truro historian Shebnah Rich noted in 1884 that Squopenik, or the land between Little Pamet and Pamet River, was a favorite Indian settlement due to convenient access to both streams.\*\* In any event, the local tribe of the Pawmets or Payomets is now remembered in the river's name.

## I.D.2 The Eighteenth Century

Specific information is limited as to the role of the Pamet River during the eventual settlement of Outer Cape Cod by European immigrants in the 1700s. Early proprietors, including the original ancestors of the Hopkins, Snow and Rich families, which are still extant in the Pamet area, laid out land plots in long strips running east-west along the river. (See Map 4.) As in most villages at the time, farming was the primary occupation, while fishing served as an important supplement for diet and trade.

Features of the Pamet benefited both enterprises. The broad salt marsh of the river was an obvious attraction, not only for fish and shellfish, but for marsh grass as fodder for livestock. The marshes, known as meadows at the time, were initially held in common by the proprietors as pasture on which to graze their cattle. Direct grazing was banned by town ordinance as early as 1730 to prevent erosion and burial of the marsh by wind-blown sand 8, but salt hay was still harvested by hand in late summer.

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The salt hay was dried and as late as 1900 was still the only winter fodder available for livestock.

Early farmers planted corn, wheat, rye and vegetables. Fruit orchards, apples and pears, grew in the sheltered hollows. But soil erosion became very troublesome, and crop yields declined throughout the eighteenth century. By 1800 farmers were looking to crops such as asparagus to grow in the thinning soil. It seems likely that some of this lost topsoil may have washed down the side slopes of the Pamet Valley into the river, exacerbating continual shoaling problems in the harbor.

At the same time, however, home gardens were enriched with seaweed as fertilizer and loam borrowed from the freshwater swamps at the heads of the creeks. Gardens were also planted directly in these swamps. The construction of dikes to prevent tidal intrusion enabled conversion of more areas of salt marsh into these arable freshwater swamps. 10 Often, these "dikes" were nothing more than a fence-like pile of brush used to raise the elevation of the marsh by trapping sediment. 11 This "reclamation" of marsh into swamp gardens continued into the twentieth century. 12 (The effects of diking are discussed in depth in "Ditching and Diking" under River Management.)

Pamet Harbor provided the settlers with a safe, protected anchorage despite navigation problems due to a tortuous channel, to shoaling and to the great tidal range which left most of the harbor as mud flats at low tide. Jonathan Paine built the first authorized wharf on the north side of the harbor in 1754. 13 From this and, presumably, other small wharves an active shore

fishery soon arose in Cape Cod Bay. Cod, haddock, flounder and bass were early favorites. Shebnah Rich records that mackerel were first and best pursued commercially by Truro men. 14

Handlining from dories in the Bay and handseining the sidecreeks in the marsh were the principal modes of fishing in the eighteenth century. (In the late-1800s trapfishing by means of netted weirs pole-driven into the Bay became more popular.) <sup>15</sup> Shellfish were dug initially as bait and fodder, though clams provided an easy food source for residents when times were hard. <sup>16</sup> By 1800 fishing had supplanted farming as the call to answer for Truro youth. <sup>17</sup>

The Pamet sent out many whaling crews in the 1700s; in fact, the Lower Cape dominated this occupation until Nantucket overtook it about 1750. 13 Drift whales, usually blackfish, were first exploited, then whalers fished coastal waters in boats averaging forty feet in length. 19 When scarcity made it necessary to hunt whales in distant waters, Truro men led the first whaling trip to the Falkland Islands 20 Try works or facilities to render whale blubber into oil for the nearshore and drift whales were located at the then-mouth of the river. 21 Charles W. Snow ran a blackfish try works near Town Hall into the twentieth century. 22 At least one of the whaling ships, the Lydia and Sophia, was built of Truro oak at a Pamet Harbor shipyard before 1800. 23

Sometime in the 1700s, <sup>24</sup> Thomas Paine built a tidal grist mill on a creek leading to a salt marsh on the Pamet. This mill, whose only evidence now is the name given to the area known as Mill Pond, was one of several that Paine and his sons

built around the Cape. <sup>25</sup> Tidal mills offered the distinct advantage of regularly-scheduled use due to reliable tides rather than the unpredictable breezes needed to fuel windmills. Several residents have proposed re-establishing Paine's mill as an historical exhibit. There are no tidal mills on the Cape, although many popular windmills and stream mills attract visitors.

It is unlikely Paine's mill affected the flow of Mill Creek. Indeed, rather than impeding the current, the mill relied on that current for its operation. (The mill would have had an undershot wheel, probably geared to be used at both flooding and ebbing tides.) It is likely, however, that a small dike was placed across the pond's entrance to channel water through the mill. This dike or dam was mentioned in a petition by the mill owners in 1847 to the legislature seeking a permanent license for the obstruction, possibly due to complaints. 26

Transportation around the Pamet in the 1700s relied on the river, but was also hindered by it. Numerous sidecreeks allowed penetration of the marsh by small boats and scows. A marsh trail along the upland edge of the river laid out by the original proprietors allowed east-west travel. (See Map 4.) There were apparently two small footbridges established across the river at the present Bridge Road and Wilders Dike locations. 27 Horsecart access between the north and south shores of the Pamet, however, were restricted to long end-around journeys at Ballston Beach or across the tidal flats at low

tide.

Head o' Pamet referred to the eastern north-south link behind what is now the Ballston Beach dune. This historic route was originally part of Truro's first road, laid out in 1703 as the Drift Highway and incorporated in 1715's Cape-wide King's Highway designation. Washovers of the dune protecting the road were recorded in 1896, 1937 28 and during the Great Storm of 1978. Owing to this most recent storm inundation, the road has been closed to through-traffic since 1980. Another impromptu route linking north and south may have lay over the exposed flats of Cape Cod Bay, with horses or oxen fording the shallow water at low tides. 29

The Pamet Valley at the end of the eighteenth century sheltered several hundred hard-working souls. 30 It held a fairly stable population of fishermen, farmers and tradesmen with a fair sprinkling of Truro aristocracy--sea captains and whaling masters. The river figured prominently in the residents' subsistence, but its commercial potential had not yet been exploited. The beginning and end of the glory years of the Pamet lay waiting for the next century.

# I.D.3 Nineteenth Century

Until the 19th century, the Pamet River remained largely intact in its natural state. The harbor was not a natural deepwater harbor, but it yielded a rich bounty of resources and could accommodate small-scale coastal trade. A maritime economy emerged despite the river, not because of it.

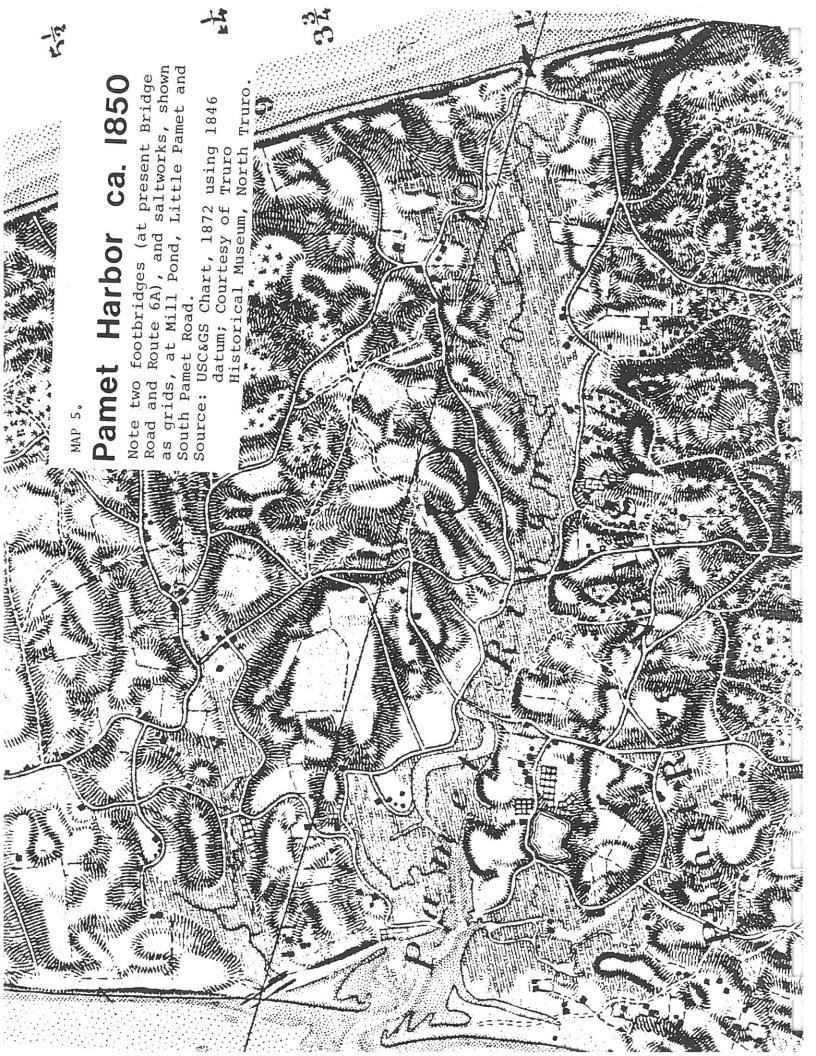
Like most of coastal New England, the Pamet experienced economic recession due to the War of 1812 and the associated

trade wars leading up to it. Truro whaling was particularly weakened by that war and never regained its prominence of the previous century, dying out completely after the Civil War. 31 All other components of the Pamet economy, however, boomed in the interval between those two wars.

The population of Truro, centered mostly around the Pamet, nearly doubled from 1820 to 1850. What attracted this influx? Fishing. In 1837 there were 63 fishing vessels in Truro hauling primarily cod and mackerel. Over 500 hands were fishing, more than one-quarter of the town's entire population.

Union Wharf, the first major pier, was built in 1830 on the south side of the harbor where the present parking lot is located. A year later, another large wharf was constructed on the opposite shore. Serving these wharves were shipyards, sheds for mackerel packing, sail lofts, supply stores and flake yards (for drying cod). Regularly scheduled packet service began after 1812, ferrying goods and mail to and from Boston. The pinky Comet was the first recorded Truro packet in 1820, though the most famous one, the Postboy, began service ten years later. 33

The other major industry at Pamet was salt-making, a thriving business around Cape Cod in the first half of the 1800's. Windmills pumped seawater from the river into a series of evaporation vats. The salt residue was sold as a meat and fish preservative and for medicinal uses, i.e., Glauber's, and Epsom's salts. At least 39 saltworks lined the banks of the Pamet and Little Pamet at its zenith in 1832. 34 (See Map 5.)



With perhaps a little exaggeration, Historian Rich said: 35

All along the shores and banks of Pamet, its arms and coves and points were well-covered [with salt works], and every breezy summit was crowned with a picturesque windmill.

Truro thereafter declined with the rest of the saltmaking industry when salt mines were opened out West and abroad. The last Pamet saltworks ceased in 1870.

Table 1. Truro Saltmaking Industry in the 1800s.

Year	<u>Saltworks</u>	<u>Bushels</u>
1837	39	17,490
1845	25	11,515
1855 .	15	5,078

An industry about which not much is known is the Little Pamet ice business. As in many parts of New England, ice blocks were carved out of ponds and fresh water lagoons, stored in sheds insulated with sawdust and hay, and either used for cooling throughout the summer or for export. The ice industry continued into this century at Little Pamet. 37

In 1847 and 1848 four more wharves were built to host the large fishing fleet. A year later, Pamet Harbor Lighthouse began service on the north bank of the river at the foot of Toms Hill, its expense justified by the Pamet's busy commercial activity. Historian Rich relates, "At this time the indications were that ere many years wharves would line all the eligible points both sides of the harbor." Pamet River seemed to stand on the brink of commercial greatness.

It never happened. The Pamet couldn't even hold onto what commerce it had. The economy of the last half of the century fell apart as quickly as it had soared in the first half. Town

population plummeted from its 1850 peak of 2000 to a low of 600 people in 1930, which was approximately the 1750 population of Truro.  $^{39}$ 

Reasons for the decline have often been cited: shoaling of the harbor, storms, the Civil War, fish stock depletion and lack of economic diversity. More important was the townspeople's apparent reaction to the decline. Their attitude towards the river seems to have changed. Nineteenth-century residents tried to manipulated the river to accommodate an expanding economy, rather than re-shape the economy to accommodate the river. Giese maintains that "the demands of 19th century industry exceeded the scale of the estuary's resources." If deeperdraft vessels were needed for profitable mackerel fishing, then the Pamet should be deepened instead of turning to other stocks or new enterprises, according to this apparent philosophy.

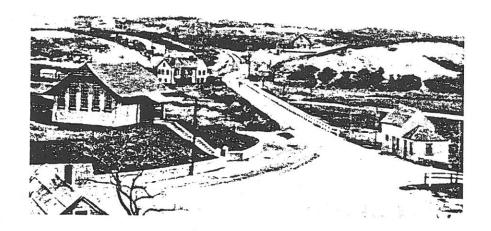
A vicious cycle ensued. The more that man tried to change the Pamet to suit his needs, the more the Pamet changed to thwart his designs. Frustration mounted; the villagers hacked away at the river. The marshes came to be viewed as wasteland, not the source of harvest as they once were. In keeping with the Industrial Revolution attitude towards natural features, engineering replaced equanimity. The story of the Pamet is the story of America.

The biggest trend in the Pamet in the 1800s was shutting the river into compartments through dike-building. In 1840 the first bridges wide enough to carry carts were built over the Pamet and Little Pamet. Wilders Bridge became solid-fill Wilders Dike across the Pamet in 1869. This alteration

established Truro Center at either end of the Dike as the new hub of commercial activity, supplanting the stores at the decaying harbor. (See Figure 2.) Still other dikes were built for Old County Road and Castle Road and in 1872 for the iron road of the Old Colony Railroad.

The fact that the people of Pamet not only accepted but welcomed the railroad, despite obstructing the harbor, illustrates the end of the river's authority to shape the local economy. The Pamet no longer controlled the life of the village, but was controlled by it.

Figure 2. Truro Center, Old County Road over Wilders Dike, ca. 1900, (Courtesy of Truro Historical Society)



# I.D.4 The Twentieth Century

The advent of the railroad was not entirely malign. Trapfishing out in Cape Cod Bay was stimulated because the daily runs of the train opened a new market for fresh fish in Boston. In addition, the trains inaugurated the summer tourist economy that persists to this day in Truro. As early as

1826, the Holsbery area on the south side of the Pamet hosted one of the first religious summer camp meetings on Cape Cod, at which off-Cape visitors came seeking spiritual rejuvenation under the sway of charismatic evangelists.<sup>44</sup>

But the first true summer cottage colonies were established at the turn of the twentieth century at Ballston Beach and Corn Hill. The railroad brought middle-class families from Boston and New York to stay by the sea for the summer. Some of the larger private homes rented rooms to summer visitors as well.

After World War II, summer guests built their own houses along the river, first as vacation homes and eventually for retirement use. This process accelerated after completion of the time-saving new Route 6 (Mid-Cape Highway) in 1953, although Truro so far has been spared the highway business sprawl that has strangled other parts of Cape Cod.

Numerous attempts were made to improve navigation in the harbor throughout this century, though most were successful only briefly due to repeated shoaling. (See "Pamet Harbor" section of this Plan.) Shellfish were depleted by commercial harvesting during the Depression and World War II. But, most significantly, the Pamet had evolved into its current stage as a recreational resource. Now Pamet River is primarily for boating, recreational shellfishing, swimming and watching sunsets.

The change in river use from subsistence to commercial exploitation to pleasure was a long one, but it has engendered a renewed sense of love for the Pamet by its users. It is no

coincidence that an inordinate number of Pamet dwellers now are artists and writers and others concerned that the environmental abuse of the river be stopped and reversed.

Perhaps a paradigm of Pamet history is found in the Mill Pond experience. As previously noted, a tidal mill was built in the 1700s on the banks of the creek leading into the pond. The grist mill did not seek to change river dynamics, but simply to benefit from one of its natural features—a powerful, steady tidal current.

In 1847 the mill owners sought legislative permission to dam Mill Pond, plausibly to enhance mill productivity by boosting the tidal capacity artificially. The manipulation must not have worked, may even have backfired, because by 1860 the mill was gone. 45 In its stead, the Pond was filled and cranberries were grown for at least thirty years. The Pond was estranged from the River; it had been made into a separate compartment.

Today even the bog is gone and the Pond is a shrub swamp with no commercial purpose. It is a pleasant landscape in its own right, but it is impossible to intuit its history and importance without the help of research. Mill Pond is lost from the life of the Pamet; we must not lose the Pamet from the life of Truro.

#### I.E FLORA AND FAUNA

The Pamet River Valley hosts a great diversity of plants and wildlife due to its variety of habitats, including tidal flats, dunes, salt marsh, shrub swamp, heathland and woodland. Only species of special interest will be noted here.

Shorebirds include a breeding population of Least Terns (Sterna antillarum) and Piping Plovers (Charadrius melodus) on Gull Island and Fisher Beach, the barrier beaches protecting Pamet Harbor. The Massachusetts Natural Heritage Program lists the Least Tern as a species of Special Concern and the Piping Plover is listed as Threatened by both the state and federal government. Both terns and plovers are sensitive to disturbance by humans. The Massachusetts Audubon Society has documented disruption of the bird colonies on Gull Island by unregulated off-road vehicle travel and recommends management changes.

Table 2. Least Tern Breeding Pairs 48
Gull Island, Pamet Harbor

Year	Pairs
1976	12
1977	20
1982	42
1983	30
1984	17
1985	0

Shorelirds more commonly found in the Pamet are green herons, great blue herons, kingfishers, marsh hawks, snowy egrets, laughing gulls, black ducks, buffleheads, scoters and yellowlegs. Ospreys frequently migrate through the area and are

observed fishing in the marsh. This omen encouraged the Greenway Committee to cooperate with the Massachusetts Division of Fisheries and Wildlife's Osprey Recovery Project to erect a nesting pole in the Pamet in April 1986 to attract resident ospreys.

Pheasant, bobwhite quail, woodcock and other gamebirds are found near the Pamet. Rabbits, muskrats, raccoons, skunks and fox are still plentiful. Deer find the open woods attractive as habitat and the plentiful bearberry fruit is important to their diet. Although there have been no recent sightings, throughout the late-1970s there was repeated talk of a giant cat loose on the Truro heath. Bumper stickers urged citizens to "Save the Pamet Puma!" and even The Boston Globe came to investigate.

Tidal sections of the Pamet support most Cape Cod Bay estuarine species (Acadian bioregion), particularly winter and summer flounder, bluefish, menhaden, eels and the now-occasional striped bass. The eel population has thrived in the numerous winding creeks of the river since commercial trapping declined in this century.

In the fresh water Head O' Pamet (generally, east of Route 6), fish life is much different. The Pamet is not an active anadromous fish run, such as for alewives, due to poor flow, obstacles (clapper valves at dikes), and the lack of a pond at the headwaters. Nevertheless, brackish fish species spawn in the upper Pamet, such as yellow perch, white perch, smallmouth bass, bluegills and tesselated darters. Pumpkinseed sunfish make numerous spawning depressions throughout the streambed.

Snapping turtles grow large but lethargic in the Head O' Pamet and black snakes are also found, particularly near South Pamet Road.

State fisheries officials have stocked the upper Pamet with salter brook trout and sea-run brown trout in the tidal Pamet. The brook trout have begun natural spawning in a small pool connected to the river by a mosquito ditch running under south Pamet Road. The brown trout are reported to exhibit a good growth rate and sizable returns from the bay back to the river each year. No trout stocking of Little Pamet has been conducted nor has its fish stocks been surveyed, though it is anticipated that sunfish and perch predominate.

The Massachusetts Natural Heritage Program has identified rare vegetation in the Pamet as well. These plants inhabit the sandplains environment near the river. Prickly Pear cactus (Opuntia humifusa), the only widespread cactus in the East, is of Special Concern in Massachusetts and found only on the Outer Cape and Nantucket. The Pamet Valley individuals represent almost the northern limit of the Prickly Pear's range. It is primarily found on the upland slopes closest to the river. Adders-tongue Fern (Ophioglossum vulgatum), a threatened species in Massachusetts, has historically been found in seasonally wet habitats along the Pamet. Watercress, an interesting if not rare pond plant, is found at several locations in the freshwater Pamet.

In 1984 the state-designated rare plant Bushy Rockrose (Helianthemum dumosum) was located at two sites in the Pamet study area. 51 Again, these sites were sandplains and represent

the known northern limit of this Rockrose. A rare groundcover shrub Broom Crowberry (<u>Corema conradii</u>) is found along sections of Old County Road south of the river and near Little Pamet and on North Pamet Road.

Bearberry, (Arctostaphylos uva-ursi) a more common groundcover, could be called the characteristic upland vegetation of the Pamet. Covering whole hillsides in a dark green mat, bearberry, known to the residents as "hog cranberry", is a food source for birds and game and an aesthetic pleasure. Historian Rich noted in 1884: 52

The better name [for Bearberry] is mountain berry. With its battledoor, evergreen leaves and bright crimson berries, it sometimes covers the ground for rods with a thick shining carpet beautiful to behold. It creeps into the graveyards, spreading the low mounds with a matchless twining and interweaving attractive at all seasons.

But Bearberry's most useful feature is its erosion control capability. The steep sandy slopes of the Pamet Valley would wash into the river in many places without the anchoring Bearberry. Although Bearberry is locally common throughout the Northeast, nowhere on Cape Cod does it grow so extensively as on the hills of Truro.

The vegetative history of the Pamet is ably examined in a report done for the Truro Conservation Trust by the Center for Coastal Studies in 1985. 53

Bearberry (courtesy of U.S. Soil Conservation Service)

#### II PROPOSED MANAGEMENT PLAN

#### II.A RIVER MANAGEMENT - HISTORICAL PERSPECTIVE

## II.A.1 Previous Management Efforts

'Dr. L. Thomas Hopkins, a native of Truro and a nationally known educator, recalled a conversation with Dr. Herbert B. Howard in 1905. "Dr. Howard," he said, "was Director of Massachusetts General Hospital in those days, and he owned a cottage in Truro on the bluff at the head of Pamet in the Ballston Beach area. We were sitting on the porch of his cottage overlooking the ocean, the Pamet River Valley, and the highlands. He remarked that some day all of this area should be taken over and preserved by the State or Federal government to prevent private development.'

—— from Francis Burling, The Birth of the Cape Cod National Seashore, 1974.

Management actions affecting the Pamet River date back to 1730 when Truro Town Meeting eliminated direct cattle grazing of the salt marsh to prevent erosion. 54 Other decisions were similarly oriented towards individual problems, such as navigation, drainage, etc., with little thought given to integrated resource management for the Pamet.

About 1961 Town Meeting established a Pamet Harbor Committee to assess boating and recreational needs near the river mouth. (See "Pamet Harbor" section of this Plan.) At the same time, the Cape Cod National Seashore was authorized, bringing most of the Pamet upstream of Route 6 under federal jurisdiction. Still, each group was concerned only with its respective end of the river.

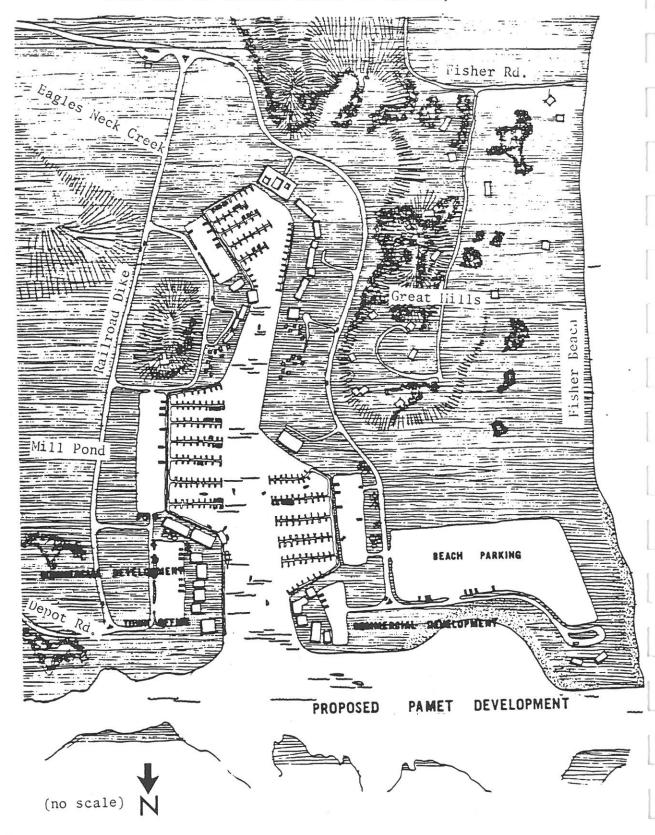
In 1963 the Commonwealth commissioned private consultants to produce a regional master plan for Cape Cod. 55 The planners acknowledged that the "unusual attractiveness" of the Pamet Valley "depends upon both halves functioning as one." 56 They

recommended elimination of commercial development near the highway crossing. They favored scattered residential dwellings as the preferred land use to preserve the Valley, although they approved of boating improvements.

In 1969 the Truro Planning Board hired a Boston consulting firm to design the first master plan for the town. The Among other strategies, the firm recommended: that residential zoning near the Pamet be increased to one-acre minimum lot size; that clustered housing should be encouraged to protect open space and that the Eagles Neck marshes be dredged to create a large marina complex at the harbor. A new town center was also proposed for the end of Depot Road to provide Truro with a "focus" for community life. (See Figure 3.) These planning studies had little local support and both were quietly shelved. Despite their failed recommendations, these reports represented the first attempts to design a cohesive land strategy for the Pamet area.

About this time, environmentalists began to recognize the need to manage rivers and natural resources in general as systems, not segments. This thinking, among other things, led to the creation of the Massachusetts Coastal Zone Management Program (CZM) and the Scenic Rivers Program in the 1970s. CZM relied on local citizens' concerns and needs to produce a coastal resources plan for the Massachusetts shoreline in 1977. The Truro CZM Advisory Committee persuaded CZM that Pamet River was the top coastal concern in the town, though there seemed to be equal sentiment that what was needed was more preservation AND more recreational development.

Figure 3. Proposed Commercial Marina Development, Pamet Harbor,
Truro MA. (In 1969, as part of a Master Plan for the
Town of Truro, a Boston consulting firm proposed that
salt marsh should be extensively dredged in Pamet Harbor
to create a large commercial marina. Stores and offices
would also be centered around the harbor.)



Source: Community Planning Services, "Truro Comprehensive Plan Summary-1969," Boston MA, p. 7.

# II.A. 2 The Scenic Rivers Program

Although the goals of preservation and development appear to be at odds, they actually reflect the need for balance between the two activities. The Commonwealth noted this balance again in 1978 when it classified\* the Pamet as a Recreational Natural Landscape under the Scenic Rivers Program. <sup>59</sup> The Pamet was one of only two Cape Cod rivers (along with the Mashpee River) among the 46 rivers included in the program statewide. The Pamet and Mashpee Rivers were also recommended as the number two priority for protection, behind only the South Shore's North River, among the 46 rivers. <sup>60</sup>

From 1978 until 1980 the state explored various means of imposing a protective order regulating land uses near the Pamet, a power granted the Scenic Rivers Program by the state legislature. While a sizable component of Truro residents supported regulations to protect the river, another more vocal group of citizens believed that existing zoning and wetlands laws were sufficient to protect the river's water quality and scenic value. Adoption of town-enforced development controls in the River Valley failed at 1980 Town Meeting due to the still-raging controversy.

The Scenic Rivers Program developed an incentive program called the Greenway Project to encourage local initiative to protect the state's rivers. The Greenway Project funds local organizations to develop not only protective measures for a

<sup>\* (</sup>Under the Scenic Rivers Program, a river is <u>classified</u> if it meets program criteria; it becomes a <u>designated</u> Scenic River when a management plan or protective order is approved.)

river, but also a comprehensive management plan to accommodate a wide range of uses, including recreation, in the river.

# II.A.3 The Pamet River Greenway Project

In 1984, with the support of the Truro Board of Selectmen, the Truro Conservation Trust, a private non-profit land trust, was awarded a \$ 10,000 planning grant from the Massachusetts Department of Environmental Management to design a Greenway management plan to protect the water quality and scenic beauty and enhance approprite recreation in the Pamet River system. An Oversight Committee, composed of town officials, Trust members, a representative of the Cape Cod National Seashore and concerned citizens, was formed to direct the project. The Trust's Executive Director served as Project Manager. The Committee's purpose was to develop a Greenway plan that would be supported by the community. The state's goal--protection of the river--would be met, while the town's aim--local control of the resource--would be maintained.

Among the activities of the Committee were the following:

- 1) Monthly or semi-monthly Committee meetings over a period of one year (August 1984-August 1985) to discuss needs of the river and Greenway development
- 2) Coordination with the Cape Cod National Seashore to develop compatible goals for the entire river system
- 3) Meetings with town boards, including Selectmen, Planning Board, Conservation Commisssion, Harbor Committee, Historical Commission and Water Study Committee to seek planning input and report findings
  - 4) Cooperation with outside agencies studying or

managing aspects of the system:

- a) IEP, Inc. ground water consultants to Planning Board
- b) MRI, Inc. water quality consultants to Cape Cod National Seashore on the upper Pamet's conditions
- c) Mass. Department of Environmental Quality Engineering state agency monitoring quality of shellfishing waters in the river
- d) Cape Cod Mosquito Control Proect county agency involved in drainage controls and pest management in Pamet wetlands.
- 5) Initiation of new studies or management projects in the Pamet:
- a) The Center for Coastal Studies in Provincetown-developed an overview of historical changes in the river system, including vegetation, land use and flow regime resulting from human occupation
- b) Barnstable County Health Department analyzed water quality of the tidal Pamet, specifically for shellfishing
- c) Massachusetts Division of Fisheries and Wildlife established osprey nesting poles in the river.
- d) Woods Hole Oceanographic Institution Sea Grant Program to study tidal hydraulics and shellfish dispersal in the Pamet
- 6) Development of an active public participation program in the Summer of 1985 to increase the visibility of the Greenway Committee and focus public attention on the importance of the river. (See Appendix A.) Also, designed and distributed opinion survey to Truro taxpayers and tabulated over 500 responses in a computer. (See Appendix B.)
- 7) Production of this Greenway Plan with recommendations to preserve water quality, scenic beauty and to improve recreation.

## II RIVER MANAGEMENT - INVENTORY AND RECOMMENDATIONS

#### II.B.1 LAND OWNERSHIP

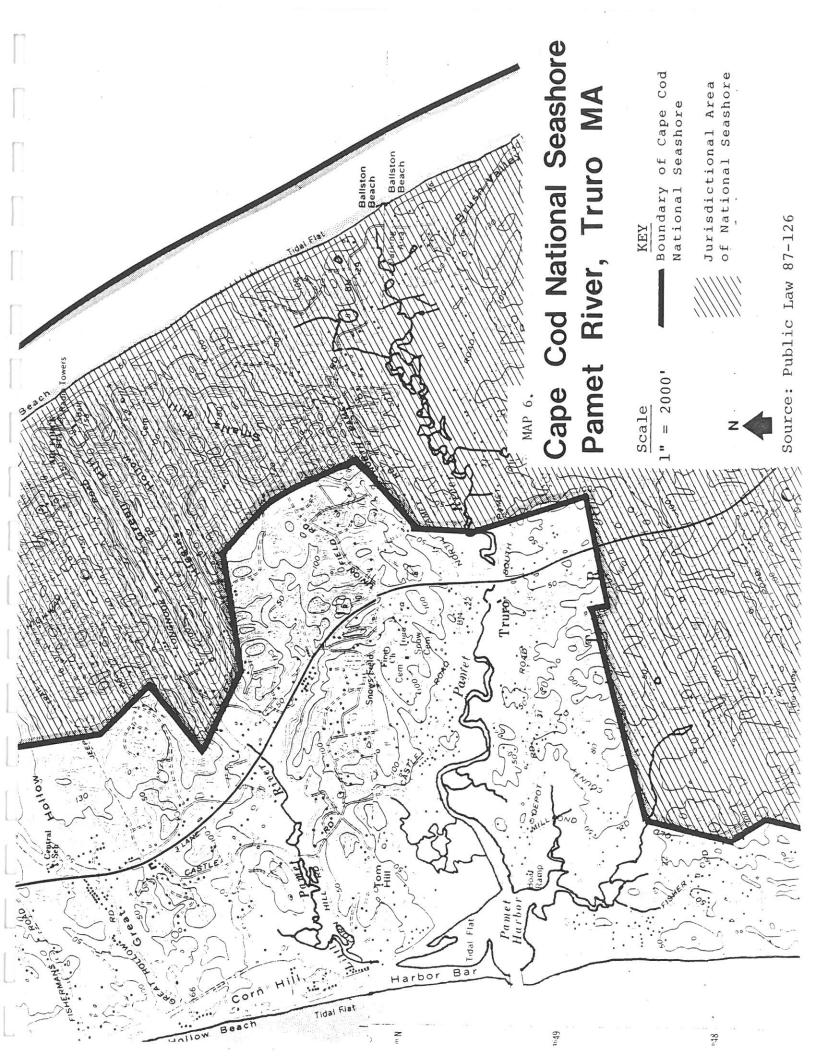
# II.B.1.a Analysis

The single largest landowner in the Pamet River system is the U.S. Department of the Interior's National Park Service (NPS), which manages the Cape Cod National Seashore established in 1961. The NPS owns most of the freshwater upper Pamet east of Route 6 and much of the contiguous upland, although there are numerous "improved" or developed properties owned by private individuals within the Seashore's jurisdictional boundary. Federal control is also extensive around Longnook (Little Pamet watershed) and Bangs Creek (east of Old County Road.) All of the saltwater Pamet and most dikes and culverts are outside National Seashore boundaries. (See Map 6.)

Another significant landholder is the Town of Truro. The town owns approximately 53 acres of upland (including beach as defined by the Board of Assessors) and 50 acres of wetlands (mostly salt marsh) along the river. These holdings are used for conservation and recreation. (See Table 3.)

Table 3. Town-owned Conservation/Recreation Land in Pamet Valley

Map	Lot	Uplan	d Acreage	Wetland	Acreage
45	50		29.18	0	.00
49	1		5.00	1	.61
49	16		12.25	1	.47
49	17		3.24	1	.95
49	18		0.91	0	.79
49	33		0.00	1	.34
49	34		0.00	4	.13
50	9		0.00	0	.01
50	18		0.91	3	.97
50	210		0.00	21	.18
50	211		0.00	9	.27
51	12		1.07	0	.52
_54	5		0.00	3	.49
	Tot	als !	52.56	49	.73



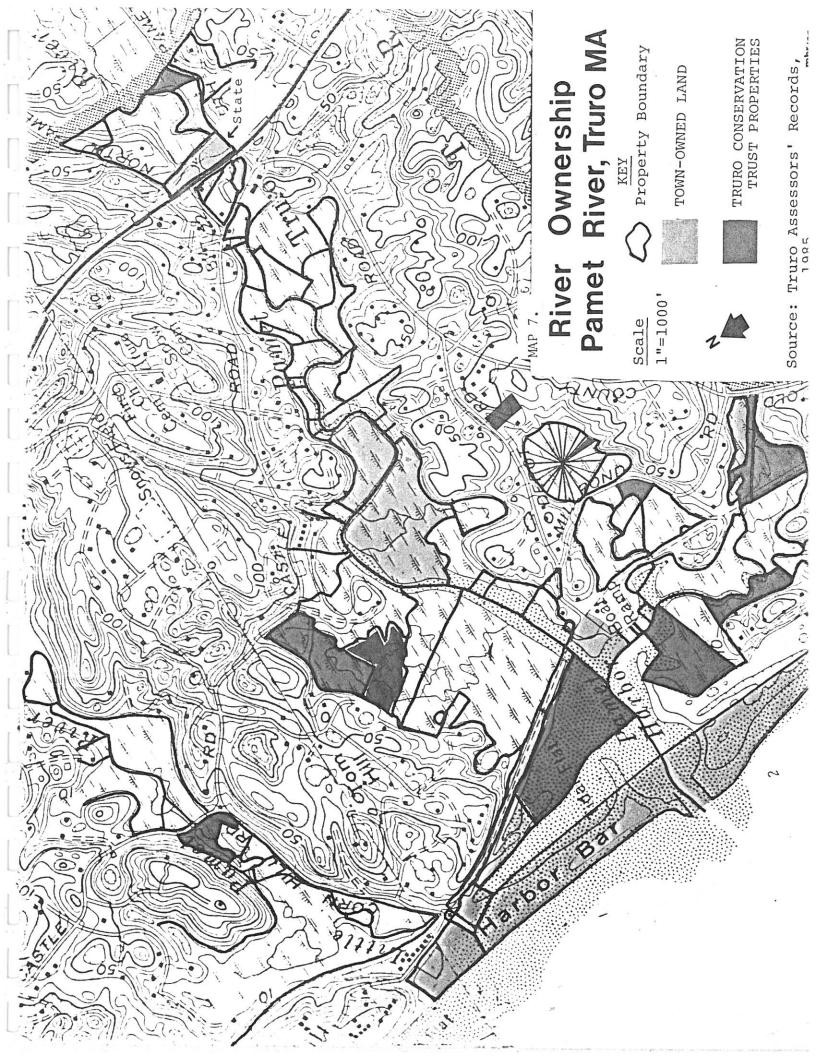
This acreage does not include town lands in the study area for municipal uses (town offices, cemeteries, landfill and fire department, etc.)

Corn Hill Beach, Fisher Beach, Ballston Beach and the Pamet Harbor parking lot are the most significant town recreation lands in the Pamet. And, although most of the former railroad bed throughout Truro has been acquired by private individuals, the town owns the right-of-way from the Corn Hill Road crossing south to the harbor. Management of these town lands is generally under the control of the Board of Selectmen.

State-owned land in the study area is presently limited to the 300-foot wide right-of-way for Route 6.

Private conservation land is held by the Truro Conservation Trust, a public charity and land trust established in 1981. The (beach)
Trust owns 13 acres of upland (and 47 acres of marshland in the Pamet, Little Pamet and Eagles Neck Creek. Almost 20 acres of the marshland total was transferred to the Trust from the statewide Trustees of Reservations in 1985. Its Pamet holdings constitute 98% of the Trust's properties in Truro. Trust deeds require that its parcels "be preserved perpetually in their natural state as open space and shall be devoted solely to conservation purposes". (See Map 7.)

Remaining lands are owned by private individuals. The largest single property is the 70-acre Perry Farm, which includes most of the lower Little Pamet. Another 27-acre parcel is a family farm on Depot Road. The two smallest house lots are one-tenth of an acre in size. In general, most of the larger-sized lots are found south of the main stem of the river.



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In the study area, there are 14 lots having more than ten acres of upland; ten of the 14 lots have a home on them, while four are still undeveloped.

some of the riverfront properties have boundaries that extend from the upland through the salt marsh to the river, but most wetland parcels are owned by contiguous owners as separate lots. (See Map 7.) Under Massachusetts property law, riparian ownership is presumed to extend to the extreme low tide mark unless specifically limited to the high water mark by language of the deed. In places where the salt water ebbs completely from the river bed (or in stretches above tidal influence) property title extends to the "thread of the stream" or its centerline. In 1978 Pamet Harbor was surveyed and lot boundaries defined by Slade Associates for the Pamet Harbor Committee. 62

Several parcels of marshland, totalling about 30 acres, are listed as "owners unknown". These properties, usually considered valueless as real estate because of their undevelopable status, also do not generate even the small amount of tax revenue collected by the town from wetlands with identified owners. Some of these "owners unknown" lots could augment existing conservation holdings.

Mill Pond is divided into 80 pie wedge-shaped lots, ranging in size from 0.03 to 0.18 acres in size. (See Map 7.) Only 14 of these 80 lots have known owners. (In fact, Mill Pond is known as "Pie Meadow" to some natives.) The reason for this peculiar land division is probably related to the use of the

peculiar land division is probably related to the use of the pond for a mill in the 1700s. Because the mill was a corporate venture, interests in the company appeared as land wedges in the pond. $^{64}$ 

# II.B.l.b Land Ownership Recommendations:

- 1) The town should initiate proceedings to acquire significant "owners unknown" wetlands in the Pamet through tax title foreclosures, as provided in MGL c.60. All lands acquired by these means should be transferred to the management authority of the Conservation Commission.
- 2) All town-owned lands not used for active or beach recreation or other non-conservation uses should be transferred to the control of the Conservation Commission.
- 3) The National Park Service should give priority to the purchase of two undeveloped parcels of lands in the Pamet within its jurisdiction under the NPS Land Protection Plan of 1985.
- 4) A title search should be conducted to determine the true nature of ownership of the following sites:
- a) Old County Road over Wilders Dike (old Route 6) -- town, county or state? ownership of culvert?
- b) south end of Meetinghouse Road (Snows Landing) -is this a public way to water?
- c) south end of Bridge Road and a way between Pamet River and Holsbery Square on Depot Road (former footbridge location) -- was this a public way? are public rights still valid?
- 5) Town officials, in consultation with the Truro Conservation Trust, the Pamet River Review Board (if established) and other local groups, should determine if additional lands should be acquired publicly to further the goals of the Greenway Plan.

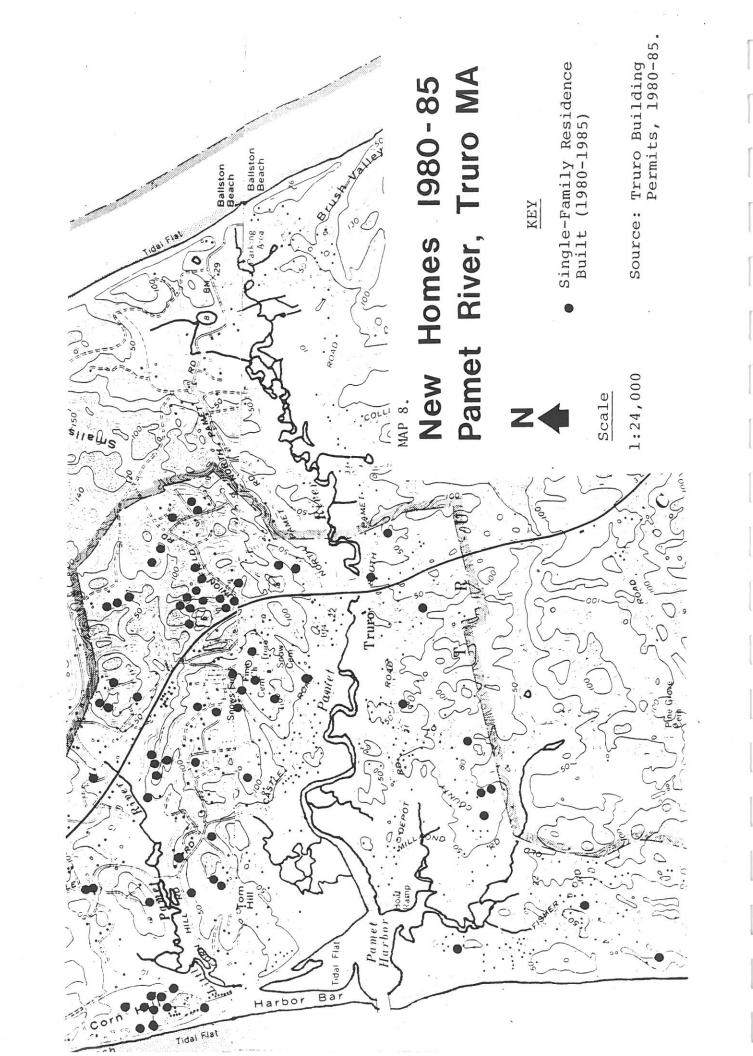
#### II.B.2 LAND USE

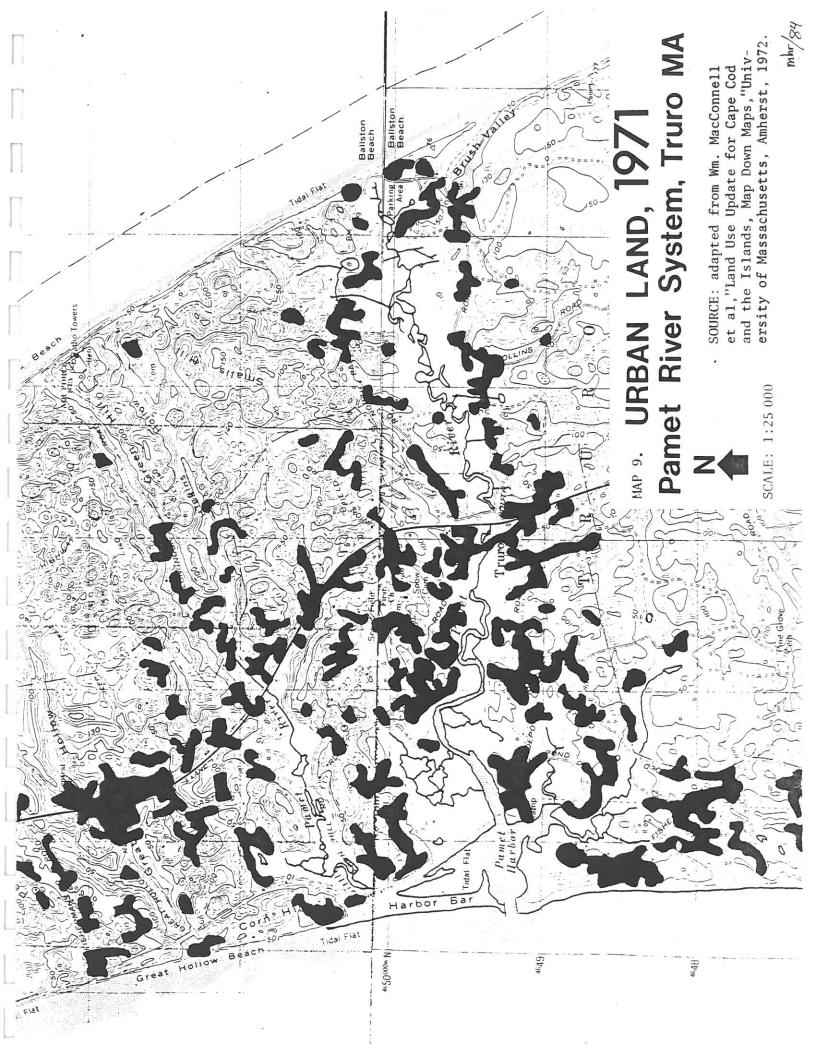
The predominant land use in the Pamet River study area is single-family residential housing. The majority of these homes are occupied only during the summer months. According to the 1980 federal census, only about one out of four homes is occupied year-round in areas south of the Pamet or within the Cape Cod National Seashore. A greater percentage (44%) of homes north of the river and outside the Seashore are lived in all year.

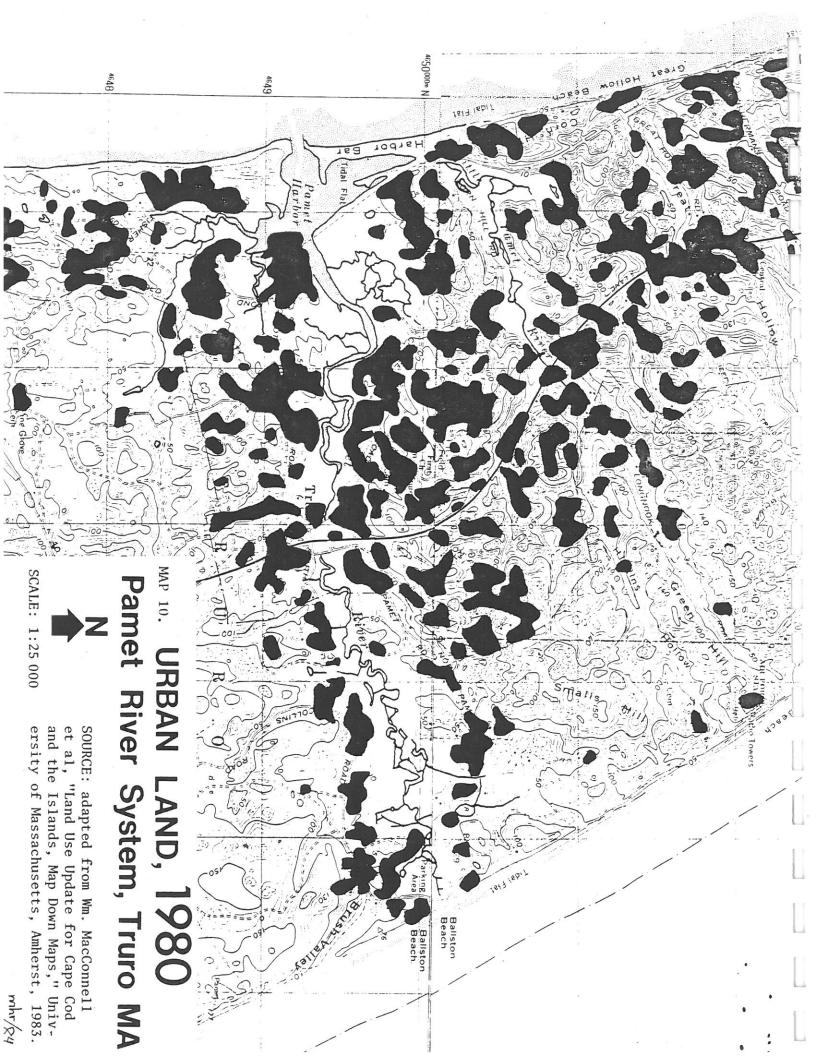
In the Pamet as well as in the entire town, however, there is a clear trend towards more houses being occupied throughout the year. Between 1970 and 1980 the occupancy rate townwide rose from 33.4% to 37.9%. At least one-third of Truro's permanent population lives in the Pamet study area (Assessors' Sheets 45-54). Approximately 700 homes were located in the study area in 1985; this figure represents slightly over one-third of all housing stock in Truro (about 1800 units in 1985).

#### I.B.2.a Growth

The Pamet is also experiencing steady development pressure outside of the National Seashore. Of the 700 homes in the area, 79 have been built in the last six years or a rate of about one new home per month. (See Maps 8, 9 and 10.) Major subdivisions in the Pamet being built in the 1980s include "East Pamet Hills", off Unionfield Road, and Corn Hill and, in general, most construction is occurring north of the River itself. No new







homes have been built within the Cape Cod National Seashore; any new residential construction would be subject to the threat of condemnation proceedings by the National Park Service. (Existing dwellings in the Seashore may not be enlarged by more than 50 per cent of their current living space.)

Table 4. Residential Development in the Pamet Area, 1980-85.

Year	New Homes Truro Total	New Homes Pamet Area	Pamet Percentage of Truro Total
1980	55	7	13%
1981	44	15	35%
1982	38	9	24%
1983	46	12	26%
1984	64	18	28%
1985	60	18	30%
Total	307	65	21%

Source: Truro Building Inspector; analysis by Greenway Committee

Truro has the smallest population on Cape Cod, which
preserves the town's rural appeal. Yet Truro experiences the
greatest flux between the number of winter residents (1571 in
1980) and summer population (12,892 in 1980) of any Cape town.
II.B.2.b Zoning

All of Truro outside of the National Seashore is presently zoned for a minimum of three-quarters of an acre for a residential lot. Many smaller lots, however, remain buildable or already have houses on them. Duplex homes are allowed on three-quarter acre lots with Board of Appeals approval. No new condominiums can be built in the Pamet area, except by Special Permit from the Appeals Board in the General Business zone. Conversion of existing motels and cottages is allowed also by Special Permit from the Board of Appeals. The Corn Hill

Cottage Colony has been converted to condominiums in recent years and conversion of the nearby Rose Cottages is pending.

A smattering of other land uses are located in the Pamet, including commercial, municipal and agricultural activities. A General Business zone envelops the river at its Route 6 and Wilders Dike crossings. Existing uses at this location include a post office, two restaurants, real estate offices, a seasonal grocery, antique shop, liquor store, library and seasonal laundromat. Other permitted uses include motels, automotive service and "inoffensive" manufacturing. This General Business district is one of only three small ones in the town.

Also within the Pamet area are the town hall, police and fire stations, highway barn, two churches, four cemeteries, a seasonal art center and the town landfill—the latter within the Cape Cod National Seashore. Only the post office is situated directly on the riverbank. Route 6 between Pamet River and Little Pamet is zoned for residential use, but some non-conforming uses exist, such as a cottage colony, one gas station and a nursery. A site on North Pamet Road houses a youth hostel in the summer and an environmental education program for schoolchildren through the winter.

One commercial farm operates on the Little Pamet. A six-acre family farm on South Pamet Road also has livestock. Several other homes have minor numbers of stock animals. (See "Agriculture" under the Water Quality section of this Plan.)

In summary, Pamet land uses have been generally conducive to

maintaining the scenic beauty and water quality of the river system. There is no obtrusive activity, such as industrial plants, or large-scale buildings, such as hotels, to mar the rural character of the river. Housing patterns are not typically dense and the seasonal nature of the population reduces expected traffic, noise and pollution through much of the year. Truro Center (near Wilders Dike) offers the minimum amount of essential services to maintain village life around the Pamet, but is not a commercial center on a scale to disrupt river features at present. The land use qualities that reinforced the Pamet's designation as a state Scenic River in 1978 still exist.

There are several emerging phenomena, however, that could threaten these qualities. First, development pressures in the Pamet, while lower than other areas of Cape Cod, are magnified due to the relatively undeveloped landscape, topography and traditional low-density housing patterns found in the area. Houses on open Pamet hillsides clearly obtrude more than construction in wooded hollows. Second, as noted above, more houses are being occupied year-round, thereby increasing the feeling of "crowdedness" for longer portions of the year, while new construction creates spatial "crowdedness".

Third, the halt of new housing construction within the Cape Cod National Seashore (67% of the town falls within the Seashore) has accelerated development pressure in that half of the Pamet area outside federal jurisdiction. Fourth, the potential future of the Pamet's General Business zone is

unknown; uses far less benign than existing ones may be proposed and approved. Finally, expansion plans contemplated for Route 6 by the Commonwealth may not only have harmful impacts on the Scenic River itself, but also by increasing the ease of transportation may accelerate the other trends and problems noted above.

# II.B.2.c Non-Zoning Land Use Controls

In addition to zoning standards, several other regulatory measures affect development near the Pamet. None of these rules is specific to the Pamet; they apply townwide.

The Board of Health administers septic disposal requirements through enforcement of Title V of the State Sanitary code. Title V establishes minimum standards, such as a 50-foot setback for leaching fields from wetlands, although Truro could adopt stricter regulations to ensure protection of valuable river resources.

The Conservation Commission regulates development within 100 feet of wetlands under the state Wetlands Protection Act (MGL c. 131, s.40). There is no setback from wetlands required in the state act, so development can be proposed right up to the edge of marshes, banks or the river itself. The Town of Truro is the only town on Cape Cod that does not have a local wetlands protection by-law to provide supplementary protection to natural resources. Due to technical flaws, two attempts to adopt such a by-law were unsuccessful in recent years.

The state Wetlands Restriction Program (MGL c. 130, s. 105

and c. 131, s.40A) places deed restrictions preventing permanent construction on certain wetland properties, particularly salt marshes in Truro. Truro was the first town in the Commonwealth to have its wetlands restricted when the program began in 1975. This program, however, does not address development immediately adjacent to wetlands.

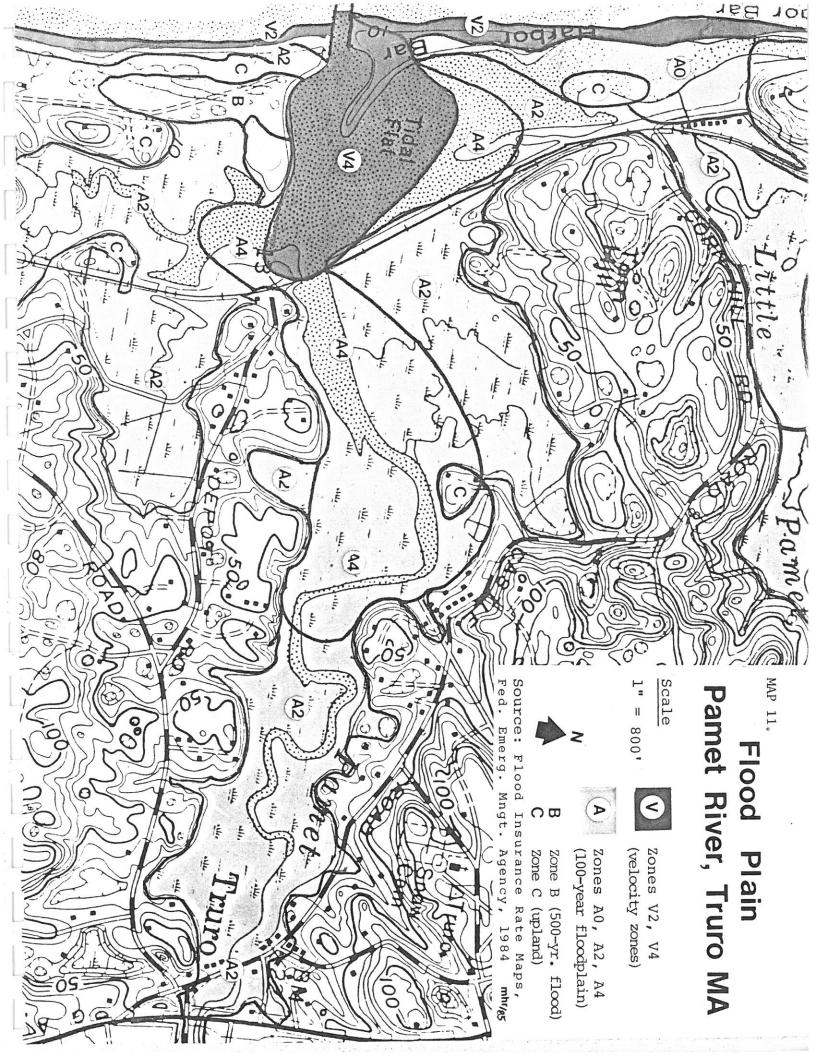
Truro's zoning by-law incorporated a section (I.E) on floodplain development in 1978. While certain performance standards must be met for new buildings in the floodplain (ground floor elevated above the 100-year flood height) or in high hazard areas (pilings required for houses in dunes), these rules do not prevent development in low-lying areas. (See Map 11.)

In 1985 the U.S. Department of the Interior proposed including all wetlands of the Pamet River system in its implementaion of the Coastal Barrier Resources Act. The intent of this legislation was to protect undeveloped barrier beaches and related coastal features, such as salt marshes, prohibiting federal expenditures that might encourage development of these hazardous areas. Federal subsidies for roads, flood insurance, sewers, etc. would not be granted in these areas. Truro Selectmen petitioned to have the Route 6 crossing of the Pamet River deleted from the designation, in order to ensure that future utilities could cross with the This program does not prevent development of the Pamet; it simply removes financial participation by the federal government.

The town has no standards regulating the aesthetics of structures, other than junk removal and height restrictions. Nor does the town have any procedure to prevent the demolition of an historic house other than Building Inspector approval, except within the National Seashore. No scenic roads by-law protects trees. No erosion control measures exist.

To conclude, local development controls are rarely more stringent than state-mandated minimum requirements. And although the Pamet River has been consistently identified as a crucial natural resource, no additional protection has been afforded the Pamet area to reflect that concern. Town regulations presently treat the Pamet just like any other part of Truro.

Although it may appear to the casual observer that adequate controls already are available to protect the Pamet, that perception fails upon closer inspection. Besides minimal standards, development review authority is fragmented among different agencies, such as the Boards of Health, Planning, and Appeals; Conservation Commission; and the Building Inspector. small or non-existent staff for these boards, Due coordination and enforcement is diffcult at best. measures are presently insufficient to implement protection of the water quality, scenic beauty and recreational features of the Pamet that led to Scenic River classification by the Through local action, the town can ensure that Commonwealth. the state's concerns for the Pamet as a Scenic River are met.



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#### II.B.2.d LAND USE RECOMMENDATIONS

- 1) The town should re-zone the existing General Business district at Truro Center to a new zone for Special Business. Existing uses that would become non-conforming uses could remain in operation. Uses permitted by right would be limited to single-family homes. Uses allowed by Special Permit would be limited to retail businesses, professional offices, home occupations, restaurants and parks and playgrounds. (See, also, IEP, Inc., "Water Resources Protection Plan for the Town of Truro," December 1985.)
- 2) If the laundromat attempts to re-open, it should not be allowed to expand its volume of discharge. The laundromat should be licensed under the Massachusetts Ground Water Discharge Permit Program. (During the Summer of 1986 the laundromat failed to open and is presumed permanently closed.)
- 3) To protect groundwater and surface water quality, Town Meeting should adopt a minimum lot size of 60,000 square feet for new subdivisions within the Pamet River Recharge Area (see Map 12.)
- 4) The town should oppose any future widening of Route 6 by the state in the Pamet area due to water quality and scenic issues. (See "Ditching and Diking" section.)
- 5) Recommendations regarding protection of aesthetics contained in the "Scenic Values" section of this report should be followed.
- 6.) A Pamet River Review Board should be established to administer the proposed Pamet River Protective Bylaw and

implement recommendations made in the Pamt River Greenway Management Plan:

# Purposes of the Review Board:

- a) The Pamet River has unique natural, scenic, ecological, scientific, historical, cultural, aesthetic, recreational, social and other values.
- b) These values have been acknowledged by local, regional, state and national governmental actions, including classification by the Commonwealth as a Scenic River and the jurisdiction of the Cape Cod National Seashore.
- c) These values are threatened by risk of inappropriate land and water use by a growing population
- d) A Pamet River Review Board is necessary to preserve these values.
- e) Protection of these values through implementation of the Management Plan will promote public health, safety and welfare of present and future residents and visitors and maintain sound local and regional economies.

# Functions of the Review Board:

- a) The area of concern of the Review Board is the Pamet River Protection District, as defined below.
- b) The Pamet River Protection District shall be determined with the map entitled "Pamet River Protection District", prepared in conjunction with the Management Plan and filed with the Town Clerk. (See Map 11A.) Land in the Pamet River Protection District may be used for any purpose permitted

in the underlying zoning district, subject to additional approval by the Review Board. A description of the Protection District is as follows:

From the stone post at the western end of the stone jetty on the southern side of the present mouth of Pamet River south along the mean high water mark along Fisher Beach, then westerly along Fisher Beach Road to its intersection with Old County Road, then in northeasterly along Old County Road to its intersection with Route 6A at Wilders Dike, then southerly along Route 6A to its intersection with Route 6, then northerly along Route 6 to its crossing of South Pamet Road, then easterly along South Pamet Road to the town parking area at Ballston Beach, then along the footpath currently established over the dune to Ballston Beach, then in a line running perpedicular to the shore of Ballston Beach to the mean high water mark, then northerly along the mean high water mark to a point perpendicular to North Pamet Road, then westerly along North Pamet Road to its last right angle turn to the south, then in a line perpendicular to Route 6, then across Route 6 to the old section of North Pamet Road east to its intersection with Route 6A, then westerly and northerly along Castle Road to its intersection with Josephs Road, then easterly along Josephs Road to its intersection with Route 6, then northerly along Route 6 to a point perpendicular with Perry's Road, then in a westerly line to Perry's Road, then westerly along Perry's Road to a point along the 90-foot contour on the ridge north of Perry's barn, then along the 90-foot contour on the south side of that hill, then in a direct line to the benchmark established by the U.S. Geological Survey or its predecessor on Corn Hill, then westerly in a line perpendicular to a point on the mean high water mark on the shore of Corn Hill Beach, then southerly along the mean high water mark to the western end of the northern jetty at the existing mouth of Pamet River, then in a line to the starting point. Where any uncertainty exists with respect to the boundary as shown on the map, the following rules apply:

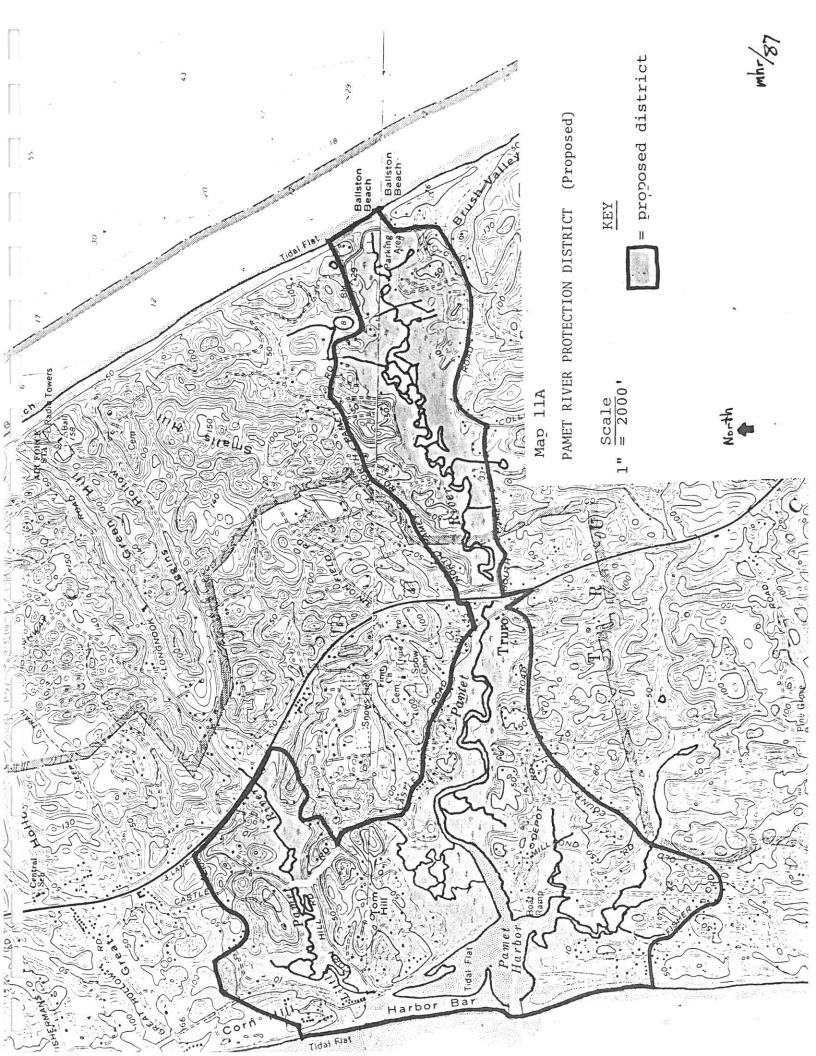
- i) Where a boundary is indicated as a road, street, watercourse or other body of water, it shall be construed to be the centerline or middle thereof;
- ii) Where a boundary is indicated as within 10 feet or less of a lot line, the boundary shall be construed to be the lot line.
- c) Any proposed change or alteration of land, water or structures in the District will be submitted for approval, modification or denial to the Review Board, which will decide whether such change is consistent with the Management Plan and

the Protective Bylaw of the District. This submission shall be in addition to all other approvals required by local, state or federal authorities.

- d) Recommendations contained in the Management Plan shall be codified and a Pamet River Protective Bylaw shall be proposed for adoption by Town Meeting. The Board shall make decisions that are consistent with the intent of the Management Plan and the Protective Bylaw.
- e) In addition to acting as a permitting agency, the Board shall conduct other activities to promote implementation of the Management Plan, including, but not limited to, planning, working with other town boards, land protection strategies, such as acquisition for conservation, recreation and scenic enjoyment by the public.

# Organization of the Board:

- a) The Pamet River Review Board shall be composed of one member of each of the following entities: Board of Selectmen, Planning Board, Conservation Commission, Harbor Committee, and the Recreation Committee. The Board shall also include four taxpayers owning land within the Protection District, presumably elected by a Pamet River Landowners' Association. A representative of the National Park Service shall serve on the Board as a non-voting member.
- b) Each member of the Board shall have one vote. A simple majority of the nine-member Board shall be required to authorize actions of the Board.



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- 7) A Pamet River Protective Bylaw should be adopted by Town Meeting and administered by the Pamet River Review Board. The Bylaw should contain the following provisions:
- a) The purpose of this bylaw is the preservation of the water quality and natural features of the Pamet River.
- b) No structure of any kind, except otherwise lawfully permitted docks and other boating facilities, may be located in or within 100 feet of any water body or wetland within the Pamet River Protection District.
- c) Any existing structure or use of such structure lawful at the effective date of this bylaw may continue although such structure or use does not conform to this bylaw. Any existing structure may be repaired, maintained and improved but in no event made larger. Any non-conforming structure which is destroyed, may be built on the same location but no larger than the original overall square footage.
- d) Any owner of a lot which is buildable at the time of the effective date of the bylaw, but which is made unbuildable due to said bylaw, may apply to the Board of Appeals for a variance.
- e) This bylaw is not intended to invalidate any lawful powers of the Truro Conservation Commission within the Protection District.
- 8) The town should pursue the designation of the Pamet River system as an Area of Critical Environmental Concern under M.G.L. c. 21A, s. 2(7). Other ACECs on Cape Cod include Sandy Neck in

Barnstable, Waquoit Bay in Mashpee/Falmouth and Pleasant Bay in Orleans/Brewster/Harwich and Chatham.

9) The town should adopt a local wetlands protection bylaw to protect wetlands values and functions that are not protected under the state Wetlands Protection Act (M.G.L. c. 131, s. 40), including erosion control, public trust rights, historical values and aesthetics.

#### II.B.3 WATER QUALITY

#### II.B.3.a <u>Introduction</u>

One of the major goals of the Greenway Project is to protect existing water quality in the Pamet system from possible contamination and to correct identified problems. But the greatest threats to the river's quality do not come from use of the river. Because fresh water enters the river through runoff and ground water discharge, land use near the river is the primary concern when pollution sources are examined. Map 12 delineates the wide land area through which ground water migrates towards the Pamet system. Ground water will also transport most contaminants it encounters in its path, such as oil, nitrates and chemicals.

Water quality of the Pamet is generally good, although several problem areas have been detected. The state Division of Water Pollution Control has classified the waters SA (tidal portions) and B (fresh water segments), <sup>68</sup> meaning the highest standards for purity must be maintained. In addition, the Pamet is listed by the state as an Anti-degradation Stream because there is presently no point source discharge of pollutants (i.e., sewer outfalls pipes, factory wastes) and the state would be reluctant to permit proposed ones.

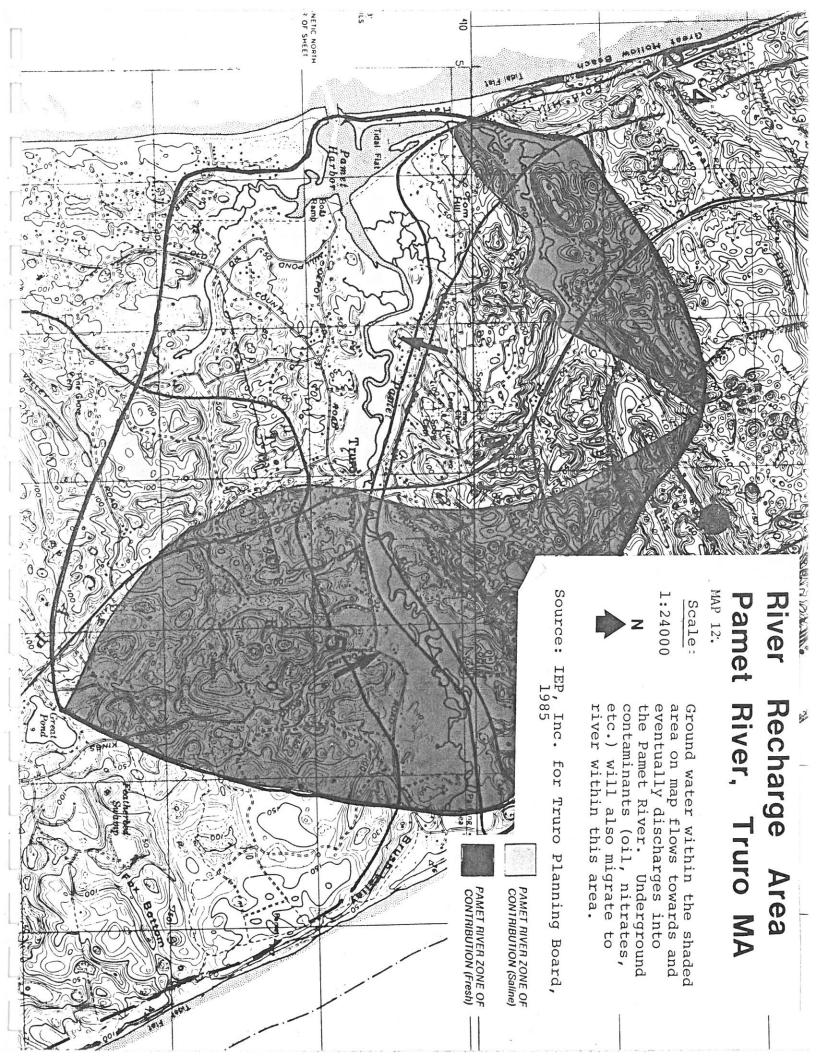
Features of the Pamet which tend to protect water quality include the following: a relatively low-density residential land use; strong flushing rates due to a large tidal range in the salt water Pamet; broad salt marshes and freshwater wetlands capable of treating certain wastes, such as nitrates and metals;

TABLE 5. PAMET RIVER WATER QUALITY

The Massachusetts Division of Water Pollution Control tested the water quality at three Pamet River locations on September 1, 1976 as part of its Cape Cod Drainage Basin Water Quality Survey. The Division has not repeated its sampling since that time for the Pamet River.

				-
Station #	SS79-1	SS79-2	SS79-3	COMMENTS
Location	Pamet Harbor	Wilders Dike Castle Road	fresh Pamet N. Pamet Rd.	
Date	1 Sept 1976	1 Sept 1976	1 Sept 1976	
Time	1100	1110	1120	low tide
Temperature of water	68 <sup>0</sup>	66 <sup>0</sup>	66 <sup>0</sup>	
Dissolved Oxygen	8.5	7.1	7.9	all good
Depth Sampled	Surface	Surface	Surface	
BOD <sub>5</sub>				
рН	7.7	6.9	6.7	good
Total Alkalinity	82	11	10	
Suspended Solids	2.0	4.0	5.0	
Color	15	45	45	
Chlorides	11,750	300	240	#1 = tidal
Ammonia-N	0.02	0.01	0.02	
Nitrate-N	0.0	0.0	0.0	
Total Phosphorus	0.05	0.06	0.08	
Total Coliform	<10	160	300	#2 = high
Fecal Coliform	5	50	30	#2 = high
Turbidity	1	3	3	
Specific Conductivity	y 30,000	1,000	890	
Sulfate	1,700	36	39	
Calcium	250	10	100	
Magnesium	1,050	18	20	
Total Solids	23,230	580	940	
				1

Source: Massachusetts Division of Water Pollution Control, Cape Cod
Drainage Water Quality and Wastewater Discharge Survey, 1977.



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the preferred siting of homes on hilltops, promoting sewage filtration through adequate depth to ground water; and, a predominately seasonal occupancy of dwellings.

Factors tending to degrade water quality are as follows: extensive diking which has impaired streamflow and flushing in upper segments of the system; houses built at elevations too low for maximum septic system effectiveness; the relative old age of most homes, suggesting the presence of outmoded cesspools instead of septic systems that meet Title V requirements; steep hills transporting land runoff directly into the river; and mounting development pressures in the river recharge area. An examination with recommendations for each water quality issue follows.

# II.B.3.b Water Quality Monitoring Studies

Four different water studies affecting the Pamet have recently been conducted:

- Marine Research, Inc., a Falmouth consulting firm, examined the extent of eutrophication and salt water intrusion into the upper Pamet within the Cape Cod National Seashore under a contract from the National Park Service (NPS Contract Number CX1600-4-0045). Three river sampling stations and 12 ground water wells were tested for a wide range of chemicals, metals and physical parameters in 1984 and 1985. No bacteriological assessment was made.
- The Barnstable County Health and Environmental Services Department monitored the tidal Pamet to complement Marine Research's work. At the request of the Pamet River

Greenway Committee, the County study measured many of the same parameters, but also included bacteriological sampling in order to assess water quality for shellfishing.

- The Massachusetts Department of Environmental Quality Engineering (DEQE) has also sporadically sampled shellfishing water quality, (see Table 10 in Shellfish Management chapter). Only bacteriological tests have been performed. In 1984-85 a sampling survey of the river revealed high coliform counts near Wilders Dike. In November 1986 DEQE for the first time closed the river for two months due to high bacteria levels.
- IEP, Inc., a Barnstable consulting firm under contract to the Truro Planning Board, prepared a townwide Water Resources Protection Strategy in 1985. Although its primary focus was ground water assessment, IEP collaborated with the Greenway Project to incorporate ground water protection with river management.

#### MONITORING STUDIES RECOMMENDATIONS:

- 1) The Truro Water Quality Advisory Committee should attempt to coordinate the monitoring studies and arrange an exchange of information.
- 2) DEQE should initiate an intensive shellfish resurvey as soon as possible, using the results of the aforementioned studies to identify problems.
- 3) DEQE should regularly release its routine bacteriological sampling results to the town's Board of Health so the town can stay informed of trends in declining water quality in certain areas and correct problems. Presently, DEQE

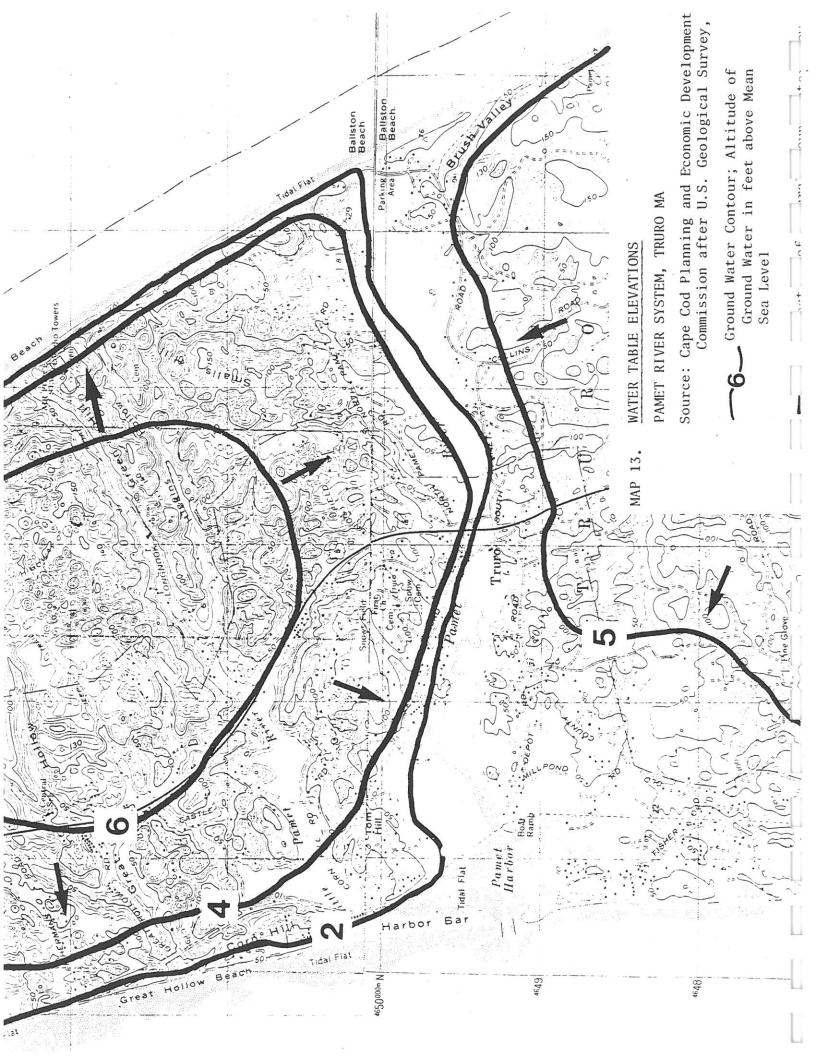
waits until it deems a shellfishing closure necessary before alerting town officials.

- 4) Barnstable County should computerize all existing water quality data on the Pamet and serve as a repository for future sampling information. Future monitoring should attempt to use previous sampling locations to facilitate comparisons.
- 5) Truro town officials and Pamet residents should cooperate fully with DEQE in providing information to identify pollution sources, such as septic system data, road drainage patterns, etc.
- 6) The Division of Water Pollution Control should initiate more regular sampling of the Pamet based on the significance of the river.
- 7) Water samples should be tested from the Little Pamet and Eagles Neck Creek in future studies.

#### II.B.3.c Septic Systems

There is no public sewer system in Truro. All homes and businesses are served by on-site septic systems. According to a survey commissioned by the Greenway Committee, Truro taxpayers (73%) believe that malfunctioning septic systems are the greatest threat to Pamet River's future. (See Appendix B.) Indeed, wastewater leaching from faulty septic systems can carry bacteria directly into ground water with consequent discharge in to the river. Even efficient septic systems cannot always remove viruses, nitrates, oils and household chemicals flowing through them.

Reasons that septic systems could potentially fail near the



Pamet include the following:

- 1) The prevalence of older homes near the Pamet due to its history as a long-settled area. Older homes are more likely to use cesspools rather than Title V (state environmental code) septic designs required after 1977.
- 2) Older systems may have been installed at a low elevation without adequate depth to water table to allow soil filtration of wastes.
- 3) Systems may lack regular maintenance. Under Title V, systems should be pumped out annually even though a problem may not be detected (Section 6.16, Title V).
- 4) Older systems may have been installed in poorly drained soil, such as underlying clay or peat deposits.
- 5) Periods of elevated water table, such as during rainy springs, may prevent proper filtration of wastewater.

  Also, coastal flooding may inundate low-lying septic systems.
- 6) An increasing rate of year-round occupancy throughout the town means that more outmoded systems, previously effective when used seasonally, may not be able to handle year-round demand.

Septic systems were suspected as a source of pollution in the Pamet River in the 208 Water Quality Management Plan in 1978. 69 No field testing or other substantiation, however, was performed.

The Greenway Committee conducted its own septic system survey in 1985 based on septage haulers' reports of their pumpout locations to the Truro Board of Health. An examination of

TABLE 6.

# Suspected Septic System Problems Due to Frequent Pump-outs

Assessors' Number		bue to	Frequent Pump-outs	
Sheet		Location	Pump-out Dates	Comments
* 50	155	Truro Center, Wilders Dike	numerous	Laundry; 44,850 gals./ summer removed by law
* 54	89	off Old County Rd. abuts Bangs Creek	4/80, 7/80, 5/82, 4/84	low-density development abuts swamp
50	202	off Holsbery Rd.	7/80, 9/81, 6/82, 9/82	low-density development
50	99	Depot Road near Holsbery Square	9/79, 7/81, 7/81, 8/81, 7/84	older home?
* 50	70	Meetinghouse Rd. near Snows Lndg.	10/79, 10/80, 8/82, 9/82, 8/83, 10/83, 5/84, 6/84, 8/84	tiny lot; suspected problem on adjacent lot; floodplain
* 50	63	Meetinghouse Rd. near Snows Lndg.	5/80, 6/80, 4/82, 8/82	<pre>small lot; suspected problem on adjacent lot;</pre>
50	131	Castle Road near Truro Center	7/80, 12/82, 9/83	
46	267	Town Hall Road	11/81, 7/82, 7/82	
45	43	Corn Hill	9/84, 9/84, 10/84	sloping lot?
46	144	Longnook Lane	5/81, 10/82, 12/82, 6/83, 10/83, 1/85	
46	159	Atwood Road	8/80, 9/80, 8/81, 6/84	high nitrates in nearby well
47	54	Grouse Run East Pamet Hills	5/84 (repaired) 8/84, 1/85	newer home
48	13	South Pamet Rd. Brush Hollow	8/81, 8/82, 5/84	large lot; older home
48		North Pamet Rd. School/Youth Hostel	8/80, 4/83, 4/83, 7/83, 8/84, 11/84	

<sup>\* =</sup> priority for investigation due to proximity to river

Source: Truro Board of Health, Septage Coupon Log, 1979-1984. Analysis by Pamet River Greenway Committee, 1985.

these records for the past six years (1979-84) revealed 14 sites in the Pamet study area that appear to require septic system pump-outs with unusual frequency.  $^{70}$  (See Table 6).

Further investigation is needed to determine whether these data reflect failing systems or simply preventive maintenance by conscientious owners. Indeed, it may be that systems not pumped at all in the last five years are those introducing contaminants to ground water, their owners neglecting maintenance because no surface breakout is evident.

One special system deserves mention. The Pamet Laundry on Old County Road at Wilders Dike has pumped its system at least twice each summer, conforming to Board of Health requirements for its operation. Up until the early-1970's, a discharge pipe led directly into the river from the laundromat, but state water sampling revealed very high bacteria counts and forced termination of this point source discharge. In 1986 the Laundry did not receive a permit to open.

#### SEPTIC SYSTEM RECOMMENDATIONS:

- 1) The Truro Board of Health should investigate the 14 sites noted herein to learn the reasons for their frequent septic system pumpouts. Systems found to be failing should be upgraded immediately to prevent a continued threat to water quality, not only in Pamet River, but also in domestic wells.
- 2) The Board of Health should review its septage coupon log annually to note septic systems within the Pamet study area that are pumped with unusual frequency. Results should be compared with the Greenway tabulation provided in Table 6.
  - 3) Town building regulations should require applicants to

provide a description of their present subsurface disposal system with any request for a building permit. If the system does not conform with Title V, (as is typical with most older systems), the Board of Health should require an upgraded system to be part of the building permit issuance. Conservation Commission approval of the plan to upgrade may also be required. (In April 1986 the Board of Health adopted this practice as a health regulation.)

- 4) The Board of Health should initiate public education as the proper use and maintenance of septic sytems. Furthermore, it should require annual pump-out of septage for the following systems:
- a) where system components (cesspool, septic tank, or leaching facility) do not meet Title V setback requirements from watercourses (sec. II, para. 3.7);
- b) where systems do not maintain a four-foot separation from ground water elevations;
- c) or, any other systems deemed to be threats to water quality of the Pamet River system, including ground water.
- 5) The Board of Health should increase the construction setback for leaching facilties to wetlands and domestic wells from the state minimum of 50 and 100 feet, respectively, to 100 and 200 feet in the upgradient direction.

#### II.B.3.d <u>Underground Fuel Tanks</u>

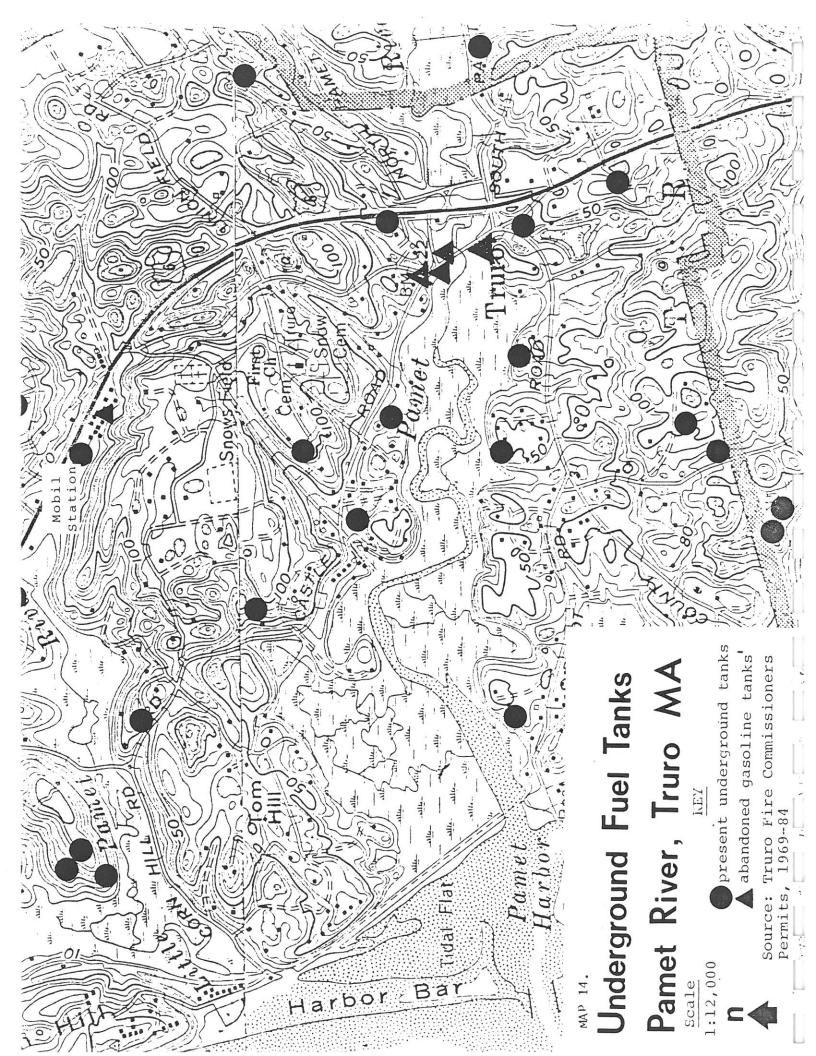
The Massachusetts Department of Environmental Quality Engineering claims that unmonitored underground fuel tanks are one of the greatest threats to water quality in the state.

Truro, unfortunately, contributed to public awareness of this problem in 1977 when a tank at a North Truro gas station leaked and forced the closure of Provincetown's South Hollow municipal wellfield. Cleanup efforts are still underway and the cost is over \$3 million.

Only one gas station currently operates in the Pamet's recharge area--the Citgo station on Route 6. A Mobil station on Route 6 closed in the summer of 1986. Large commercial gasoline tanks have been found to be more susceptible to leaks than residential tanks due to size, use and pressure. The Mobil station replaced all of its tanks with new ones in 1985 at the insistence of the Board of Health.

Truro's Oil Spill Response Coordinator reports that, historically, there were at least four gas stations located near Wilders Dike at various times. These stations were abandoned as traffic bypassed Truro Center (old Route 6) when the Mid-Cape Highway (new Route 6) was opened in the 1950s. In February 1985, during installation of new utility poles in Truro Center, work crews encountered oil in the ground by excavation. Town and state pollution officials were notified about the spill and several site visits were conducted. It could not be determined, however, whether the leak came from one of these old gas stations. It is also unclear whether the oil is migrating into the river.

In March 1985 the Board of Health identified at least nine sites townwide where abandoned tanks were suspected and ordered their removal. Owners of two of the four Truro Center sites



complied.

Underground fuel tanks are also used for storing home heating oil at residences. The Greenway Committee has identified over 50 such tanks in the Pamet area after reviewing Truro Fire Department oil burner work permits for the years 1967-84. (See Map 14.) These tanks hold from 200 to 1000 gallons of #2 fuel oil.

Under town health regulations, underground tanks over fifteen years old must be tested by the owner to ensure they are not leaking. (Steel tanks rust and corrode in damp soil.) As is the case in most Cape towns that have adopted this regulation, however, Truro has concentrated its tank-testing enforcement efforts on commercial tanks, such as gas stations, due to lack of staff and funds. In July 1986, the Board of Health adopted a health regulation prohibiting the installation of new underground tanks to store heating fuel.

# UNDERGROUND FUEL TANK RECOMMENDATIONS:

- 1) The Board of Health should ask the Barnstable County Health Department to computerize the town's underground fuel tank records, including homeowner tanks, to facilitate monitoring of old tanks and the required testing program.
- 2) The Board of Health should begin enforcement of residential undergound tank-testing with priority based on age and size of tanks and proximity to the Pamet River system.
- 3) The Board of Health should continue its enforcement of the removal of discontinued tanks near the Pamet.
- 4) No new commercial underground fuel tanks should be installed within the Pamet River recharge area except to replace

existing commercial tanks and in conformance with state Department of Public Safety regulations.

6) The Board of Health should request hydrocarbon testing by the state Division of Water Pollution Control and the Barnstable County Health Department in river waters and soil near Wilders Dike to determine the extent of oil contamination in the vicinity of suspected abandoned tanks.

## II.B.3.e Stormwater Runoff

Surface runoff carries pollutants directly into the Pamet during rainstorms and snow melting periods. These contaminants can range from oils, metals and organic wastes to litter, chemicals and salts. Unfortunately, rivers have traditionally been used as receiving waters for stormwater runoff to prevent flooding of land areas or motorist inconvenience. Several pipes discharging road runoff from catch basins are located at Meetinghouse Road, South Pamet Road and Wilders Dike.

In fact, most of the runoff from Route 6 between Edgewood Farm and Unionfield Road (a segment 2/3-mile long) collects in highway catch basins for discharge into the river at the Pamet Roads exit ramp. Truro does not appear to suffer from another problem associated catch basins, which is that it is not unusual to find some residential septic systems illegally tied into these drainage devices. 71

Stormwater runoff is a major source of bacterial pollution to shellfish beds around Cape Cod. 72 Elevated bacterial counts found in river samples near Wilders Dike by the Barnstable County Health Department and the state Department of

Environmental Quality Engineering may be related to the significant runoff inputs there.

# STORMWATER RUNOFF RECOMMENDATIONS:

- 1) In connection with any proposed widening of Route 6, the Massachusetts Department of Public Works should be urged to eliminate catch basin outfall pipes and paved waterways leading directly into surface waters of the Pamet. Collected stormwater could instead be shunted into leaching catch basins or, at a minimum, pipes could discharge overland near the river rather than directly into the river itself to allow some soil filtration of pollutants.
- 2) The Meetinghouse Road outfall pipe at Snows Landing should be immediately replaced, not only due to its pollutant input, but also because of the erosive action of the discharge. A leaching catch basin should be installed in its stead. Leaching catch basins should also be installed at the Pamet Harbor parking lot due to its proximity to shellfish beds and swimmers and to eliminate the present discharge which flows directly into the river over the beach or boat ramp. This upgrading could be completed as part of the boat ramp improvements proposed by the state Public Access Board.
- 3) Existing closed-drainage systems (catch basins leading to outfall pipes) should be retrofitted with T-type oil separator outlets. Oil absorbent pillows should be placed in the basin and removed at six-month intervals.
- 4) The Board of Health should arrange to have the effluent discharged from drainage pipes tested by county or state

officials to determine the severity of any contamination discharge and its contribution to total pollution in the Pamet.

- 5) Catch basins should be cleaned annually to remove sump sediment. The resulting waste should be contained in a secure landfill.
- 6) The Board of Health and Conservation Commission should discourage the use of chemical pesticides and lawn fertilizers on hills sloping into Pamet wetlands to prevent transport of these pollutants during storms.

# II.B.3.f Ground Water Quality

Over 60 water samples from private wells have been tested near the Pamet by the Barnstable County Health Department in the last five years. Most samples have indicated good quality water with the exception of some areas with high iron (not a health problem) and thirteen samples which exceed state and federal guidelines for sodium (salt) of 20 parts per million (ppm). Some of these high readings could be explained by proximity of the wells to tidal water, while others may be threatened by proximity to road salt. The town's salt storage shed at the Highway Department barn was enclosed in 1984 to prevent salt leaching off the stockpile.

Route 6 is heavily salted by the state Department of Public Works during snowstorms to prevent accidents, although a reduced-salting experiment by MDPW in Eastham in 1986 may lead to a change in this policy. Sodium is a major ground water problem because, unlike most other contaminants, such as metals and bacteria which can be removed through soil filtration or

soil adsorption, salts readily dissolve into ground water and can only be diluted, not removed.

In general, it is a better practice to shunt salt-laden runoff into tidal waters to reduce the risk of contaminating fresh water streams, ponds or ground water. However, road salt also contains significant additives, such as sodium ferrocyanide, which can release toxic cyanide into any receiving water. 73

Nitrates, a potential carcinogen, are present in ground water near the Pamet, but do not seem elevated relative to other parts of the town or Cape Cod. Of 60 private wells tested for nitrates from 1980-84 only two homes registered nitrate concentrations greater than five ppm (5 ppm is the recommended county planning guideline; state health limit is 10 ppm). A 7.8 ppm reading was recorded on Higgins Hollow Road near a neighbor's suspected septic system problem. A 5.95 ppm reading was recorded on Depot Road near a small livestock pasture. The remaining nitrate levels are described in Table 7.

TABLE 7. Pamet Area Ground Water Nitrate Levels (1980-84) 74

<u>Wells</u>	Nitrates (parts	per million)
47 7 4	less than 1.0 - 1.9 2.0 - 4.9	1
2	5.0 -10.0	
0	over 10	
1.0		

Total 60 ----

A complete analysis of ground water quality is contained in IEP, Inc.'s "Water Resources Protection Plan for the Town of Truro," December 1985.

#### GROUND WATER QUALITY RECOMMENDATIONS:

- 1) To prevent sodium contamination of drinking water, road salting of town and state roads by their respective maintenance personnel should be reduced to a level commensurate with motorist safety, not motorist convenience. A 4:1 mix of sand to salt and a reduction in the application to no more than 150 pounds per lane-mile is recommended.
- 2) The Board of Health should investigate possible causes of elevated sodium and nitrates in private wells. Homeowners should be encouraged to take corrective action once sources of contamination have been confirmed. A coordinated testing program of home wells should be arranged with the Barnstable County Health Department.
- 3) Land use recommendations cited elsewhere in this report should be examined to protect existing private water supplies.

#### II.B.3.g Eutrophication

Eutrophication refers to the natural process which causes a buildup of vegetation in a water body. Chemical factors, such as an increase in nutrients, and physical factors, such as decreased water flow, are chief causes of eutrophication. While it is a natural process, eutrophication can be artificially accelerated by man-made alterations and a flowing river can be rapidly transformed into a stagnant swamp. The stream bed and banks become choked with excessive vegetation. Oxygen levels decline due to decomposition of organic matter so that fish and other wildlife may be killed.

The transformation of portions of Pamet River into shrub

swamps has resulted from artificial eutrophication. The diking of many river segments not only changed salt marshes to freshwater wetlands, but also caused reductions in stream flow. Sediment and nutrients are no longer flushed from these river stretches, such as Little Pamet, upper Pamet and Mill Pond.

Presently, Pondweed (<u>Potemegia</u>) and Water lilies clog much of the channel of the freshwater Pamet and dense stands of Sweet gale, Highbush blueberry and other swamp bushes crowd the river, making even canoe passage difficult. Ditching the freshwater Pamet for mosquito control has tended to dry the wetland. Encroachment of upland trees and shrubs, the last stage of eutrophication as drier soil conditions begin to persist in the swamp, has already been noted in the upper Pamet.<sup>75</sup>

The National Park Service is presently conducting a study to determine the extent and possible causes of eutrophication in the upper Pamet.<sup>76</sup> It is hoped that any man-made nutrient sources will also be identified.

#### EUTROPHICATION RECOMMENDATIONS:

- 1) The conclusions drawn by the eutrophication study of the upper Pamet and similar work being conducted in Wellfleet's Herring River should be assessed by the town Conservation Commission and the National Park Service to determine if the eutrophication process is man-made and therefore can be slowed or reversed. Reducing existing nutrient inputs, such as sewage, fertilizers and detergerts, should be considered.
- 2) A cost-benefit analysis made on the removal of dikes and other obstacles to tidal penetration (see chapter on "Ditching and Diking") should include the ameliorating effect such a move

might have on eutrophication. Water flow should be enhanced by conversion to a tidal environment.

# II.B.3.h <u>Truro Sanitary Landfill</u>

The sole municipal landfill for the town of Truro is situated on Route 6 about 3500 feet south of the Pamet River. The landfill includes a small unfenced septage lagoon which is used by local septage haulers. Both facilities are located within the Pamet River recharge area and any leachate (the plume of contaminants associated with these wastes) might migrate with local ground water flow direction and discharge into the river near the Route 6 crossing.

At Truro Town Meeting in April 1986, \$25,000 was appropriated for a geohydrological monitoring study of the landfill. It is hoped that this study, when completed, will determine the environmental impact of the landfill on ground water quality in the vicinty.

#### LANDFILL RECOMMENDATIONS:

- 1) The National Park Service should be encouraged to cooperate in the proposed town study of the landfill so that the most efficient, environmentally sound landfill can be operated.
- 2) The town should continue to support transfer of solid waste to a waste-to-energy plant planned for Rochester, Massachusetts, as a means of reducing the landfill's potential for polluting local natural resources.
- 3) The town's septage lagoons should be fenced or otherwise secured to prevent unauthorized entry and health problems.

4) The septage lagoons should be upgraded to accommodate an increased volume of septic system pumping, as recommended elsewhere in this plan to protect Pamet water quality.

## II.B.3.i Agriculture

The last sizable working farm on Lower Cape Cod is situated in the Pamet area. Perry's Farm on Little Pamet River is all that remains of the once-thriving agricultural economy upon which Truro was founded. Located at the base of historic Corn Hill, Perry's Farm raises corn and other produce on about ten acres of the 70-acre farm. A small dairy herd and 1500 chickens are also maintained by the family-run operation.

About half of the farm's acreage consists of Little Pamet freshwater marsh. Cattle are grazed on lowland at the edge of the marsh. Until drainage was improved after the 1978 Blizzard, this lowland experienced periodic flooding. The Massachusetts Division of Water Pollution Control identified the farm as a potential source of pollution in the Pamet in a 1976 report. (One cow will produce an average of 351 pounds of nutrients, i.e., nitrogen, phosphorus, potassium, each year.) Other small numbers of livestock, including sheep, cows, and horses are kept at homes on South Pamet and Hatch Roads. Domesticated ducks and geese are kept at Wilders Dike.

Each of these areas could be considered as sources of contaminants, particularly bacteria and nutrients, if animal waste is not managed correctly. It is difficult, however, to gauge the relative severity of these contaminant inputs. One home on Depot Road near a livestock area is experiencing

elevated nitrates in its well water, though the correlation is only suspected, not proved.

What is known is that retention of existing agriculture is crucial to the heritage of Truro. Farms in Truro are a link with its past, a source of visual enjoyment for its present and a continuing source of food for its future. Perry's Farm may be partly responsible for the scenic beauty that led to the Pamet's Scenic River classification. Part of Perry's Farm has already been sold for residential housing.

#### AGRICULTURE RECOMMENDATIONS:

- 1) The Town of Truro should acknowledge the beneficial role played by agriculture in preserving the rural character of the town. Innovative zoning and tax assessing practices, such as M.G.L. c. 61A, Farmland Assessment Act, should be instituted to encourage the continued existence of farms in Truro.
- 2) The operators of existing or potential farms should investigate the benefits of the Agricultural Preservation Restriction Act (Chapter 780 of 1977) of the Massachusetts General Laws. The Truro Conservation Trust could provide technical assistance to operators interested in the program.
- 3) Farm operators and other livestock managers should be encouraged to develop proper waste management procedures which will reduce potential water quality risks associated with runoff and leachate. Assistance could be sought from the U.S. Soil Conservation Service in West Barnstable.

#### II.B.3.j <u>Erosion and Sedimentation</u>

There is now little direct erosion along the river itself.

Streambanks are generally composed of salt marsh peat, which is relatively resistant to erosion and consequent sedimentation of the river. Occasional slumping of salt marsh banks is a natural process due to tidal currents, but it can be accelerated by manmade factors, such as boat wakes. Fresh water portions of Pamet streambanks are generally lined with Cattails, Sweet gale and other soil-anchoring vegetation, and low-flow conditions also prevent erosion.

Major erosion problems in the study area occur at the harbor, particularly on Gull Island, (see "Pamet Harbor" section of this plan) and along the bluff of the Great Beach in the Ballston area at the head of the river. Stabilization of the Ballston Beach dune has been encouraged by planting vegetation and by limiting automotive and foot traffic. Other eroded areas include individual hillsides bereft of groundcover (especially Bearberry) along South Pamet, Depot, and Mill Pond Roads. These areas have been revegetating naturally, however, and seem to be under control.

Sedimentation, in the form of shoaling, is a major problem in the harbor and between the jetties at the river mouth. Pronounced flood and ebb tidal deltas have formed at the jetties. (See "Pamet Harbor".) Lack of sediment transport in the freshwater segments of the Pamet system is a problem due to the absence of any appreciable currents. Stagnant water currents prevent soil, leaves and other debris from exiting the stream naturally.

#### EROSION AND SEDIMENTATION RECOMMENDATIONS:

- 1) Motorboats should be forced to obey a "six mile per hour, no wake" speed limit throughout the tidal portion of the river to prevent disturbance of the streambanks and to promote safety. If necessary, a few signs should be erected at the harbor to that effect.
- 2) Measures to reduce man-made sedimentation in the freshwater Pamet by increasing water flow should be explored through further studies of such options as re-introducing tidal exchange, narrowing stream channels, or redesigning the culverts, particularly under Route 6. The studies should include the chemical and biological effects of these physical changes.
- 3) Drywells for roof runoff on new homes in the Pamet area should be required by the Conservation Commission or Building Inspector on any hilly or steeply-graded lots. The desirability of drywells on existing structures should be assessed by the Building Inspector before issuing permits for any alterations or renovations.
- 4) Unvegetated hillsides near the river with the potential for serious erosion should be stabilized by plantings of indigenous species. Assistance from the U.S. Soil Conservation Service could be sought. In no case should branches, tires or other debris be used to try to stabilize bare slopes.
- 5) The use of bulkheads or seawalls to maintain slopes should be discouraged when they interrupt valuable wetland transition zones and act as visual intrusions. The bulkhead at the Truro Center Post Office, however, should be repaired due to

proximity of the structure to the stream.

- 6) The Planning Board should modify its Subdivision Regulations to include a 50-foot construction setback from wetlands, including coastal banks, for dwellings and other permanent structures in order to control erosion.
- 7) Other recommendations are contained in the "Pamet Harbor" section.

# II.B.3.k Acidification

The impacts of acid rain can be magnified on Cape Cod due to a naturally occuring acidic soil and absence of sources of alkalinity, such as limestone, to act as a buffer. Current water quality monitoring of the Pamet River system cannot reveal any major decline in pH (increase in acidity) due to lack of historical data. The average pH values range from 6.0 to 7.2 for the freshwater main stem of the Pamet depending on the season, 80 but this range is less threatening to aquatic life than the under-5.0 pH values found in many ponds on Cape Cod.

At the same time, however, acid monitoring should be continued in the Pamet for several reasons. First, the state has introduced trout in the Pamet. Although not a native species to the Pamet, these acid-sensitive trout are a recreational resource that merits attention. Second, the ability of acidic waters to mobilize (dissolve) heavy metals (toxic contaminants) into the river should be recognized. ACIDIFICATION RECOMMENDATIONS:

1) The Town of Truro and the National Park Service should be encouraged to support continued monitoring of acid levels in the

Pamet to uncover any trends in increasing acidity with reference to existing baseline information. Both should also encourage further studies of possible corrective measures in other water bodies, such as the current experimental liming of Great Pond in South Truro by the Massachusetts Division of Fisheries and Wildlife and the Massachusetts Audubon Society.

## II.B.3.1 Boats

Boats are not suspected as a major source of bacterial contamination in Pamet Harbor. Most boats are small, recreational craft for day use only. Owing to the small size and limited depth of the Harbor, transient boats are a rare sight and there are no live aboard vessels. A portable rest station is installed each summer by the boat ramp for use by boaters. A permanent sewage pump-out facility for boats at the Harbor is not recommended at this time because of cost ineffectiveness and disposal problems.

Boats may contribute other contaminants to the Harbor, such as petroleum resulting from improper combustion and toxic compounds, including metals and TBT, or tributylin, leaching from boat bottom anti-fouling paint. However, the seasonal use, small number of boats and lack of fueling facilities in the Harbor reduce the potential magnitude of this pollution problem. Should an expanded marina be proposed for Pamet Harbor, these sources of contamination associated with boats should be re-examined.

II.B.4 DITCHING AND DIKING: Control Structures in the Pamet

The major human impact on the Pamet River has been the extensive alteration of the system by physical means: diking, clearing, ditching and filling. Although these processes have been substantially halted (except for mosquito control) in the last twenty years due to wetlands protection laws and increased environmental sensitivity in general, the long-term effects of previous alterations are profound and are still being felt. Most of the other management issues discussed in this report, including water quality, recreation, wildlife and historical importance, are directly influenced by these physical changes.

# II.B.4.a <u>Drainage Ditches</u>

When the first ditches were dug and dikes built in the Pamet is unknown. As elsewhere on the Cape, perhaps the first ditches were laid to delimit boundaries as the salt marsh became privately owned. Other ditches were undoubtedly dug for boat transportation; that is, for skiff landings at the edge of the marsh. (See, for example, Snows Landing at Meetinghouse Road.) Some wetlands may have been dredged to create small open water lagoons for commercial production of water lilies for shipment to Boston. Open water at the head of Bangs Creek may have resulted from the removal of Sphagnum or peat moss for agricultural use or trade. Dredging also became the primary means of harbor improvement in this century. (See "Pamet Harbor".)

The major reason for ditching, however, was to improve drainage in the system. Truro town meeting reportedly voted

annually to authorize stream clearing in the upper Pamet to control silting and vegetation. 83 Flood protection, by draining excess stormwater runoff, was another motivation.

# II.B.4.b Cape Cod Mosquito Control Project

Drainage was also the aim of the Cape Cod Mosquito Control Project, which was established in 1930 to reduce salt marsh mosquito (Aedes sollicitans) populations and other insects that terrorized residents and threatened the Cape's tourist industry. To drain the impoundments created behind dikes and other areas where mosquitos breed, the Project installed a ditching network that now totals 1,000 miles on Cape Cod, including the Pamet. 84

Up until the mid-1960s, Mosquito Control took a ditching tractor down the main stem of the upper Pamet, though the overgrown character of the streambanks today precludes this maintenance. Maintenance is now limited to hand-spraying major mosquito breeding spots with BTI, a biological agent, and "Arosurf", a larvaecide oil, and keeping ditches clear of brush and debris.

#### II.B.4.c Dikes

Mosquito Control did not construct any dikes in the Pamet; the agency simply took over responsibility for draining wetlands behind the many dikes that had previously been constructed in the system for other purposes. Dikes had been built to carry roadbeds (including the railroad in 1870 and Wilders Dike in 1869) across the river. Wooden bridges required more maintenance than solid fill dikes.

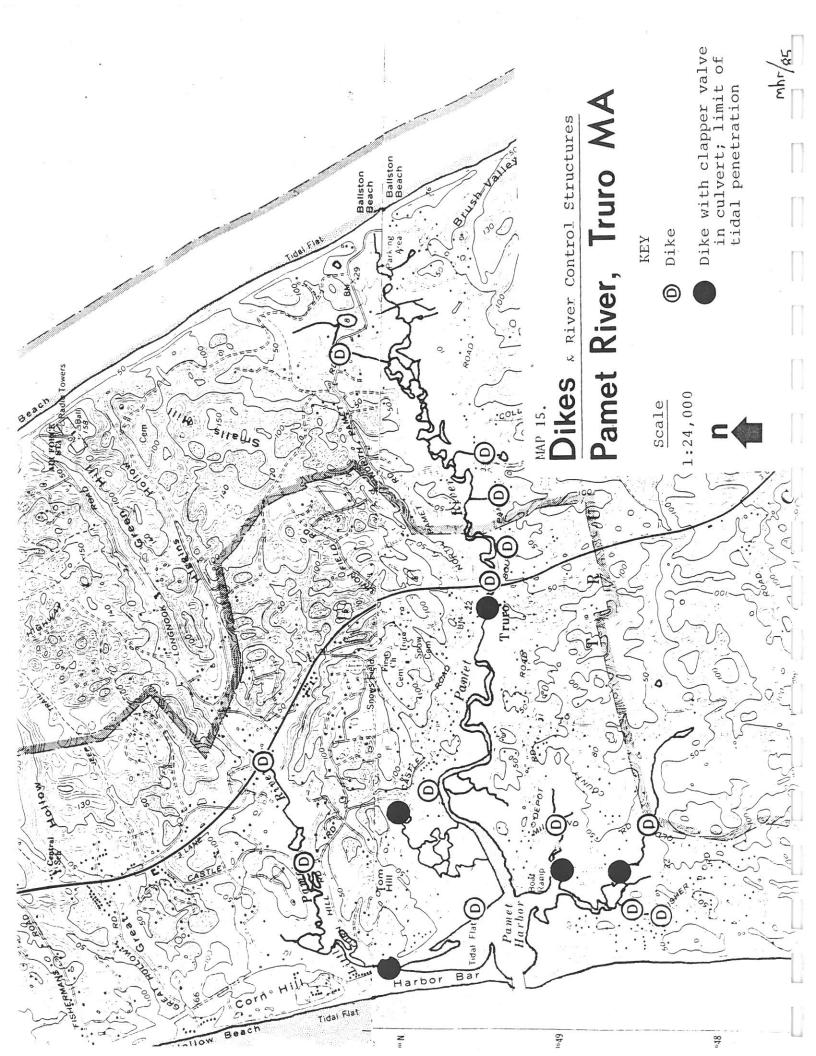
Dikes were also built to convert wetlands to agricultural

use, such as the Mill Pond and Head O'Pamet cranberry bogs. One dike at Cat Island is known to help prevent saltwater intrusion in nearby domestic wells. 85 In most cases, culverts placed under the dikes allowed only one-way drainage.

Figure 4. Wilders Dike, Truro, looking north. (From Agnes Edwards, Cape Cod New and Old, Boston, 1918, p. 141.)



A tide gate or clapper valve prevented tidal penetration upstream of the control structure. Giese and Mello (1985) estimate that 50-60% of the Pamet's historical salt marsh has been converted to freshwater wetlands, including all of the Little Pamet, due to these obstructions. (See Map 15.) A 1924 report by the U.S. Department of Agriculture claims that Wellfleet's Herring River and the Pamet were the largest areas of diked or "reclaimed" tidal marsh in southeastern Massachusetts. 86



# II.B.4.d <u>Effects of Alterations</u>

More important than the reasons for the Pamet's ditching and diking are the consequences of this manipulation. The intended benefits of the dikes either never materialized or are obsolete. The railroad is gone. Commercial agriculture is no longer viable, and the cranberry bogs are abandoned. Dikes carrying roads have made townwide transportation more convenient, but bridges or larger culverts could accomplish the same purpose. Mosquito Control officials report that dike-hampered drainage now hinders their work. 87

The only benefit remaining from the dikes is one not contemplated during their construction: the artificial creation of habitat diversity in the Pamet by enlarging freshwater marsh and swamp environments. Because this conversion, however, produced a corresponding decrease in marine habitats and, actually, a loss in overall wetlands as upland vegetation invades the margins, this change is not benign. Indeed, the water quality of the freshwater wetlands created by ditching and diking is also suspect.

The environmental harm caused by diking and ditching is not obsolete. It persists and worsens with each year. To summarize their effects as noted throughout this report and in others:

- Water Quality less stream flow, more sedimentation, less oxygen, less pollutant export (reduced flushing), more sensitivity to acidity, more mobilization of toxic metals and sulfides in sediment;
- Harbor Management smaller tidal prism, lower current velocities, more shoaling, less pollutant transport;
- Wildlife reduction of shellfish habitat, effects of deteriorating water quality on fish, obstructions to fish passage, eutrophication;

- Vegetation loss of wetlands due to upland tree and shrub encroachment on drying soil, eutrophication reducing diversity of plant species, loss of salt marsh, nature's most productive habitat;
- Recreation limited opportunity for boating, less visual enjoyment of river due to obstructions and overgrown vegetation, more pollution for swimming and shellfishing;
- History impoundments mean less integrity for Pamet as a complete system;
- Mosquito Control more maintenance required in freshwater systems.

# II.B.4.e Restoration of Natural Flow

These factors and others have not gone unnoticed by Truro citizens concerned that dikes and ditches have impaired the special qualities of the Pamet. There is widespread support for the general concept of reintroducing tidal flow to certain sections of the river system, particularly the main stem, by removing dikes, replacing them with bridges, enlarging culverts or at least removing tide gates. Most people recognize that are possibly adverse ramifications which could associated with "opening the dikes", such as the prospect of increased flooding, saltwater intrusion of wells, and destruction of vegetation, but they feel the concept is worth pursuing in order to restore the Pamet's environmental integrity with increased tidal flow. (See Appendix B.)

A poll commissioned by the Pamet River Greenway Committee in 1985 found that only 13% of the respondents (63 opponents out of a sample size of 523 Truro taxpayers) "would not support dike-opening under any circumstances." 88 The National Park Service, whose jurisdiction over the upper Pamet would be significantly affected by tidal flow, has not stated publicly

whether it would support or oppose such a re-opening, because it believes that further studies are necessary. In general, however, the NPS is committed to preserving naturally functioning ecosystems within its domain. By its continued support of studies examining the impact of a re-opening, the NPS has demonstrated a willingness to consider the option. 89

One such study would predict the extent of tidal penetration into the upper Pamet based on hydrological modelling. One order to assess the wide range of changes that might occur if tidal flow were permitted, researchers must first determine the volume of water involved and what land areas would be affected. (See Appendix D.)

Would salt marsh recolonize all the way to Head O'Pamet if the tide was allowed to flow naturally up the river? It seems unlikely, although salt marsh was once extensive in much of this area. The following historical accounts --albeit anecdotal-confirm this extent:

- 1794: "As it [Pamet] extends inland it divides into three branches, on which are bodies of salt marsh, called Great, Hopkins [Little Pamet] and Eagles Neck [creeks]..."
- 1801: "There is on it [Little Pamet] a body of salt marsh. The depth, when the tide is in, is five feet," and, "Pamet River, extending almost entirely across the township, being separated from the ocean only by a narrow beach. On its banks is a body of salt marsh." 92
- 1802: "There [Pamet Valley] is a wide opening and leads immediately over a beach [Ballston] to a salt marsh at the head of the Pamet River...the Pamet river running from east to west through a body of salt marsh."
- 1890: "The eastern shore of town [Truro] is fringed with salt marsh, and these extend far up on the sides of the

rivers and coves that exist on that coast of the town."

But by this century, the changes were already being observed:

- 1909: "The tide waters [once] flowed in and out of the Longnook meadows and in every nook, corner and cove of the Pamet meadows,..."<sub>95</sub>
- 1914: "Gaze westward [from Ballston Beach]...How refreshing its [Pamet's] banks, green with a green which only Truro cattail and marsh vegetation can create."

#### 

- The 1) town, National Park Service and the Truro Conservation Trust should be encouraged to conduct studies the effects of re-introducing tidal flow to certain segments of the Pamet. The relevant recommendations included in the 1985 Center for Coastal Studies report should be followed with priority given to detailed modelling to predict the volume and areal extent of tidal penetration. The river segments which should receive priority for studying the effects of re-opening dikes are the main stem east of Wilders Dike and Route 6, Mill Creek/Mill Pond, and Eagles Neck Creek/Bangs Creek. The Cape Cod Mosquito Control Project, state Fish and Wildlife officials and other groups should participate in these studies to ensure their concerns are met. (In 1986 the Woods Hole Oceanographic Institution received funding from the Truro Conservation Trust and the Sea Grant Program to conduct a hydraulic modelling study of the Pamet as the first step to predict physical changes that might occur if certain dikes were removed.)
  - 2) Information gathered from similar tidal flow studies by

the National Park Service concerning the Herring River in Wellfleet should be consulted for comparison purposes and general effects.

- 3) The Cape Cod Mosquito Control Project should be urged not to construct new drainage ditches in the Pamet area in order to minimize impacts on wetland soils. Mosquito Control should be asked formally to support a re-introduction of tidal flow if it believes that such a reversion would aid the agency's mission. The town Conservation Commission, Mosquito Control and the National Park Service should be asked to meet to develop an integrated pest management plan for the Pamet, which considers wetlands ecology; water quality, and mosquito control.
- 4) In the event that the Massachusetts Department of Public Works begins design work to widen Route 6 and its embankments through Pamet Valley, the town of Truro should insist that a full Environmental Impact Report be prepared on the project. Such a report should examine, among other concerns, the possibility of constructing a bridge or, at a minimum, a larger culvert, with or without a tide gate, in place of the existing four-foot wide culvert under Route 6. Based on the Pamet's classification as a state Scenic River, the Executive Office of Environmental Affairs should be asked to intercede on behalf of the town to require that the state DPW compile such an impact study under the Massachusetts Environmental Policy Act.

Here (on the Outer Cape) the land is in greater flux than the water, and at Truro the harbour has been practically swallowed up by sand, in spite of great sums to keep it open.

-- Hildegarde Hawthorne, Old Seaport Towns of New England, 1916.

The story of Pamet Harbor has been recounted in the "History" section of this plan. In the early 1800s, the harbor was the foundation of a vibrant maritime economy in Truro. Today the harbor is an important recreational asset to the town, though its value for even that use is diminishing due to shoaling problems, shellfish concerns and erosion of beach areas.

## II.B.5.a <u>Description of the Harbor</u>

The harbor may be described as that area of the Pamet River system west of the railroad dike. It now includes the boat ramp and parking lot at Depot Road, the mooring basin, channel, inlet jetties, town beaches, major shellfish beds and the Pamet Harbor Yacht Club. In this confined area, uses as varied as boating, swimming, fishing, off-road vehicle travel, shellfishing, housing and tern nesting compete for space.

With such demand, conflicts inevitably arise. Coordinated management, however, can accommodate most of these uses. In this section, options to improve navigation and control shoaling and erosion will be discussed, while other uses are explored in the "Recreation" section of this plan.

## II.B.5.b Boating Use

Presently, public boating facilities include a 15-foot wide, single-lane concrete boat launching ramp at the foot of Depot

Road. The ramp, built by the state in 1958, is operated by the town, which collects fees from users. Town maintenance includes using a tractor to clear sand buildup from the ramp periodically. The ramp is heavily used during the summer and allows launching at almost all tides. In 1986 the state Public Access Board, with the support of the Pamet Harbor Committee, a town advisory board of local boaters, proposed using state funds to double the width and resurface the ramp to allow more efficient use.

A triangular-shaped parking lot with 125 spaces serves the ramp and mooring basin. This lot is bordered with stone riprap, but strong wave attack during northwest winds causes continual deterioration of this structure. No fee or sticker is currently charged for parking. The size of this parking area presently seems sufficient to meet existing summer demand. Drainage from the parking lot discharges directly into the waters of the harbor over the boat ramp and stone riprap. Stormwater runoff has been identified as a major source of bacterial contamination and hydrocarbons in shellfish.

The mooring basin lies perpendicular to the boat ramp. Last dredged in 1968 to a size of 400'x200' and a depth of 4 feet at low water, this anchorage has shoaled in recent years. Owing to a lack of space, an innovative system of anchored floats that moor two boats each has been instituted. This system reduces the area needed for traditional swing moorings, accommodating more boats. This float system seems particularly well-suited to the small boats of the Pamet.

Demand for mooring space increases yearly. (See Table 8.)

In 1976, 86 boats were moored in the basin, while 115 were anchored in 1984. Between 30% - 40% of these moorings are used by year-round residents.

Table 8. Pamet Harbor Boat Use and Income (1978 - 1984).

BOATS \ YEAR	1978	1979	1980	1981	1982	1983	1984
Daily Ramp		819	678	706	545	443	466
Weekly Ramp		6	41	41	31	37	30
Seasonal Ramp		23	39	40	40	82	69
Seasonal Mooring		90	102	109	109	93	115
Temporary Moori		4	1	1	1	1	5
Total Boats	946	942	861	907	726	656	685
Total Income	\$ 4,567	4,566	6,019	6,288	7,970	8,055	8,375
Weekly Ramp Fee	\$ 25	25	25	25	30	30	30
	\$ 10	10	10	10	15	15	15
	\$ 2	2	3	3	5	5	5

Source: Harbormaster's Report, Truro Annual Reports, 1978-84.

Further expansion of the boat basin by dredging seems unlikely. Salt marsh, protected against dredging by M.G.L. c.130, s.105, surrounds the basin to the south and west. Major shellfish beds and the main channel exist north of the basin, while private residences are located east of the basin. The only place additional mooring space could be dug would be the existing de facto, but unauthorized, public beach fronting the parking lot. An extensive and costly bulkhead and floating dock/slip system would be required to maintain boats in this area. Northwest winds and waves would hamper slip use there.

The surge of <u>private</u> dock construction and dredging that presently affects other Cape Cod harbors has not yet been felt in the Pamet. The Pamet Harbor Yacht Club maintains a small boat dock for seasonal use. A few boats are moored at Snows

Landing, Dickerson's and Great Hills, but most other shoreowners prefer to beach their small boats when not in use.

## II.B.5.c <u>Dredging and Maintenance</u>

"To dredge or not to dredge" has been the primary question in Pamet Harbor management throughout this century. Some of the arguments, pro and con, can be summarized as follows:

"Periodic maintenance dredging of the Pamet entrance channel should be considered a regular operating cost of the town, just as roads are repaired when required."

"Dredging is a waste of money because the inlet will immediately shoal again."

"The harbor has great economic potential for the town if boating could be increased by dredging. Commercial fishing might also be attracted, providing sorely needed jobs for our young people."

"The harbor is too small and environmentally sensitive to accommodate increased boating or commercial use. Increases in vehicle traffic on Depot Road approaching the harbor would be intolerable."

"Dredging the harbor would benefit not only boaters. It could be used to control erosion on Gull Island and provide better water circulation for shellfish."

"The last time the harbor was dredged, shellfish stocks declined and swimming waters were muddied."

Each one of these arguments is valid. But what action is in the best interests of the Pamet and Truro as a whole? Does dredging benefit only a few hundred boaters or would it enhance a recreational amenity that attracts tourists and summer residents who are still the staple of Truro's economy? Would dredging kill shellfish or improve their habitat? A recent historical context is given in Table 9.

Table 9. Pamet Harbor Improvements in the Twentieth Century.

YEAR ACTIVITY CONSEQUENCES

1919 Beach cut 225' wide and 13' deep. Decreased tidal prism,

Stone jetties installed (140' long shoaling at both north jetty and 300' long south jetty). Peat dike built making two separate inlets with mouths at Corn Hill and present location.

inlets

- 1920 Peat dike supplemented by boulders.
- 1920- Closure of Corn Hill mouth by 1950 shoaling. Breakdown of dike separating boat basin from river due to erosion and vandalism.

1951 Channel widened to 300'; north jetty extended to 300' long.

Jettied channel becomes deeper due to increased flow through one mouth

Shoaling in channel due to widening. Greater accretion on south jetty, greater erosion on north jetty

1958 Boat ramp built.

Increased use by small recreational craft

1965- Channel dredged 60' wide and 1966 4' deep. Mooring basin 400' x 150' dug.

Shoaling of channel continues despite dredging. Accretion and erosion continues. Shellfish stocks dwindle.

- 1966- Channel between jetties shoals 1968 from 5-6' deep to 1-2' deep.
- 1968 Channel dredged 60' wide and and 4-6' deep. Mooring basin enlarged to 600' x 200'. Dredge spoil placed on Gull Island.

1969 Railroad trestle removed and stone riprap built around edge

Shoaling, accretion and erosion continue. Shellfish decline.

of parking lot.

Reduced scouring of this area due to decreased water velocity.

1973- Various town proposals to dredge 1980 6,000 or 7,000 or 20,000 cubic yards from channel and Fisher Beach never succeeded. (Costs ranged from \$50,000 to \$150,000).

Continued shoaling and erosion. North jetty is detached from dune at high tide due to erosion.

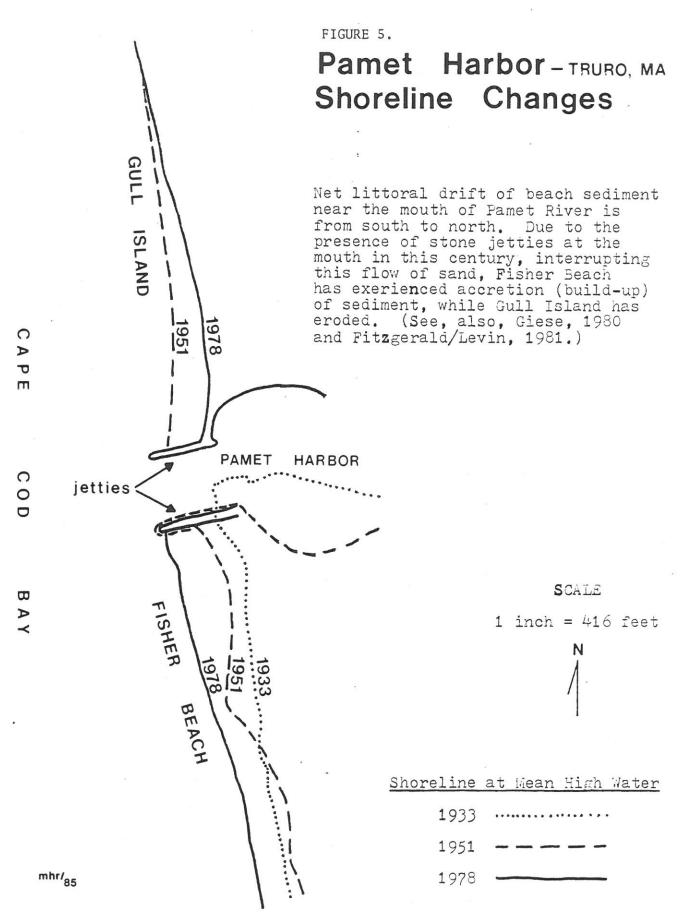
Sediment transport sudies (Giese, 1980; Fitzgerald and Levin, 1981) have identified several phenomena affecting the harbor:

1) Net longshore transport of sand is from south to north along Cape Cod Bay in the Pamet area. The ability of the south jetty to trap sand is now exhausted by accretion (buildup

- of sand.) Spillover of sand past the south jetty clogs the entrance channel and wave action combined with flood currents have driven bars into the inlet.
- 2) The jetty width is large relative to the tidal prism (volume of water) in the Pamet, resulting in reduced velocity of tidal flow at that location and, thus, further shoaling.
- 3) The tidal prism has been reduced due to construction of dikes and other flow control structures throughout the river. Less volume means less tidal velocity overall in the system.
- 4) Erosion of Gull Island, particularly at the breach near the north jetty, will continue due to the interruption of sand transport by the presence of the south jetty and natural migration of the river mouth to the north. (See Figure 5.)

Considering these physical forces and the results of previous dredging attempts in the Pamet, it seems apparent that any benefits derived from maintenance dredging will be short-lived. This conclusion does not mean that dredging is not in the best interests of the town. Rather, it argues that dredging must be viewed as only one element—an important one—of long-term navigation management that considers issues of erosion, shoaling, tidal prism and jetty engineering. Channel dredging may be a practical solution for the immediate needs of the harbor while more comprehensive solutions are devised for other more persistent problems.

Although it has often been used as an informal "hurricane hole" by boats from Provincetown, Pamet Harbor is not a federal Harbor of Refuge,  $^{98}$  so it is not eligible for federal



SOURCE: Massachusetts Coastal Zone Management Office, "Massachusetts Shoreline Change Project," 1985. (Map 0013) maintenance of the channel. Still, the Pamet represents the only anchorage between Wellfleet and Provincetown and has provided safety for small boats caught in Cape Cod Bay squalls. It is—and can continue to be—an appropriate small—boat harbor. While a few part—time commercial lobster boats presently moor in the harbor, development into a large commercial fishing port does not seem warranted based on poor site potential, changing hydrographic features, lack of adequate road access, and the current uncertain future of the Cape fishing industry itself, such as insurance, financing problems and stock depletion.

A poll commissioned by the Pamet River Greenway Committee in 1985 surveyed Truro taxpayer attitudes towards harbor improvements. (See Appendix B.) A majority of all respondents favored dredging as a means to improve navigation and higher boat fees to help fund it. More significantly, taxpayers who are also town meeting voters support boating improvements by an even greater margin, indicating that voters would appropriate funds to maintain the harbor, presumably as a share of state funding for such work. In addition, a town meeting vote in 1985 resolved that town officials should improve the harbor.

The environmental concerns of dredging are real and must be addressed before any work is done. State shellfish officials cite Pamet dredging in 1966 and 1968 as a major cause of resultant shellfish depletion due to silting, habitat destruction and increased loss of larvae by tidal flushing.

It must be acknowledged, though, that dredging in the mid-1960s was not subject to today's strict environmental review, work protocols and shellfish transplanting requirements. Stabilization of dredge spoil by plantings of vegetation has also advanced since that time. It is anticipated that the channel's clean sand would be compatible with disposal on eroded areas of nearby Gull Island as a beach nourishment project. Silts and muck, however, are expected to be found in the boat basin and may present a more difficult disposal problem.

The goal for Pamet Harbor should be to maintain, not expand, its present use as a small-boat harbor, primarily used for recreation, but with some part-time commercial fishing boats. The town should acknowledge that periodic dredging is a necessary maintenance cost to protect that recreational resource. At the same time, boaters must realize that Truro's financial budget is currently too small to support development of a major marina in the Pamet. Boaters must also recognize that any harbor with a nine-foot tide ranging over a bottom is always likely to experience some navigation problems. It must also be recognized that Depot Road, the main approach road to the harbor, is narrow and winding and long and inappropriate to handle significant increases in boat trailer traffic.

#### II.B.5.d Pamet Harbor Recommendations:

1) A dredging/beach nourishment program should be conducted on an experimental basis to determine the feasibility and advisability of establishing a regular dredging program in the Harbor. Priority should be given to maintaining the channel from the boat ramp to outside of the jetties and transfering sand from the Fisher Beach jetty to the eroded foreshore of Gull

Island, as recommended in the Center for Coastal Studies' 1980 "Shoaling and Erosion Study of Pamet Harbor." If funds are limited, the boat basin should receive lower priority for dredging based on environmental concerns of sediment disturbance and disposal. A maintained channel of four feet deep at low water should be considered consistent with the goal of the Pamet serving as a small-boat harbor. The best available measures to protect shellfish should be incorporated in any dredging proposal.

- 2) The Board of Selectmen should request an amended order under M.G.L. c. 130, s. 105 (Wetlands Restriction Program) from the Director of Wetlands and Waterways in the Department of Environmental Quality Engineering. The amendment would allow maintenance dredging in the previously-licensed channel. No dredging is allowed under any conditions under the present order. (In 1986 the Selectmen made this request.)
- 3) Expansion of the existing dredged boat basin/mooring area beyond its previous licensed limits should not be permitted. Innovative mooring practices, such as the present mooring float system, should be considered as an alternative if more anchorage supply is needed. Mooring of boats north of the channel should be discouraged due to effects of grounding on the shellfish beds. In no case should existing salt marsh be disturbed to accommodate moorings.
- 4) No dredging should be permitted east of the railroad dike or south of the Yacht Club for any reason except existing maintenance of mosquito control ditches. There are no public launching facilities in these areas that need dredging for

navigation. Private dredging should be prohibited based on marsh disturbance, shellfish concerns and traditional lack of access to a deep water channel in these areas. All boating outside of the maintained channel should be viewed as tidal-dependent and reflected in town policy and decision-making.

- 5) If dredging is proposed the town should work with neighboring towns and the Commonwealth to establish a regional, coordinated dredging program in order to promote cost savings for each project.
- 6) The Pamet Harbor Committee should be expanded to include representatives of shellfish, conservation and recreation interests and neighboring property owners to address their concerns in establishing a long-term harbor management plan. The Harbor Committee should also recognize the importance of events upriver (silting, pollution, traffic, dikes) and the impacts these can have on harbor management.
- 7) If channel maintenance proceeds, mooring fees should be increased to at least \$50/year to help offset town expenditures.
- 8) A considerable percentage of local harbor fees should be reserved annually by town meeting for a dredging account. This account will reduce the amount needed to be appropriated when dredging occurs and will show town commitment to a harbor maintenance program.
- 9) The Conservation Commission and Harbormaster should cooperate in identifying private docks, floats, walkways and other structures in or near the river that are suspected of not

being licensed under state waterways and wetlands regulations. Compliance should be sought or removal ordered of these unpermitted public nuisances.

- 10) The boat ramp at the harbor should be upgraded and widened to alleviate traffic problems at the parking lot. Studies should be undertaken to determine traffic volumes on Depot Road from Memorial Day to Labor Day and projections made as to the ratio between available mooring spaces in the harbor and traffic volume. The harbormaster should restrict the number of moorings to a level consistent with continued enjoyment of single-family homes along Depot Road.
- 11) A determination should be made as to the acceptable width of boats being hauled tot he harbor for launching. Depot Road should be posted with notices indicating the maximum width of trailered boats allowed. Special permits should be available for wide-load launchings by those people dependent upon the harbor for a substantial portion of their annual income.
- 12) The parking lot should incorporate leaching catch basins to prevent the present practice of stormwater runoff discharging directly into the harbor.

#### II.B.6 SHELLFISH MANAGEMENT

November 1986 the Massachusetts Department of In Environmental Quality Engineering (DEQE) for the first time temporarily closed (under authority from M.G.L. c.130, s.74A) the Pamet River to the harvesting of shellfish because of bacterial contamination. DEQE acted based on water quality tests that revealed high coliform counts throughout tidal portions of the Pamet. (See Table 10.) DEQE re-opened the Pamet in January 1987 when bacteria levels subsided. This closure had followed one initated by the town Board of Health in December 1985 that lasted until February 1986. Town action eliminating sources of pollution will determine whether shellfishing--a traditional activity in Truro--can remain open or will continue to experience closures due to contamination.

#### II.B.6.a <u>Historical Resource</u>

In 1794 the Pamet was considered good shellfish grounds. "The shores and marshes afford large and small clams, quahaugs, razor shells, periwinkles, muscles and cockles," wrote one visitor. High dietary status was not reserved for shellfish at that time as it is today. Fodder, fertilizer and bait were the primary uses of shellfish. Clams were a food supplement, not a staple.

By the 1880s, shellfish became more popular with diners. The advent of tourism made "New England shore dinners", consisting of fish, clams, oysters or littlenecks, a favorite meal. The extension of rail service to Truro in the 1870s opened quicker access to outside markets, which encouraged

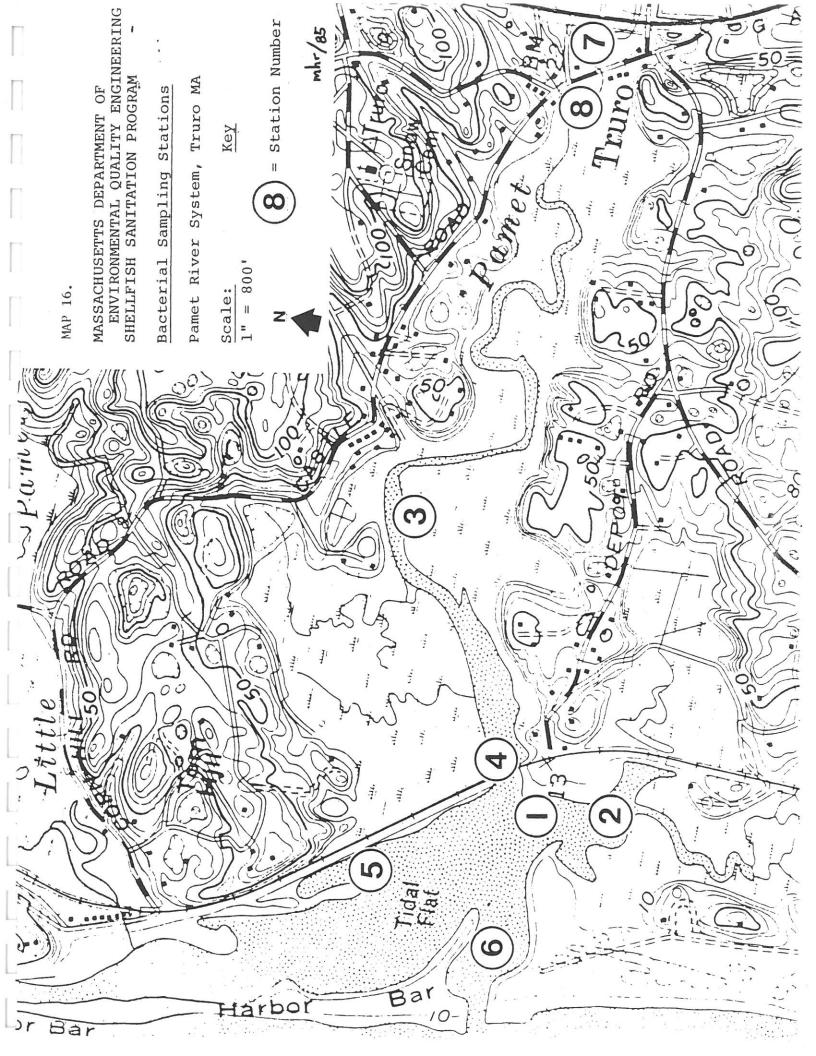


TABLE 10. COLIFORM BACTERIA COUNTS, 1971-86

MASSACHUSETTS DEPARTMENT OF ENVIRONMENTAL QUALITY ENGINEERING - SOUTHEAST REGION TOWN: Truro Coliform Lim AREA: Pamet River Total -DEQE

14 Fecal -

SHELLFISH SANITATION PROGRAM

No.: 45 /CCB7

	J. II. I I I I I I I I I I I I I I I I I			NO.: _	45 / CCB /	_
Station Date	27 Jul 71	6 July 82	7 July 82	5 Oct 82	14 Jul 83	
1 Pamet Harbor at boat ramp	36 Total					
2 Mouth of Eagles Neck Creek at Pamet Harbor						
3 Pamet River at Cat Island		7.8 Total 7.8 Fecal		7.8 Total 7.8 Fecal	220 Total 33 Fecal	
Pamet River at old railroad crossing		<2 Total  <2 Fecal	Total 2 Fecal	7.8 Total 4.5 Fecal	<2 Total <2 Fecal	
5 Pamet Harbor at Toms Hill			<2 Total			
6 Mouth of Pamet Harbor at jetties		4.5 Total 2 Fecal	<2 Total			
Pamet River between Route 6 and Old County Rd.	430 Total ————————————————————————————————————					
8  Pamet River south of Wilders Dike	2,400,000 Total 150,000 Fecal	_ Total_		240Total 79 Fecal		
	11	Į	1		•	

TABLE 10. (continued)

MASSACHUSETTS DEPARTMENT OF ENVIRONMENTAL
QUALITY ENGINEERING - SOUTHEAST REGION
SHELLFISH SANITATION PROGRAM

TOWN: Truro

AREA: Pamet River

Total - 70

Coliform Limit

DEQE

NO.: 45 / CCB7

Fecal - 14

\ > .		· IIIOOIGEI		NO.:	45 / CCB7	Fecal	- 1
Station Dat	e 26 Jan 8	5 13 Aug 8	5 18 Nov 8	5 17 Dec 85	7 Jan 86	21 Jan 86	5
1 Pamet Harbo at boat ram	- 10tai	23 Total 3.6	>2400 	540 Total	_17 	79 Total - 7.8	
	Fecal	Fecal	Fecal	Fecal	Fecal	Fecal	$\perp$
2 Mouth of Eagles Neck Creek at	3.6 Total	150 Total		540 Total	· 13 Total	130 Total	
Pamet Harbo	< 3 Fecal	43 Fecal		23 Fecal	4.5 Fecal	<1.8 Fecal	
Pamet River at Cat Island	15 	- 240 - Total - 240	> 2400 Total	350 _ <u>rotal</u> _	21 Total	350 Total	
	Fecal	Fecal	1600 Fecal	ll Fecal	1.8 Fecal	2.0 Fecal	
4 Pamet River at old railroad	3.6 	3.6 Total	920 Total	540 Total	2.0 Total	22 Total	
crossing	3.6 Fecal	√ 3  Fecal	540 Fecal	23 Fecal	<1.8 Fecal	<1.8	
5	460	23	1600	33	<1.8	Fecal 27	
Pamet Harbor at Toms Hill	_ Total _	_Total _	_Total _	Total	_Total	Total	
	<3 Fecal	<pre></pre> <pre>Fecal</pre>	540 Fecal	4.5 Fecal	.<1.8	<1.8	
6 Mouth of Pamet Harbor		7.3 Total		170 Total	Fecal 23 Total	Fecal 6.8 Total	
at jetties		<pre>&lt; 3 Fecal</pre>		23 Fecal	<1.8 Fecal	<1.8 Fecal	
Pamet River between Route 6 and Old County Road	23 Total 9.1 Fecal		1600 Total 920 Fecal	70 Total_ 4.5 Fecal	920Total 4.5 Fecal	2400 <u>Total</u> 240 Fecal	
8 Pamet River south of Wilders Dike	3.9 <u>Total</u>	1100 Total	> 2400 Total 1600	350 Total 33	1600 	2400 Total	
	Fecal	Fecal	Fecal	Fecal	Fecal	Fecal	

TABLE 10. (continued)

MASSACHUSETTS DEPARTMENT OF ENVIRONMENTAL QUALITY ENGINEERING - SOUTHEAST REGION SHELLFISH SANITATION PROGRAM

TOWN: Truro AREA: Pamet River

Total -70

DEQE

NO. : 45 / CCB7

Fecal -

Coliform

				NO.:	45 / CCB/	
Station Date	5 March86	29 April 86	2 June 86	28 Aug 86	10 Oct 86	30 Oct 86
Pamet Harbon - boat ramp						
	< 1.7	11 -	14	41	> 64	1.7
	Fecal	Fecal	Fecal	Fecal	Fecal	Fecal
Mouth of Eagles Neck Creek at Pamet Harbor	 <1.7 Fecal	14 Fecal	23 Fecal	>64 Fecal	> 64 Fecal	> 64 Fecal
Pamet River at Cat Island	 <1.7 Fecal	23 Fecal	41 Fecal	30 Fecal	>64 Fecal	18 Fecal
Pamet River at old railroad crossing	ND Fecal	8.2 Fecal	1.7 Fecal	14 Fecal	64 Fecal	3.6 Fecal
Pamet Harbor at Toms Hill	<1.7 Fecal	<1.7 Fecal	5.8 Fecal	-, 11 Fecal	41 Fecal	11 Fecal
Mouth of Pamet Harbo at jetties	 <1.7 Fecal	1.7 Fecal	<1.7 Fecal		>64 Fecal	
Pamet River between Route 6 and Old County Rd.	3.6 Fecal	11 Fecal	>64 Fecal	64 Fecal	14 Feçal	>64 Fecal
Pamet River south of Wilders Dike	<1.7 Fecal	8.2 Fecal	>64 Fecal	>64 Fecal	>64 Fecal	>64 Fecal

commercial clam-digging in the Pamet, a particular boon since most economic enterprises in Truro had shut down. Sea clams were still used as bait and blue mussels were abundant in the marshes, though never preferred as food. 102

## II.B.6.b Present Management

Today, shellfishing in the Pamet is limited to recreational use. Town permits are issued for family consumption only; there are no commercial permits and no private aquacultural grants. As a further conservation measure, beds have been opened only during winter months since the mid-1960s. Although the Pamet had "long been considered one of the best soft-shell clam areas on Cape Cod" throughout this century, 103 in the past 25 years the stock's population has been erratic. From 1960-65 clams were generally plentiful and quahogs adequate. But from 1966 until 1979 stocks dwindled. For many of those years the season never opened due to a scarcity of adult clams.

Table 11. Total Shellfish Harvest, Pamet River, Truro(1978-84)

Category	1978	1979	1980	<u>1981</u> *	1982	1983	1984
Resident Permits Non-Resident Permits Senior Citizen Permits	444 85 58	468 93 98	435 95 83	303 87 128	174 50 NA	181 52 95	204 56 121
TOTAL PERMITS	587	659	613	518	224+	338	381
Species (10-qt. bucket	s)						
Quahogs & Soft-Shells Oysters Blue Mussels Worms (pints)	436 230	894 250	700 104 195	576 144 282 173	643 284 264 169	805 312 106 96	870 320 115 90
Scallops	91		200	270	200		

<sup>\*(</sup>In 1981, permit fees were raised from \$2 to \$15 for residents and from \$5 to \$15 for non- residents.)

SOURCE: "Annual Reports," Town of Truro MA, 1978 to 1984. Report of the Shellfish Warden.

Factors blamed for the shrinking shellfish population included channel dredging in 1966 and 1968; strong currents transporting seed offshore; smothering of shellfish by shifting sands; and, overfishing. Since 1979 all shellfish stocks have experienced a resurgence and 1985 was considered an abundant year, making the recent temporary closure especially frustrating. (Sea clams, a major though recently depleted stock in Truro, are found outside the harbor and will not be discussed here.)

Truro shellfishing is managed by a part-time, salaried (\$3,800 per year) shellfish warden and an unpaid deputy. Truro usually has the smallest local budget for shellfish management in Barnstable County, which is consistent with the town's limited population and minor shellfish acreage. Like other towns, however, Truro is reimbursed approximately 25 per cent of its annual expenditure under the Massachusetts Shellfish Assistance Program (MGL c. 130, s. 20A) begun in 1974. In the last three fiscal years (FY 84-86) Truro received a total of \$3,322 from this source. (This fund, though, is expected to change to a grant program for towns with active shellfish management programs.)

Despite this reimbursement, all Cape towns, including Truro, operate their shellfish programs at a loss. Most towns, however, have decided that the intangible rewards of shellfishing as part of the Cape's natural heritage, and as a tourism stimulant, outweigh the fiscal deficit. (See Table 12.)

Table 12. Fiscal Year 1984 Shellfish Budget, Town of Truro.

## Expenditures

#### Revenue

Resident Permits \$ 965
Non-resident Permits 850
State Reimbursement 910
Total \$2,725

Total Expenditures \$ 4,065
Total Revenues 2,725
(Deficit) \$ 1,340

Management practices in the Pamet to protect and enhance shellfish have been limited. The summer closure is the major conservation tool in addition to catch limits. In 1976 the town funded a \$1,100 study to examine propagation options. <sup>104</sup> This study made several determinations:

- Sufficient food and good environmental conditions exist for shellfish growth;
  - 2) A good natural set of quahogs and oysters occurred;
- 3) Transplanting seed quahogs would be successful, particularly behind Gull Island; soft shell clams and mussels did not transplant well; and,
- 4) Natural predators were not abundant enough to be a problem.

A 1981 research project examined the feasibility of oyster propagation in the Pamet. $^{105}$  This study concluded the following:

a) The Pamet possesses good sediment, salinity, pH, and food needed for oyster propagation;

- b) The main drawback is the large tidal range, which leaves extensive tidal flats exposed to stresses of heat and cold and flushes larvae out of the harbor with strong currents, discouraging setting;
- c) Predators and pollution were not a problem for production; and,
- d) Dredging the harbor would disrupt major shellfish beds.

Oyster production has noticeably increased since 1980 in the Pamet, rising from 104 to 320 buckets (Bucket = 10 quarts). In 1976 the shellfish warden transplanted six bushels of oysters from the Pilgrim Lake outlet pipe in North Truro to the Pamet and in 1977 cultch (empty scallop shells) was spread near the railroad bed to collect spat. One hundred bushels of seed quahogs were bought and transplanted to Pamet Harbor in 1978 and 1979.

Bay scallops rarely enter the Pamet in harvestable sizes and quantities. Razor clams are still found in the harbor, but not in their former abundance.

Respondents to the Pamet River Greenway Project's 1985 opinion survey overwhelmingly support (329 to 44) a more aggressive shellfish propagation program. A continued ban on summer shellfishing is supported by almost a two to one margin (242 to 131). (See Appendix B.)

Numbers of permit holders have successively dwindled since 1960 despite increases in Truro's year-round and summer populations. (See Table 13.)

Table 13. Total Truro Shellfish Permits Issued.

Permit Fees:								
Year	Permits	Res	idents	Non-	resid	ents		
1960	947	Ŝ	1	Ś	2			
1965	757	т.	1	1	2			
1970	800		2		15	Source:	Truro Town	
1975	674		2		15		Annual Reports	
1980	613		2		15		8000 Table 100 T	
1985	371		5		15			

Reasons for the sharp decline are speculative, but might include the following:

- 1) Summer shellfishing ban by 1970 eliminated summer residents from shellfishing;
- 2) Stock depletion between 1965 and 1980 discouraged clamming;
- 3) Increase in permit fees from \$1 to \$5 for residents and from \$2 to \$15 for non-residents (senior citizens--no fee) between 1960 and 1985; and,
- 4) Commercial dragging for sea clams in Cape Cod Bay, which has been allowed by the state from 1981 to the present despite town objections, has curtailed Truro's most important fishery.
- 5) The 1985 figure may reflect shellfishers' reluctance to buy permits during the town closure due to contamination.

  If concern about health risks due to pollution grows, then the numbers of shellfishers may continue to decline in Truro.

#### II.B.6.c Water Quality

Sources of pollution have been discussed in the Water Quality section of this Plan. It should be recognized that the Pamet may not be more contaminated today than in past years; the fact that bacteria counts were relatively high in 1985 may be a

consequence of the present frequency and altered methodology of the state's water sampling program.

Land uses have not significantly changed near the river in the last twenty years. Housing density has not yet reached a critical level near the Pamet. No sickness or health problems associated with Pamet shellfish have been recorded. The Massachusetts Division of Marine Fisheries recorded an incidence of "red tide" in the harbor in September 1972, but it is not a recurring problem. 106 In summary, the recent alarm over bacterial contamination in the Pamet, while not unjustified in the short run, need not lead to a long-term abandonment of the shellfishery. What the limited amount of information suggests is that pollution in the Pamet is a serious potential problem, but not a constant threat to human health.

Of the eight river stations sampled by the Massachusetts Department of Environmental Quality Engineering (DEQE) in the Pamet, only station 8 (near Wilders Dike) could be considered to have poor quality water. High bacteria counts there are not surprising, considering several factors:

- a) Limited tidal flushing relative to other parts of the river;
- b) The backup of water (and pollutants) against the dike during a flood tide due to the clapper valve barrier;
- c) Influx of raod drainage (Route 6, Old County and Pamet Roads) at this location with several outfall pipes discharging catch basin stormwater directly into the river;
  - d) Unknown capacity, design and effectiveness of the

septic system serving the "Pamet Mall" and post office; (This area is filled salt marsh with suspected poor filtration capabilities.) and,

e) Resident pet waterfowl behind the Trifles and Treasures shop.

Other potential sources of pollution in this area include a small farm on South Pamet Road, wildlife in the freshwater Pamet, and failing septic systems in the vicinity.

Fortunately, both water quality and shellfish stocks increase downstream of this area. In 1984 DEQE contemplated a temporary closure under MGL c. 130, s. 74A of shellfishing from Wilders Dike to Snows Landing at Meetinghouse Road, but deferred due to lack of shellfishing in that stretch and to await further testing. Pamet Harbor itself (west of the railroad bed), where most shellfishing occurs, had never recorded high bacteria counts until the November 1985 DEQE test. It seems likely that its proximity to the open Bay and strong tidal currents will continue to keep the harbor itself free of persistent pollution. II.B.6.d Shellfish Management Recommendations:

- 1) Water quality should be considered the top shellfish management priority because, unless the fishery remains open to harvesting, all other shellfish plans become irrelevant. Specific recommendations are contained in the "Water Quality" section of this Plan.
- 2) A shellfish management plan, including stock enhancement, regulatory review and water quality monitoring, should be developed in order to unify town action and to remain eligible for state shellfish assistance funds.

- 3) A Shellfish Advisory Committee should be established to advise the Shellfish Warden, Board of Health and Conservation Commission on relevant matters and to assist in the preparation of a shellfish management plan.
- 4) The present ban on commercial shellfishing and summer shellfishing should remain in effect as a stock conservation measure, but should be evaluated from time to time for its effectiveness.
- 5) The non-resident permit fees should be increased to \$25 per year in keeping shellfish fees in other towns. (The state allows up to a 5:1 ratio between the cost of non-resident and resident fees for shellfishing.)
- 6) In keeping with residents' wishes, the town should continue to upgrade its propagation efforts to maintain the present abundance of all stocks. Specifically, propagation should include the following:

a) Oyster cultch spread in the harbor;

b) Spat collection through the use of staked netting;

c) Purchase of quahog seed when available; and

- d) Examination of the feasibility of transplanting oysters from the Pilgrim Lake pipe again.
- 7) Investigate the need for reduced catch limits for oysters and mussels in order to enhance populations of those stocks.
- 8) Refine the annual town catch report data by asking permit applicants to quantify their catch for the preceeding year.
- 9) Maintain a visible enforcement presence and keep information signs legible and up to date.
- 10) Investigate the feasibility of using the Little Pamet drainage channel for private aquaculture, such as quahog rafts, in order to provide side benefits to natural stock recruitment.

11) Ensure that any harbor dredging is conducted with the best available measures to protect nearby shellfish from burial, siltation and other disruption. Require that dredging proposals include pre-dredging assessment of shellfish impacts and post-dredging monitoring of changes.

# II.B.7 SCENIC VALUES

# II.B.7.a Recognition

Pamet River is a Scenic River, acknowledged as one of the most beautiful in the state. This status has been recognized through the actions of various groups:

# Regional Importance

 $\bullet$  A 1963 regional study of Cape Cod declared, "The Route 6 bridge (sic) over the Pamet offers one of the most beautiful views on the Cape."  $^{108}$ 

# State Importance

- In 1978 the Massachusetts Department of Environmental Management (DEM) classified the Pamet as a Scenic River under MGL c.21, s.17b.
- In 1981 DEM listed the Pamet area, including Little Pamet, as a "Noteworthy Landscape," part of only 5% of the state's acreage so classified. In addition, the Great Beach on the Backside of Truro was part of only 4% of the state listed as a "Distinctive Landscape," the highest visual category. (See Map 17.)

# National Importance

- Nationally-known artist Edward Hopper, among others, painted many scenes around the Pamet during his summer residence in South Truro from 1935-65. (See Figure 6.)
- In 1961 the Cape Cod National Seashore incorporated the eastern half of the Pamet River within its jurisdiction.

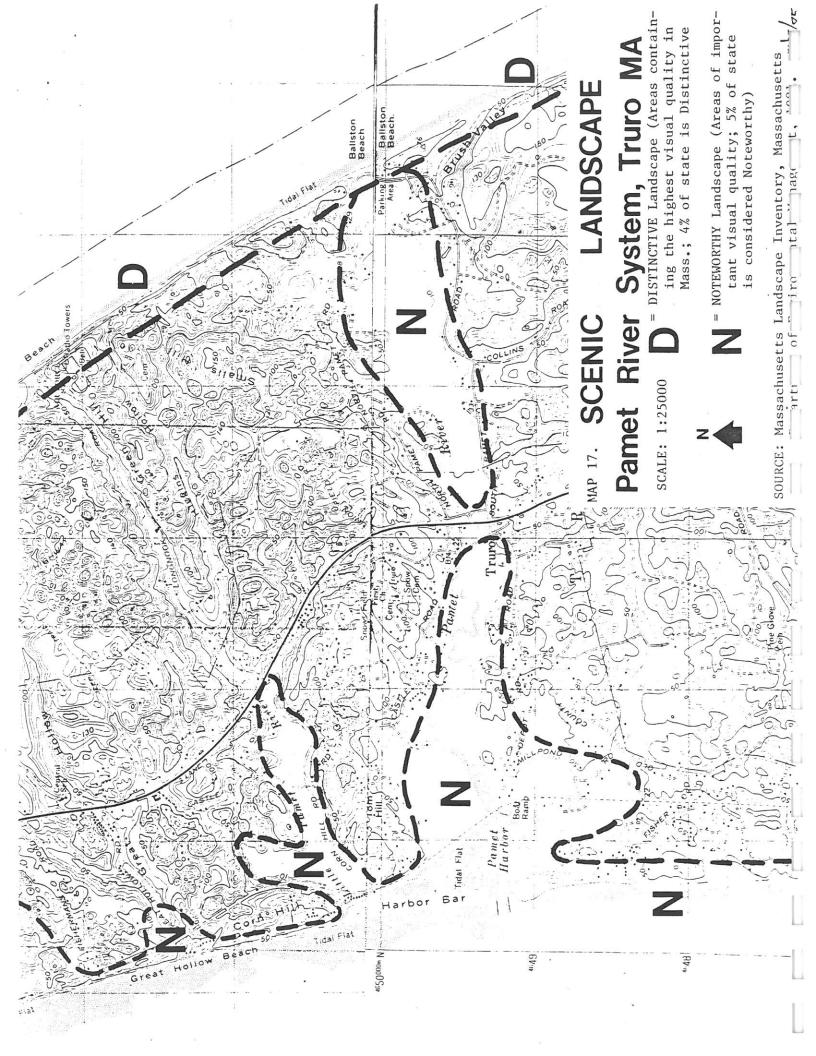
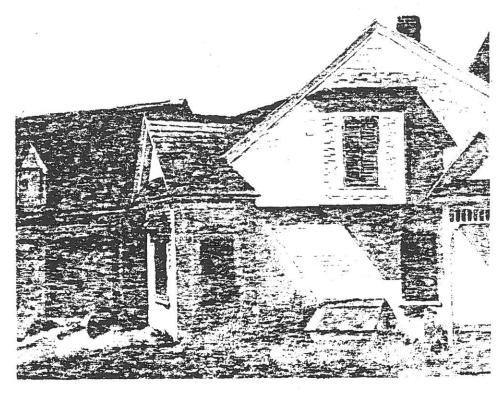


Figure 6. Painting, Edward Hopper, "House on Pamet River," 1934. (Courtesy Truro Historical Society)



# Local Importance

The most important—and passionate—acknowledgement of the Pamet's beauty comes from Truro residents themselves. Their attitudes were reflected in a 1985 survey conducted by the Pamet River Greenway Committee. (See Appendix B.) Asked which activities they engaged in around the Pamet, the top four responses could be called "visual recreation": 1)driving by to see the harbor, 2) walking, 3) sunset viewing and 4) birdwatching. "Loss of scenic beauty" was also ranked fourth out the ten greatest threats to the river.

Most significantly, however, the final question in the survey was an open-ended one asking respondents to describe what they enjoyed most about the Pamet. Although answers ranged from historical importance to boating to economic potential, the

overwhelming response cited the natural, scenic beauty of the area (258 of 608 responses). A sampling of those comments follows:

Question 22. "What do you like most about the Pamet? Why is it important to you? (See Appendix B.)

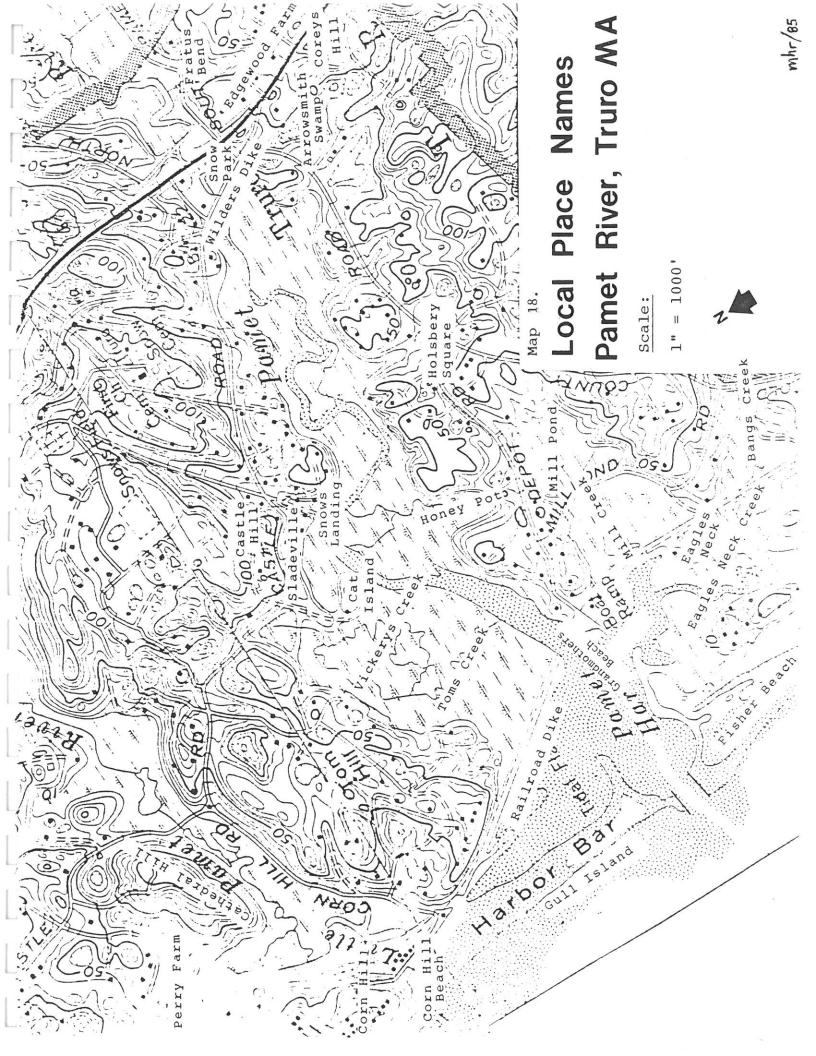
## Answers:

The beauty of the valley and marshes. Its old-time, traditional look. It is ever-changing, yet always itself. It's the most beautiful, restful and satisfying landscape I know. Just sitting at the harbor, talking to friends and looking at the boats and sunset. Just looking at the peaceful valley and rivers. The quiet beauty of it, a scenic treasure. Beauty, quiet, seclusion. It represents Truro's peaceful, scenic appeal. The sunsets! The <u>last</u> stronghold of natural beauty on Cape Cod. It offers a sense of serenity when needed. Its beauty and wildness and endless variety. The most appealing part of Truro. The beauty of an exquisite, realtively unspoiled river as it meets the sea.

What these and many similar comments evoke is the true character of the Pamet's beauty. It is not a riverscape full of raging torrents, rugged cliffs, booming waterfalls and dramatic overlooks. Rather, the Pamet's beauty is based on a shared intimacy. The Pamet is a small gem of many facets, a secret treasure of the townspeople. This intimacy is reflected in the wealth of place names that residents have applied to every little creek, marsh and bend in the road. Examples are shown in Map 18.

# II.B.7.b Scenic Components

Analyzing components of beauty, like dissecting a poem, often destroys the whole while looking for the parts. But what makes the Pamet scenic? A ventured guess might include the



unique blend of topography, landscape, architecture and village design of the area. Steep, rounded hills descending directly into the broad, flat salt marsh attracts the eye by its distinctive juxtaposition. Bearberry and other low, dense groundcovers help reveal the shape of most of the glacially-moulded hills, though pitch pines disguise the contours of others. Edward Hopper particularly liked to paint the contrast of blonde-colored field grass growing beneath a dark-shaded stand of pines. Variety is also added to the scene by the changing seasons and the great tide. The perigean tides of autumn flood the marsh to make an open-water bay, while the drastic ebbs leave one wondering if the sea will ever return.

The built environment—the human landscape—has generally enhanced the scenic qualities of the Pamet, at least until recently. With the exception of a few large subdivisions, including Great Hills at Fisher Beach and Corn Hill, most residences within view of the river are older ones that consist of traditional Cape styles. In his travels around Truro in the mid—1800s, Thoreau found:

Generally, the old-fashioned and unpainted houses on the Cape looked more comfortable as well as picturesque than the modern and more pretentious ones, which were less in harmony with the scenery, and seemed less firmly planted.

Although Thoreau's "modern" homes are our antique ones, his comments still hold today.

Living in a narrow, confined land, Cape Codders have always been concerned with proper scale. Their houses blessed the landscape, did not seek to dominate it. Even those houses built

Quarters Cape Cod House, Truro. (Courtesy of Cape Cod National Typical Three-Figure 7.

on top of hills were small and simple and acted as keystones, balancing and drawing the lines of the hill together, rather than squashing the hill form with homes of ponderous bulk or intricate design.

Again, until recently, the organization of the village around the Pamet functioned as an unplanned "cluster development". Homes were constructed in pockets or along major roads like Depot, Castle and Pamet Roads with wide expanses of farmland between these settlements. Many homes were oriented so that they faced the river, indicating the importance of the river for transportation access; new homes turn their backs on the river to face the roads. (Most houses are designed to be more aesthetically pleasing from the front than the rear.) Recent construction is filling up the open areas with grid subdivisions. Also, housing sprawl becomes visually intrusive on the sparsely wooded hills or heaths in the area.

Without judging the relative aesthetics of traditional versus contemporary house designs, one fact is clear: regardless of density, the Pamet's integrity as an historic Cape Cod fishing village may be visually threatened by modern designs and accessory uses, such as satellite dishes, swimming pools and concrete retaining walls.

If, as is suspected, the old "quaint" homes of the Pamet enhance, rather than detract from the area's natural scenery, and if the historical integrity of Pamet River is important to the townspeople of Truro, then steps must be taken to ensure that that integrity is maintained. Some simple guidelines,

that that integrity is maintained. Some simple guidelines, palatable to the community and easily enforced, should be developed to ensure that the Pamet's seaside charm is preserved for future residents.

# II.B.7.c Scenic Values Recommendations:

- 1) The Truro Historical Commission should investigate the feasibility of several limited local Historic Districts in the Pamet area following completion of the historic house inventory currently underway. These properties could also be nominated for listing on the National Register of Historic Places.
- 2) The Planning Board should examine the need for increased construction setbacks of 75 feet from roads and 50 feet from sidelines within the Pamet area to reduce intrusion on existing scenic values. Town meeting approval will be needed for any setback changes.
- 3) The Pamet River Review Board should examine activities within its purview to ensure that existing scenic qualities of the Pamet River Protection District are retained as much as possible.

#### II.B.8 RECREATION

The recreational value of Pamet River is based on water, scenery and natural resources. There is volume and variety to each. And, as stated in the "History" section of this plan, the significance of the Pamet to Truro's economy at present is rooted in its use for recreation.

# II.B.8.a Recreation Uses

As the Pamet River Opinion Poll (Appendix B) makes clear, many people engage in many different activities in the Pamet. The top three uses are passive, non-consumptive activities: "driving by to see the harbor," "walking," and "sunset viewing". These types of use rely on maintaining the Pamet's scenic beauty for full enjoyment. Among poll respondents who felt that additional public access was needed in the Pamet, pedestrian access figured prominently. Most people mentioned trails, boardwalks, paths and overlooks as desired facilities.

A 1969 plan proposed using the railroad right-of-way as "a walkway through the marshes to a fisherman's landing." The Greenway Committee endorses this proposal on the town-owned railroad dike stretching from the Corn Hill parking lot south to the river, ending at the previous trestle location. A panoramic view of the harbor and marsh is offered by this walk, plenty of parking is available at Corn Hill and needed improvements consist only of minor brushcutting and filling small, eroded holes in the dike to make it passable. This dike is not particularly important as a tidal barrier as are other dikes in

the system.lll Maintaining it for recreational use is not inconsistent with the general Greenway objective of removing major tidal obstructions. A sign at the Corn Hill trail could inform walkers that this dike is public property and encourage its use. (In December 1986 the Truro Boy Scout Troop, with town permission, erected a simple sign indicating a walk was available.)

Birdwatching is another popular passive activity in the Pamet area. The variety of habitats make it attractive to many species, including shorebirds, ducks, raptors and songbirds. In April 1986 the Truro Conservation Trust cooperated with the Massachusetts Division of Fisheries and Wildlife Osprey Recovery Project to erect a 20-foot high pole in the Honey Pot salt marsh (see Map 18 for Honey Pot location) to promote nesting by migrating ospreys. Nesting did not occur the first season, but eventual success is likely, given the availablity of food supply for this dramatic "fish hawk."

People who fish enjoy the Pamet too. Most fishing is done from shore, not boats. Surfcasting for bluefish from Gull Island, Fisher Beach and Ballston Beach is most popular. Summer flounder and an occasional striped bass are also reeled in. Some fishing for bluegills and brown trout occurs upstream. Shellfishing is conducted primarily in the harbor on the flats north of the ramp.

Berrypicking occurs in season. Lowbush blueberry is common on the hills and the Snows' aborted Highbush blueberry orchard in the Bangs Creek Swamp still produces. Bayberries are sometimes collected for scenting candles and soap. The location

of Beach plums is coveted knowledge.

Another consumptive activity—hunting—is chiefly carried out during the autumn/winter duck season. Most shooting is done from the barrier beaches towards the bay, though duck blinds can be found scattered from Corn Hill to Wilders Dike. Deer and rabbit are also pursued. A deer stand on an utility pole in the middle of the freshwater Pamet indicates some hunting occurs right in the swamp upriver. The Highland Fish and Game Club represents local sportsmen.

Transportation-related active recreation, that is, fun through motion, consists of swimming, boating, canoeing, off-road driving and even hangliding. The bluffs overlooking the Bay have strong updrafts from the prevailing westerly winds. In 1929 Ralph Barnaby was the first American to receive an international soaring certificate for a flight off Corn Hill lasting fifteen minutes. 112

Three beaches of vastly different size and character are used for public swimming. Parking stickers are needed at all town beaches: \$5 for an annual resident sticker, and \$35 for an annual non-resident sticker. Ballston Beach is a town-managed beach within the Cape Cod National Seashore. Parking is limited and handicapped access is a difficult long climb over loose sand to the beach. But the beach itself can never be considered crowded if one is willing and able to walk. The water is the coldest of the three beaches, but the surf is gentle when the wind is offshore, as is frequent throughout the summer.

Corn Hill Beach has adequate parking and lots of beach

space to the south to prevent crowding. The water is warmed as it flows over the sun-baked flats and most swimming is done at high tide. A \$1 daily parking fee is available to non-residents.

Grandmother's Beach, next to the boat ramp, is so-called because its calm, warm water is preferred for small children and easy access is enjoyed by the elderly. Although it is on townowned land (old dredge spoils), it is not a bathing beach authorized by town officials. The Truro Neighborhood Association, a civic group, maintains the bouyed line bounding the swim area, which is without water at low tide. The rope was installed because the beach's proximity to the boat ramp and channel caused safety concerns. The great popularity of this beach has made town oficials reluctant to close it. 113

Water quality at all beaches is good for swimming, but one health problem exists. Schistosomiasis, or "swimmer's itch", is reported to be troublesome for some bathers. 114 The itch occurs when blood fluke larvae associated with waterfowl droppings attempt to enter human skin. Although the skin is too tough to be penetrated by the larvae, the skin can become irritated and inflamed for several days. The condition is most prevalent at low tide and can affect both swimmers and shellfishermen in contact with the water. Better tidal exchange in the river might reduce the phenomenon.

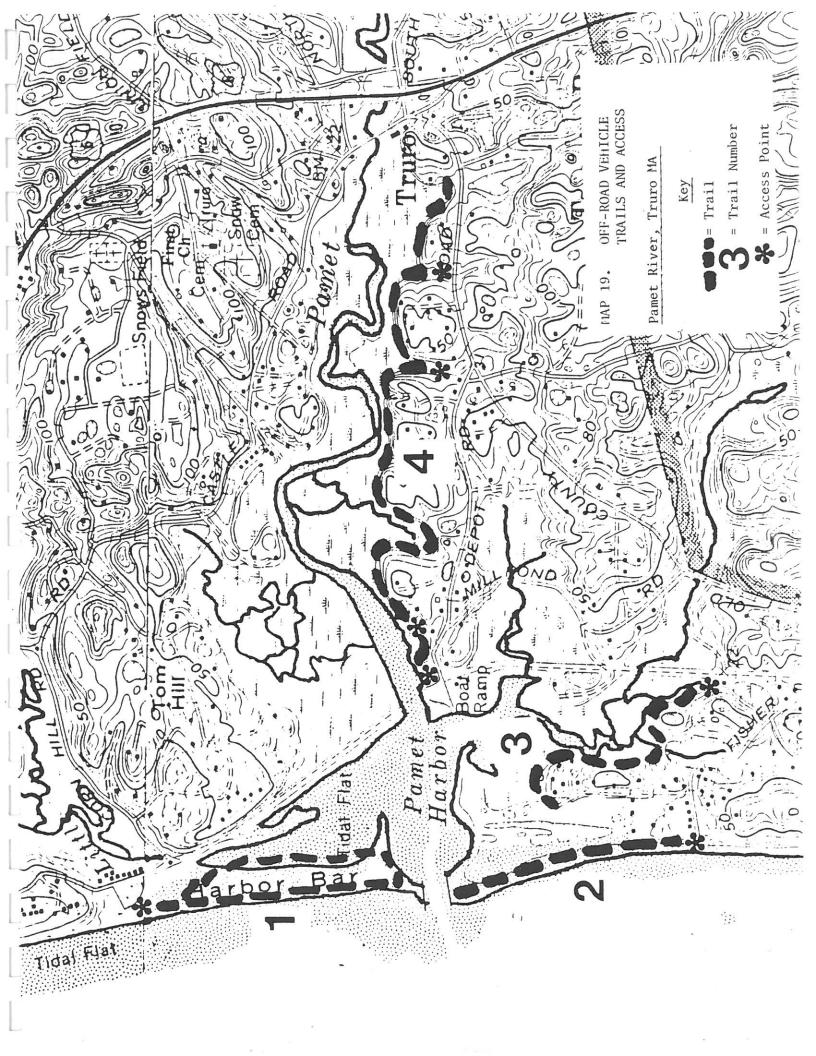
Boating--sail and power--is discussed in the "Pamet Harbor" section of this plan. Canoeing, however, is another popular form of navigation. The two Canoe Days sponsored by the Greenway Committee in 1985 were well-attended events. With a brief portage from Wilders Dike across Route 6, the entire

length of the Pamet River can be canoed. Clearing the stream of Sweet gale near Head O'Pamet would make paddling easier and canoeing is best at mid to high tide at the mouth.

Special mention should be made of the use of off-road vehicles (ORVs) in the Pamet area. Although an operating permit is required from the Police Department, few other local control measures exist for ORV use in the town. (In 1985, however, the National Park Service prohibited the use of ORVs from November to April along most of the National Seashore, including Ballston Beach.)

Four separate ORV trails exist near the lower Pamet. (See Map 19.) Trails #1 and #2 are used throughout the year for surfishing access along the barrier beaches, although the trails are each only one-half mile long. The Truro Conservation Commission has erected a barrier to prevent ORV use in the dunes at the end of Great Hills Road. The Massachusetts Audubon Society has documented disturbance of tern nesting areas on Gull Island by ORVs during the summer. 115

ORV Trails #3 and #4 run along the edge of the salt marsh. They are ostensibly used for shellfishing access, although this access seems founded on convenience more than necessity. Joyriding is also known to occur on these trails. The Greenway Committee has documented destruction of salt marsh vegetation and erosion due to use of ORVs in these areas. The vehicles are also trespassing private property to use these trails and gain access to them.



## II.B.8.b RECREATION RECOMMENDATIONS:

- 1) The old railroad dike from the Corn Hill parking lot south to the harbor, now owned by the town, should be developed with limited improvements for use as a nature observation path to encourage walkers. (In 1986 the Truro Boy Scout Troop began work on this project with approval from the Conservation Commission and the Selectmen.)
- 2) The Conservation Commission and the Massachusetts Audubon Society should be encouraged to protect term nesting areas on the foreshores of the barrier beaches at the mouth of the Pamet (Gull Island and Fisher Beach).
- 3) Until the town can provide better beach patrol, off-road vehicles (ORVs) should not be permitted north of Fisher Beach and south of Corn Hill between Memorial Day and Labor Day. ORVs should be completely prohibited from operating along the marsh edges throughout the Pamet except for use by emergency vehicles.
- 4) The National Park Service should be encouraged to revitalize the Pamet Cranberry Bog educational exhibit on North Pamet Road. The Cape Cod Cranberry Growers Association should be asked to help in this regard.
- 5) The Selectmen and Town Counsel should investigate the legal responsibilities concerning the continued use of the Depot Road Beach (Grandmothers Beach) due to its close proximity to the boat anchorage.
- 6) A boardwalk should be installed from the parking lot to Corn Hill Beach for improved access by the disabled.

#### CONCLUSION

The Pamet River Greenway Plan has tried to describe the many facets, both natural and human, of the river's resources. The need for integrated management for all of these resources Many of the river's problems stem from a should be clear. history of fragmentation--physical, political and perceptual. Dikes caused physical fragmentation, chopping off segments of the river. Politically, the Cape Cod National Seashore divided the Pamet in half. Perceptually, people have only begun to think of the river as a complete system in which actions in one part affect all other parts. This plan has tried to show the connections between shellfish, septic systems, siltation and scenery. If some of the chapters seem to overlap, good.

Integrated management of the river will be needed to ensure that the goals and objectives of the Greenway Plan are met. The manner in which remaining undeveloped land around the Pamet is developed will determine the fate of the Pamet as a Scenic River. A Pamet River Review Board could bring focus to the land use and water quality issues of the area. Better enforcement of existing local regulatory tools and adoption of some new ones is recommended. The cooperation of state, county and federal agencies with interests in the Pamet should continue.

At present, the problems of the Pamet are not severe. Although shellfish closures have occurred recently, water quality is generally good. The Valley's serenity is relatively

intact. Public access for recreation is sufficient. But a development boom around the Pamet can be expected with serious repercussions for all of these values.

In the 1980s President Reagan has made famous the axiom, "If it ain't broke, don't fix it." Some people in Truro would echo that about the Pamet, "If it ain't ruined, why protect it?" The answer, borne out in many fields of human endeavor, is that protection is always easier than restoration. What is an ounce of prevention worth?

The Pamet River Greenway Plan is at an end, but it is not done. It never will be, so long as people care about the river.

#### ENDNOTES

# CHAPTER I.B - IMPORTANCE OF THE RIVER

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- 13. Simeon L. Deyo, "History of Barnstable County, Mass.," New York City, 1890, p. 928.
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- 15. Anthony Marshall, "Truro, Cape Cod, As I Knew It," New York, 1974, p. 168.
- 16. William Cronan, "Changes in the Land," Globe Pequot Press, 1984, p. 46.
- 17. Op. cit. Note 9.
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- 19. Mr. Dan Sanders, "Letter to Mark Robinson," 5 February 1985, Truro Conservation Trust files.
- 20. Henry C. Kittredge, "Cape Cod: Its People and Their History," Boston, 1968, p. 6.
- 21. Op. cit. Note 19.
- 22. Op. cit. Note 15, p. 184.
- 23. Op. cit. Note 13, p. 927.
- 24. Accounts differ on the construction date of the tidal mill. Although Deyo places it "in the latter part of the eighteenth century," (Op. cit. Note 13, p. 928), an 1847 petiton to the state legislature, asking for continued authorizzation of the mill, refers to the mill dam being built "something over one hundred years ago," (Thomas Kane, "My Pamet," in "The Cape Codder," newspaper, March 21, 1974, p. 22.)
- 25. "Two-way tide mills lost to past," Cape Cod Times newspaper, July 21, 1978.
- "The Cape Codder" newspaper, March 21, 1974, p. 22:

  "To the Honorable Senate and House of Representatives in General Court Assembled: We, the undersigned inhabitants of the Town of Truro...repectfully represent to your honorable body that we are at present owners of a certain grist mill situated in Truro, the dam of which has been built (as nearly as can be ascertained) something over one hundred years ago, over a smalll cove of salt meadow by the means of about twelve acres which is usually dry about half-tide in common tides. Whether there was a creek into said cove is unknown. We therefore pray your honorable Body to pass a law making it a legal dam or causeway in the manner it has heretofore been. We further represent that there is not other grist mill propelled by water within twenty miles of the one named by us, nor any suitable place for one. If this mill cannot be legalized it must be abandoned to the lossof its owners and

- great inconvenience of the inhabitants of the town...Dated at Truro January 22, 1847 Allen Hinckley and others."
- 27. See Map 5. See, also, F. Freeman, "The History of Cape Cod: Annals of the Thirteen Towns of Barnstable County," Boston, 1858, p. 75, footnote 2 (mention of a "lower bridge").
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- 29. Op. cit. Note 27 (Freeman), p. 538.
- 30. Op. cit. Note 3, Figure 2.
- 31. Mellen C.M. Hatch, "The Log of Provincetown and Truro on Cape Cod," Boston, 1939, p. 63.
- 32. Op. cit. Note 30.
- 33. Op. cit. Note 31, p. 44.
- 34. Op. cit. Note 5, p. 461.
- 35. Idem.
- 36. Op. cit. Note 13, p. 145.
- 37. Op. cit. Note 15, p. 30.
- 38. Op. cit. Note 5, p. 441.
- 39. Op. cit. Note 3, p. 16.
- 40. <u>Ibid.</u>, p. 15.
- 41. <u>Ibid.</u>, p. 16.
- 42. <u>Idem.</u>
- 43. Op. cit. Note 15, chapter 18.
- 44. Op. cit. Note 5, p. 327.
- 45. Op. cit. Note 13, p. 928.

#### CHAPTER I.E - FLORA AND FAUNA

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- 47. Peter Trull, Massachusetts Audubon Society, "Letter to Mark Robinson," 6 February 1985.
- 48. <u>Idem.</u> Data for 1984 is from Brad Blodget, Massachusetts Division of Fisherieis and Wildlife. Data for 1985 is from Robert Prescott, Massachusetts Audubon Society.

- 49. Personal communication, Joseph Bergin, Massachusetts Division of Fisheries and Wildlife, 2 January 1985.
- 50. Idem.
- 51. Richard LeBlond, Center for Coastal Studies, "Letter to Charles Davidson, Truro Conservation Commission," 20 April 1985.
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- 53. Op. cit. Note 3.
- CHAPTER II.A RIVER MANAGEMENT HISTORICAL PERSPECTIVE
- II.A.1 Previous Management Efforts
- 54. Op. cit. Note 3, p. 14.
- 55. Blair Associates, Inc., "Cape Cod 1980: A Sector of the Massachusetts State Plan," Providence RI, 1963, p. 79.
- 56. <u>Ibid.</u>, p. 79.
- 57. Community Planning Services, "Truro (MA) Comprehensive Plan 1969," Boston MA.
- 58. Massachusetts Coastal Zone Management Office, "Massachusetts Coastal Zone Management Plan, Atlas of Resources," 1978, Boston MA
- II.A.3 The Scenic Rivers Program
- 59. Massachusetts Department of Environmental Management, "Description of the Scenic Rivers Program," 1984, Boston MA.
- 60. "The Cape Codder," (Orleans MA), newspaper, 1 December 1978, p. 6.
- CHAPTER II.B RIVER MANAGEMENT INVENTORY & RECOMMENDATIONS

## II.B.1 - Land Ownership

- 61. Truro Conservation Trust files, County Road, North Truro MA. In the event of the dissolution of the Trust, all properties would be transferred to a similar conservation organization, such as the Massachusetts Audubon Society.
- 62. Pamet Harbor Committee, Town of Truro, Minutes, 1978.
- 63. Personal communication, Oscar Doane, Superintendent, Cape Cod Mosquito Control Project, Hyannis MA, March 1985.
- 64. William Worthington, "Remarks about the Mill Pond," Truro Conservation Trust files, March 1986.

# II.B.2 - Land Use

- 65. U.S. Bureau of the Census, "Census of Population and Housing 1980, Barnstable County, Town of Truro," Washington DC.
- 66. Truro Conservation Trust, "An Analysis of the Fiscal Impact of Subdivision Development of the Cronin Property, North Truro MA," 1985, Truro MA.
- 67. Pamet River Greenway Committee analysis. See also Appendix G.

CHAPTER II.B.3 - WATER QUALITY RECOMMENDATIONS

## II.B.3.a - <u>Introduction</u>

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- 69. Cape Cod Planning and Economic Development Commission, "Draft 208 Areawide Water Quality Management Plan," 1978, Barnstable MA, Chapter 7, p. 41.
- 70. Pamet River Greenway Committee analysis of Truro Board of Health Septage Coupon Log, May 1979 to January 1985.
- 71. Personal communication, John Mendes, Massachusetts Department of Environmental Quality Engineering, March 1985.
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- 80. Op. cit. Note 76.

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- 87. Op. cit. Note 12.
- 88. Pamet River Greenway Committee, "Pamet River Opinion Survey," 1985. See Appendix B, Question 17.
- 89. The National Park Service has contributed funds for studies conducted by the Center for Coastal Studies (Provincetown MA), Marine Research Inc. (Falmouth MA), and the Woods Hole Oceanographic Institution/Rutgers University on the physical, biological and chemical changes occuring in Pamet River due to tidal obstructions.
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#### APPENDICES

## APPENDIX A

"Celebrate the Pamet": Schedule of Public Events, 1985

## APPENDIX B

Pamet River Greenway Opinion Poll, 1985

## APPENDIX C

Newsclippings

# APPENDIX D

"Opening Pamet: Possible Changes due to Re-Introduction of Tidal Flow to Pamet River System," February 1985

# APPENDIX E

Excerpts from Anthony Marshall, <u>Truro, Cape Cod, As I Knew It,</u> 1974

## APPENDIX F

Property Map of Pamet River Study Area

# Pamet River Greenway Committee Truro Conservation Trust





# SCHEDULE OF EVENTS

The Pamet River Greenway Committee of the Truro Conservation Trust is sponsoring a series of special events celebrating the importance of the Pamet River to the history and future of Truro. This program is intended to highlight the need to protect the Pamet's water quality, scenic beauty and recreational opportunities. All events are open to the public and free of charge unless stated. Please contact the Truro Conservation Trust for further information (487-0167).

July 15 Monday 9:30 am Fishnet Bldg. N. Truro

CHANGES TO THE PAMET RIVER SYSTEM - 1620 to 1980
Mr. Mark Mello, Biologist with the Provincetown
Center for Coastal Studies, will present the
Center's findings on the geological and physical
changes to the Pamet River since colonization.
This presentation will be offered during the
regular meeting of the Greenway Committee.

July 20
Saturday
11 am
Pamet Harbor
(Rain dateJuly 21)

PAMET RIVER CANOE DAY - I

Join naturalist guides and other canoeists for an exploration of the tidal stretch of the Pamet River. A trip upriver in the morning and downstream in the afternoon will be timed to benefit from favorable tidal currents. Meet at the harbor parking lot (end of Depot Rd.) at 11 am for trip to Wilders Dike (Post Office) or 2:30 pm for the return trip or enjoy both. Lunch will be held on the town park across from the Post Office. Bring your own canoe or call the Trust to reserve a canoe (487-0167).

July 24 Wednesday 10 am Corn Hill Parking lot

#### PAMET HARBOR WALK

Dr. Charles S. Davidson, Chairman of the Truro Conservation Commission, will lead a walk from Corn Hill Beach to the mouth of Pamet Harbor. This dynamic area includes salt marsh, dunes, beach, the railroad dike and the ancient Pamet inlet. Shoaling and erosion problems will be addressed. (A town beach sticker or \$ 1.00 parking fee is required to park at Corn Hill Beach.)

July 25
Thursday
8:30 pm
Race Point
Visitor Center
Provincetown

PAMET RIVER HISTORY AND GREENWAY PROJECT
Mark H. Robinson, Executive Director of the
Truro Conservation Trust, will provide a slide
presentation discussing the importance of the
Pamet River to Truro and current attempts to
protect the river. This Evening Program is
co-sponsored by the Cape Cod National Seashore.

July 29 Monday 9:30 am Fishnet Bldg. N. Truro PRESENTATION OF GREENWAY OPINION SURVEY RESULTS
In May 1985 the Pamet River Greenway Committee
solicited opinions from Truro residents and
summer visitors on use of the river as a
recreational resource, perceived threats to
the river and the need to protect the river's
resources. At this regular meeting of the
Greenway Committee, the results of the poll
and their implications will be discussed.

August 12 Monday 9:30 am Fishnet Bldg. N. Truro

PUBLIC FORUM ON THE FUTURE OF PAMET RIVER
An open forum will be held during the regular
meeting of the Pamet River Greenway Committee
for members of the public to voice their
concerns about the river. Among topics to be
discussed: Should the harbor be dredged?
Should culverts be opened to tidal flow?
Are controls on development sufficient to
prevent pollution of the river?

August 17
Saturday
11 am
Pamet Harbor
(Rain dateAugust 18)

PAMET RIVER CANOE DAY - II

Same schedule as July 20 Canoe Day. Please call Truro Conservation Trust (487-0167) to reserve a canoe or bring your own.

August 20 Tuesday 8 am Corn Hill Parking lot PAMET RIVER BIRD WALK

Robert Prescott, Director of the Wellfleet Bay Wildlife Sanctuary, will lead a bird walk on Gull Island (south of Corn Hill) enjoying shorebirds and their habitat. The tern nesting areas of Gull Island will also be discussed. (A town beach sticker or \$ 1.00 parking fee is required to park at Corn Hill Beach.) This activity is co-sponsored by the Massachusetts Audubon Society.

August 21 Wednesday 7:30 pm Congregational Church, Truro

PAMET RIVER GREENWAY PROJECT

Mark H. Robinson, Executive Director of the Truro Conservation Trust, will provide a slide presentation of the Pamet River and discuss the Greenway Plan to protect the river.

August 22 Thursday 4 pm Pamet Harbor Yacht Club TRURO CONSERVATION TRUST ANNUAL MEETING

The Honorable Paul V. Doane, State Senator for
Cape Cod and the Islands, will be the featured
speaker at the Summer Meeting of the Trust's
membership. Senator Doane will discuss the
Barnstable County Land Bank Bill, which he is
sponsoring in the General Court.

August 23
Friday
4:30-7:30 pm
Highland House
N. Truro

OPENING OF PAMET RIVER ART SHOW

Free wine and cheese reception opening an Art Show celebrating Pamet River, featuring works by local artists. Recent paintings by artists from the Castle Hill Center for the Arts and children from the Truro Summer Recreation Program will be exhibited alongside historical paintings and photographs from private collections. This exhibit is cosponsored by the Truro Historical Society.

August 25 -30 10 am - 5 pm Highland House N. Truro

August 25 -30 PAMET RIVER ART SHOW

The Art Show will continue all week during the regular operating hours of the Truro Historical Society's Highland House Museum. (Admission fee for the Museum and Art Show is \$ 1.00.)

### PAMET RIVER GREENWAY PROJECT

In 1978 the Commonwealth of Massachusetts classified forty rivers in the state as Scenic Rivers. These rivers are considered important due to their history, scenic beauty, recreational opportunities and water quality. Pamet River and Mashpee River were the only rivers selected as Scenic Rivers on Cape Cod.

In 1984 the Truro Conservation Trust was awarded a \$ 10,000 grant from the Massachusetts Department of Environmental Management to produce a comprehensive management plan for Pamet River. This Greenway Plan is designed to protect the unique features and quality of the Pamet (including Little Pamet, Eagles Neck Creek and Pamet Harbor) and promote proper recreational use of the river. The Truro Conservation Trust has formed a Greenway Committee, composed of town officials, Trust members and concerned residents, to formulate the plan. The Greenway Plan will retain town control over management of the river.

The Truro Conservation Trust is cooperating with other groups to develop the Greenway Project. The Cape Cod National Seashore is conducting studies to determine the effects of eutrophication and salt water intrusion in the upper Pamet (east of Route 6). The Provincetown Center for Coastal Studies has completed a report commissioned by the Trust, presenting an overview of the physical changes to the Pamet River Valley since colonization in the 1600's. Water quality studies are being performed by the county and state. An opinion survey has been mailed to every Truro taxpayer soliciting their concerns about the river and almost 600 responses have been received. The Pamet River Greenway Committee will incorporate the findings of these studies in developing a management plan for the river. Town approval of the plan will be necessary to implement Greenway recommendations.

The Greenway Committee meets Monday mornings (9:30 am) twice a month at the Fishnet Building in North Truro Center. Please join us. Call the Truro Conservation Trust (487-0167) for more information.

## APPENDIX B

## PAMET RIVER GREENWAY OPINION POLL

In May 1985 the Pamet River Greenway Committee conducted a survey of taxpayer attitudes concerning uses and problems of the river system. A three-page, 22-question survey (see accompanying) was distributed by mail to all taxpayers, approximately in the Town of Truro, including both year-round citizens and summer residents. A self-addressed, stamped envelope was provided by the Truro Conservation Trust to encourage response. Almost 700 questionnaires were returned (some straggling in until December), but only the first 523 responses were tabulated due to availability of computer access only in June and July.

The purpose of the survey was two-fold. First, the survey served to assess townspeople's use of the river for recreation and their perception of problems confronting the environmental health of the Pamet and possible solutions. Second, it was hoped that a general mailing would educate taxpayers about the work of the Greenway Committee in developing a management plan for the river. The high rate of response provided a statistically-significant sampling of opinions; it was also gratifying in that it probably reflects the high regard and involved concern Trurons hold for the Pamet.

Recording responses on a computer allowed interpretation of results beyond the total tallies due to cross-tabulation. Some additional insights follow:

- The survey elicited a disproportionate response from Truro registered voters (179) versus people not registered to vote in Truro (324). Truro voters may be presumed to be year-round residents. (Although the summer population outnumbers the year-round population by about 8:1 in Truro, this survey reflects a ratio of at most 2:1.) In addition, 163 of the 523 (31%) respondents are Truro voters who always or occasionally attend town meeting. This characteristic of the sampling pool makes the survey more significant because Truro town meeting will have to approve many aspects of the river management plan.
- Although most respondents favor the re-introduction of tidal flow to freshwater segments of the Pamet, 21% (24 of 111) of the respondents who live in Pamet Valley oppose this idea compared with objections from only 13% (33 of 248) of respondents who own property elsewhere in Truro.
- Shellfishermen and non-shellfishermen think alike about <a href="mailto:shellfish:shees">shellfish:shees</a>, favoring propagation, stricter enforcement and continuation of the summer closure. Shellfishermen, however, feel more strongly about increased propagation, while favoring stricter enforcement by a lesser margin than non-shellfishermen.
- While all respondents favor <u>harbor dredging</u> by a small margin (245 to 180, or a ratio of 1.4:1), registered town meeting voters who responded are more inclined as a group to support dredging (100 to 38, or a ratio of 2.6:1).

- Questions #15 and #16 of the survey concern threats and solutions to the environmental quality of the river. Town meeting respondents registered very similar attitudes as all respondents; for example, ranking septic system issues as the priority concern. Town meeting members differed from the general group only in listing harbor shoaling as the second priority instead of residential development as the general group had.
- Qualitative answers were tabulated and categorized by hand. Results are shown on the survey tally sheets. By far, scenic beauty was listed as the endearing quality of the Pamet to most respondents.

The Truro Conservation Trust, in cooperation with the Town of Truro and the Cape Cod National Seashore, and supported in part by a Greenway Grant from the Commonwealth of Massachusetts, has undertaken a comprehensive study of the Pamet River valley. A scientific study by the Provincetown Center for Coastal Studies will be coordinated with a study by the National Seashore. Educational and recreational activities underscoring the importance of the river valley to the community are now being planned. Of utmost importance to the success of this venture are the opinions, wishes, and information gathered from the citizens of Truro. The end result will be a report reflecting local participatory action rather than official government intervention. This questionnaire is a vital first step in gathering data, and it is being distributed to all Truro citizens. Please take a few minutes to fill it out so that your opinions can be recorded and taken into consideration.

TOTAL RESPONSES TABULATED - 523 Truro Taxpayers, June 1985

- l. How often do you or your family members visit or use the area known as the Pamet River valley (includes the Pamet River, the Little Pamet, and Bangs Creek)? Daily weekly 96 occasionally 250 never 59
- 2. In general, what activities do you engage in while visiting the Pamet River valley? Walking 293 birdwatching 175 berrypicking 131 boating 150 shellfishing 170 fishing 143 driving by to see the harbor 301 sunset viewing 236 swimming 157 canoeing 88 beachcombing 129 other 47
- 3. Do you own a boat? Yes 253 no 263 If yes, what type? Sail 114 motor 116 paddle 60 other 15
- 4. At present, Pamet Harbor is navigable only at times of mid to high tide. Do you favor dredging to increase navigability? Yes245 no 180 no opinion 86 Would you support an increased mooring fee for boats in Pamet Harbor if the money were used for dredging and harbor maintenance? Yes260 no 90 no opinion 78
- 5. How often do you or family members shellfish along the Pamet? Regularly 56 occasionally 209 never 246
- 6. What kinds of shellfish do you gather? Mussels 156 clams 209 quahogs 146 oysters 88 other 16 (lobsters, crabs)
- 7. Should the town adopt a more agressive shellfish seeding/cultivation program to increase shellfish stocks in the Pamet River? Yes 329 no 44 no opinion 134
- 8. Should the town's present shellfish regulations be more rigorously enforced? Yes 263 no 68 no opinion 166
- 9. Should the town open the river for shellfishing in the summer months? Yes  $\frac{1}{131}$  no  $\frac{1}{242}$  no opinion  $\frac{1}{124}$
- 10. Do you or family members fish in the Pamet River? Yes 84 no 428 If yes, what types of fish do you catch?

- Do you feel that there are enough access points where the public can 11. enjoy the river? Yes 296 no 134 no opinion 64 If no, do you think there should be more (a) boat ramps 31 (b) parking areas 35 (c) beaches 33 (d) trails along the river 105 (e) boardwalks over marshes 84 (f) scenic overlooks 72 (g) other 14 including: walking paths
- Are you in favor of clearing brush to make the river more passable by small boats and canoes? Yes 200 no 207 no opinion 96
- 13. Are you in favor of clearing and pruning to make the river once again more visible from its banks? Yes 224 no 184 no opinion 92
- Do you have any old photographs of the river? Yes:15 no 492 If yes, please get in touch with us. Photographs can provide valuable information about changes in the river's environment.
- 15. A high population growth rate in Truro means more people, more homes, more commercial activity, and more wastes. Do you believe that sufficient protection now exists to maintain the Pamet's environmental and scenic Yes 5 5 no 355 no opinion 5 7 If no, what types of controls do you qualities? (a) Lower density zoning (increase the minimum lot size) 299 favor?

(b) Construction setbacks from edge of river 316

(c) Stringent septic system maintenance and renovation to prevent pollution 375

(d) Architectural review (height restrictions, historic appropriateness) 272

(e) More acquisition of sensitive parcels along river by town or private conservation agencies 339

(f) Environmental regulation by state or federal government 198

(g) Forbidding further business development along the river 344 (h) Other including: Growth controls - 10

Professional planning - 3; Parking regulations - 3; Eliminate laundry - 2; Enforce existing regulations.

- 16. In your view, what are the greatest threats to the Pamet River valley?
  - (a) Too many homes being built along the river 262
  - (b) Faulty septic systems adjacent to the river 342 (c) Pollution from town dump 97

(d) Too many boats in the harbor 97:

(e) Depletion of shellfish stocks by overharvesting 168

(f) Erosion of sand bar near jetty 149 \_-

(g) Silting and shoaling of the harbor 216 (h) Loss of open space for wildlife222

(i) Loss of scenic beauty 215

(j) Potential widening of Route 6 199

(k) Other including: Tourism - 4; Commercial development

Motorboats - 3; Poor planning & zoning - 3;

Commercial marina - 2; Mismanaged harbor - 2

17. If it could be determined that salt intrusion into nearby wells would not occur, for what purposes would you support opening the Pamet River system again to tidal flow? (a) To help prevent silting in of the harbor 232
(b) To control excessive vegetation now choking the river 251
(c) To provide more recreational opportunities 138 (d) Other 45 (e) Would not support it under any circumstances 63 18. Are you a registered voter in Truro? Yes 179 no 324 19. Do you attend Truro Town Meetings? Always 70 occasionally 214 never 209 20. Is your home in the Pamet River valley? Yes 134 no 321 don't know 30 If yes, do you rent 2 own 150 your home? 21. Is your home within the Cape Cod National Seashore? Yesia no 396 don't know 8 22. What do you like most about the Pamet? Why is it important to you? Harbor/Boating use - 55; Natural beauty - 258; Recreation -83; Need to control development - 45; Quiet - 40; Boating - 36; Shellfishing - 22; Fishing - 19; History - 19;

"Leave it alone" - 15; Economic potential - 11; Close laundry

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## EDITORIAL PAGE

Malcolm Hobbs Editor & Publisher Paul Kemprecos Managing Editor Greg O'Brien Associate Éditor

### Time And The Pamet River

It is hard for us to imagine another river in New England that is as unspoiled and as pretty as the Pamet. Six years ago, in fact, the Pamet was given the official state designation of "scenic river," declaring it one of the most important waterways in Massachusetts. Along with the designation came a \$10,000 grant, which was awarded last year to the Truro Conservation Trust to study the river and develop a management plan to keep it clean and open to recreation. The plan, with its 75 recommendations, was presented last week, along with the notion that it does no good unless implemented.

"A plan is only worth as much as it's used," Conservation Trust director Mark Robinson told a small gathering at Town Hall.

We fully agree, and urge town officials and residents to support the plan, which emphasizes the need to enforce current regulations as well as proposing new ones.

One proposal put forth in the plan suggests increasing the minimum lot size near the Pariet from three quarters of apport to a pariety of apport to a pariety of a pariety of

light of the fact an average of one home a month has been built in the area since 1980.

Another proposal with merit is a recommendation that all failing septic systems along the river be upgraded to comply with the town's Board of Health regulations. There are 15 private septic systems in the area that regularly need pumping, and the management plan strongly suggests they be inspected immediately.

Other important recommendations seek more growth controls along the river "to preserve the scenic qualities of the [Pamet] valley," and further studies to determine the effects of opening the dykes at the Post Office and Route 6A to allow the tide to flow "up river."

Most of these suggestions, it should be noted, cannot be implemented without some cost to the taxpayer. Selectman Bruce Tarvers correctly pointed out last Friday that the town in the past has been reluctant to appropriate money for anything other than basic town services—and sometimes town officials have had trouble getting even that.

Truro residents, we hope, will support the plan -- t ont---tilos -- tically -- tilpanoially sexuell.

searched for a drinking water supply but failed to find one—although a source lay "up stream" at the river's headwaters, not far from what would become Ballston Beach. The failure to find such a supply caused the party to search elsewhere for a settlement, and on a subsequent expedition across the bay, the Bradford band finally found what they were looking for.

"So narrowly escaped Truro from being the Plymouth of the New World and Old Tom's Hill [at the river's mouth] from becoming hallowed ground," wrote Truro native Anthony Marshall in his book about the town.

ow 366 years later, water is still a critical issue in the valley. In recent weeks, the Pamet River and harbor were both closed to shellfishing because of high coliform counts caused by bird droppings or leaking septic systems. Another problem stems from the existence of dikes where the river passes under Route 6. The dikes separate the Pamet into salt and freshwater streams-the salt water running in from the bay; the fresh water running down from springs at the river's headwaters. West of the dikes, the river flows with the tide. East of the dikes, the Pamet is a stagnant body of water that is slowly changing to swampland. This condition, however, could be reversed by increasing the tidal flow (opening the dikes), but there is concern about the effects this would have on freshwater vegetation and habitats in the area.

Consequently, the Truro Conservation Trust, under the guidance of Mark Robinson, is engaged in a year-long study of how to keep the river clean, beautiful and open to recreation. The results of the study, called the Pamer River Greenway Management Plan, will be published soon. The document, Mr Robinson says, will contain 75 recommendations, including suggestions about zoning changes, septic system regulations and the dredging of the harbor, which now can be navigated only three hours either side of high tide.

"We're all agreed the river needs a great deal of protection," says Dr. Charles Davidson, a trustee of the Conservation Trust and chairman of the town's Conservation Commission.

Mr Robinson agrees. "There's no doubt the river can be saved," he notes.

But there are some in town who feel the Pamet should be allowed to take its course. Tom Kane, Truro's former town clerk who writes *The Cape Codder's* "My Pamet," is one.

"It's a losing battle," he suggests. "For instance, to keep the harbor open, you'd have to run breakwaters out there a mile into the bay. The sand just comes in there, washes down the shore from south to north. The dredge would hardly be out of the water before we'd be having problems again.

"I think it's inevitable that the day will come when this whole area will be just a marsh and then a meadow because there isn't enough flow of water. I am convinced, though, that we should let the river take its course. We should just sit back and enjoy what we have now."

A majority of town officials, though, insist the river is too unique to let that happen. They point out the Pamet is the only tidal inlet in town and the only launching and mooring area for boats; that it contains the town's major shellfish beds; that Truro's only remaining salt marsh is on the river; and that the Pamet is one of only 46 rivers in the state to be designated as "scenic."

While the debate goes on about what to do with the Pamet, the river continues its lazy, meandering path to the bay. It is rich, not only in resources, but in history. This history has been detailed by Mr Robinson and members of the Conservation Trust in their report, and is retold here.

From the start, the Pamet offered settlers "a ready supply of fish and shellfish," the report notes. Surrounding marsh grass was also used by local farmers as fodder for livestock, although grazing was banned in 1730.

Early farmers in the Pamet Valley, the report says, planted corn, wheat, rye and vegetables, but soil erosion eventually caused them to plant crops like asparagus, which thrived in the thinning soil.

Most of the people, though, who lived along the Pamet turned to the sea for a living. "The Pamet sent out many whaling crews in the 1700s," the report says. "In fact the Outer Cape dominated this occupation until Nantucket overtook it about 1750. Drift whales, usually blackfish, were first exploited, then whalers fished New England waters. Truro men led the first whaling trip to the Falkland Islands when scarcity made it necessary to hunt whales in distant waters. The shores of the Pamet were used to render whale blubber into oil for the nearshore and drift whales."

By the end of the 18th century, there were several hundred people living along the Pamet—most of them fishermen, farmers, tradesmen and sea captains. The population continued to grow into the 19th century.

"Up until then," the report notes,
"Truro residents were content to use
the river in its natural state. They were



Raking j

resigned to the fact that the Pamet Harbor was not a natural deep-water harbor, yet were grateful for the bounty yielded by the rich estuary. A maritime economy emerged despite the river, not because of it. Like most of coastal New England, the Pamet experienced economic recession due to the War of 1812 and the associated trade

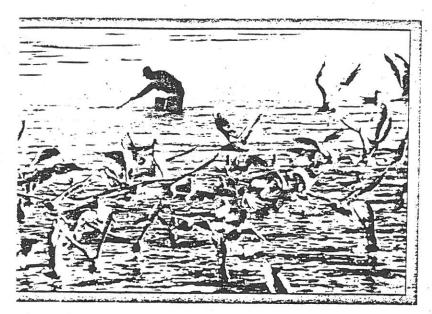


wars leading up to it. Truro whaling was particularly weakened by that war and never regained its prominence of the previous century, dying out completely after the civil war. All other components of the Pamet economy, however, boomed in the interval between those wars."

In the mid-1800s, the report says, the town's population

still centered on the Pamet, and nearly doubled from 1820 to 1850. Fishing was the primary cause of this increase. In 1837, for instance, there were 63 fishing vessels in Truro hauling primarily cod and mackerel out of the bay. And more than 500 residents—about one-quarter of the town's population—were fishermen.

This interest in fishing led to the development of the



g for sand eels to use as bait.

harbor.

"The harbor's first major pier, Union Wharf, was built in 1830 on the south side of the harbor where the present parking lot is located," the report says. "A year later, another large wharf was constructed on the opposite shore. Attending these wharves were shipyards, sheds for

### NOTICE RIVER CLOSED. TO SHELLFISHING. POLLUTION.

mackerel packing, sail lofts, supply stores and flake yards [for drying cod]. Regularly scheduled packet service began after 1812, ferrying goods and mail to and from Boston. The *Comet* was the first recorded Truro packet in 1820, though the most famous one, the *Postboy*, began service

The Pamet's other major industry at the time was salt-making—big business on the Outer Cape in the 1800s. Windmills, the report says, pumped seawater from the river into a series of evaporator vats. The salt residue was sold as a meat and fish preservative and for medicinal uses. At least 39 saltworks lined the banks of the Pamet and Little Pamet in 1832. "All along the shores and banks of

the Pamet, its arms and coves and points were well-covered [with salt works] and every breezy summit was crowned with a picturesque windmill," Shebnah Rich wrote in 1883 in his book, *Truro, Cape Cod*.

The Pamet's salt-making business, however, declined in the late 1800s when salt mines were opened out west and abroad. The last Pamet saltworks ceased operation in 1870.

The fishing industry, though, the mainstay of the Pamet, continued to thrive. "In 1847 and 48, four more wharves were built to host the strong fishing fleet," the report says. "A year later, Pamet Harbor lighthouse began service on the north bank of the river at the foot of Tom's Hill, its expense justified by the Pamet's busy commercial activity, but Pamet couldn't hold onto the commerce it had. The economy of the last half of the century fell apart as quickly as it had soared in the first half. The town's population plummeted from its 1850 peak of 2000

to a low of 600 in 1930. The reasons for the decline have often been cited: shoaling of the harbor, storms, the civil war, fish depletion and lack of economic diversity. More important was the townspeople's reaction to the decline. Their attitude towards the river changed."

They now looked upon the river itself as something useless, and the marshes as simply wastelands.

esidents now looked upon the Pamet as a summer place, rather than a place to make a living. Trains were primarily responsible for creating the tourist economy here—one that dominates the town today. As early as 1826, the report says, the Holsberry area on the south side of the Pamet played host to one of the first religious summer camp meetings on the Cape "at which off-Cape visitors came seeking spritual rejuvenation under the sway of charismatic evangelists."

But the first real summer cottage colonies were established at the start of the 20th century at the Ballston Beach area and Corn Hill. "The railroad brought middle-class families from Boston and New York to stay by the sea for the summer," the report notes. "Some of the larger private homes rented rooms to summer visitors as well. Gradually, summer guests built their own houses along the river, first as vacation homes and eventually for retirement use."

All this has put much stress on the Pamet, and has threatened the river's very existence. What is needed now, officals say, is a management plan that would protect the river's water quality, ennance as seenic views and as one official puts it, preserve its "historical integrity."

official puts it, preserve its "historical integrity."

"And when that's gone," he says, "a big chunk of the town's identity goes with it."

### THE CAPE CODDER FEATURE SECTION

**OCTOBER 28, 1986** 

### The Pamet: Which Course to Follow

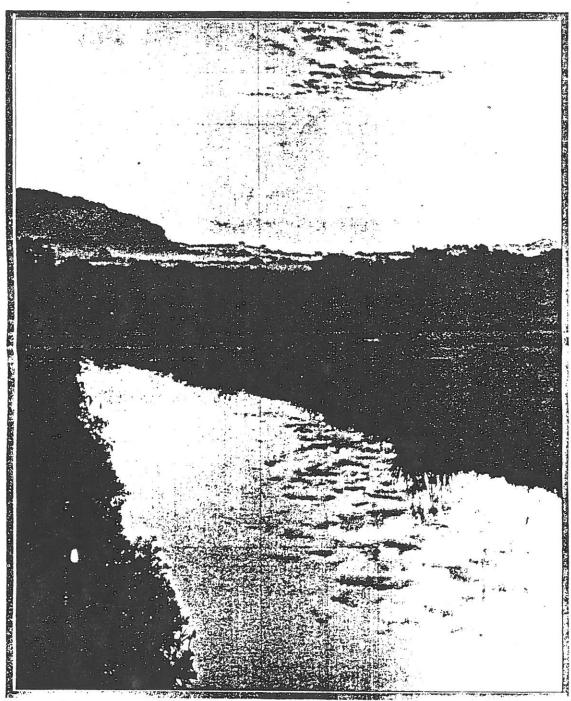


photo by Ben Barnhart

### **Inside Story**

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t first glance in November of 1620, Truro's Pamet River Valley offered William Bradford and his fellow Pilgrims just about everything they needed in a permanent settlement: splendid marshes, hills, timber, fish, fowl, a beautiful river and a protected harbor. The only thing lacking was a freshwater spring. For two days, history tells us, the Bradford party

### Study offers plan to protect the Pamet River

By ALLISON BLAKE STAFF WRITER

TRURO - Upon making that first landfall at Provincetown Harbor, before crossing Cape Cod Bay to Plymouth, the Mayflower Pilgrims went searching for fresh water in the Pamet River val-

Centuries later, the Pamet remains perhaps the most pristine estuary on Cape Cod. But threats to the Pamet, considered to be the state's second hightest protection priority among its rivers,

Last night, a comprehensive, \$10,000, state-funded plan to manage and protect the Pamet River was unveiled by representatives of the private Truro Conservation Trust. Some of the more than 100 recommendations from the 180-page study, begun in 1984, are expected to find their way into town meeting warrants in the coming year.

Up to 70 people attended the session at Truro

Town Hall. The study proposes that town meeting set up a regulatory board charged with overseeing development within the Pamet River basin. Several town agencies now hold jurisdiction over pieces of the river's future, and they need to be coordinated, said Ansel Chaplin, a trust board member.

A comprehensive proposed Pamet bylaw may be the piece of local legislation that lays down rules for shellfishing and boating in the river, outlines any dredging that may take place, and oversees land use to the extent that minimum lot sizes could grow to 60,000 square feet and all new structures are built 100 feet back from any associated wetlands.

Another layer of regulatory protection for the river may come from the state's program that designates Areas of Critical Environmental Concern. Pleasant Bay recently was given this

The Pamet and Mashpee rivers are the only Cape Cod rivers determined by the state to be "scenic rivers." As an estuary considered to be of importance to the commonwealth, the river can be managed by the state. The headwaters of the Pamet form in the marshland just west of the Atlantic dunes and flow across the width of the Lower Cape and empty through Pamet Harbor into Cape Cod Bay

As it flows along, the Pamet washes across 16 dikes built earlier this century to aid the railroad, and at least five of those dikes seriously restrict the tidal flush of the river, said Mark Robinson, study consultant and executive director of the Compact of Cape Cod Conservaton Trusts.

The river may be best served by removing some of those dikes, the study suggests. This can come only after careful study, since disturbing the longstanding structures could have an impact on the river in other ways.

Up until last year, Truro was the only Cape town never to have seen its shellfish beds closed to bacterial pollution. No more. Of monthly tests made at eight sites along the Pamet River location of the town's shellfish beds - between April and October 1986, 23 tested higher than state standards for harvesting shellfish, Robinson said.

A town shellfish management board could help

monitor this situation, the plan suggests.
"I think you've got the last best hope," Robinson said of the Pamet's future for a safe shellfish harvest compared with the rest of the Cape. Shellfish beds throughout Barnstable County have been hard-hit in recent years by closures caused by fecal coliform from humans or animals.

But even if the Pamet remains purer than other Cape rivers, it still faces the same polluting pressures. The study outlines plans to attack contamination to the river. Storm runoff from roads is a big pollutant; drainage from Route 6 should be rerouted. Underground heating fuel tanks were installed in homes during the past 20 years; they should be tested. Old tanks should be removed.

Z Sept 87 There is, outside the Cape Cod National Seashfor and a few large tracks protected by the state on individual communities. Little analysis

tracts protected by the state or individual communities, little enough left of the Cape Cod about which Thoreau wrote with love and admiration. So any effort to protect significant natural assets is to be applauded. Include now in the list of preservation activists the Truro Conservation Trust.

This week the trust offered Truro a comprehensive proposal that would preserve the meandering, 2-mile section of the Pamet River from its mouth on Cape Cod Bay to the point where the river enters from the National Seashore - from the sort of explosive development that has adversely affected so many other Cape waterways.

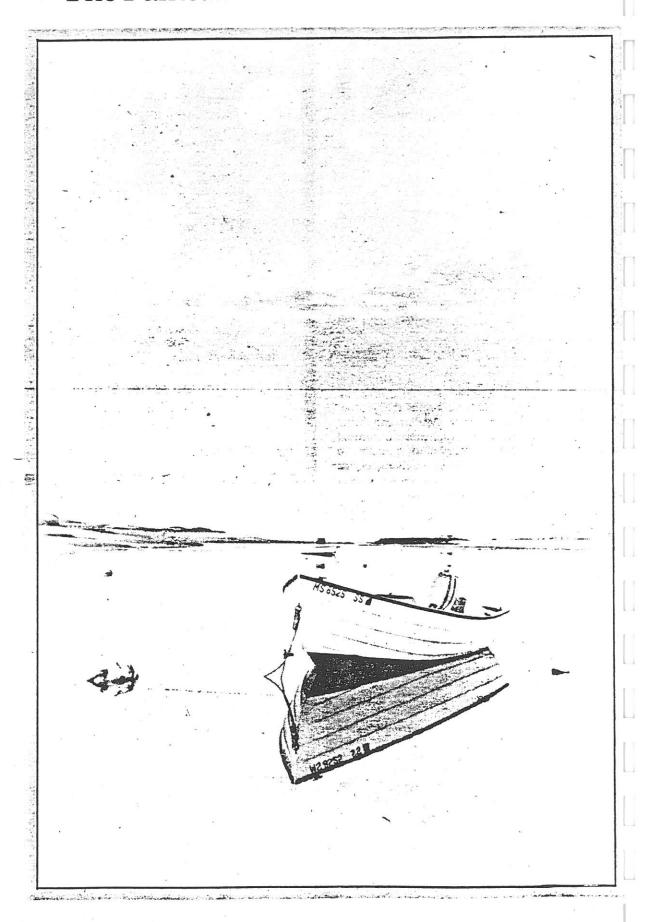
The multifaceted plan, which includes severe restrictions on lot sizes, building setbacks, and other limitations to land alteration within the Pamet Basin, is the 180-page product of a three-year, \$10,000 study funded by the state. In short, the proposal is a blueprint for a river's survival.

The Pamet is one of two state-designated "scenic rivers" on the Cape, the other being the Mashpee River, which Mashpee voters decided earlier this year to place under municipal and state protection, and for similar reasons. Both rivers had been threatened by development, and in Pamet's case, pollution.

A great deal of work will have to be done, some of it with great care, to restore the Pamet to a state of purity. The plan calls for more study, for major zoning changes, and for - above all - voter

cooperation and approval. The river is obviously a commercial asset, especially for residential development. But of much greater importance is its scenic and environmental value. The Truro Conservation Trust is to be applauded for its recognition of priorities. The town can do itself no greater service than to see that priority becomes reality.

### The Pamet...



## A Canoe Ride Dcwn The Pamel

The Cape Codder

By Bruce Cohen

28 July 1985

Coastal resources expert Mark H. Robinson was standing on a small sandbar Saturday in the middle of Truro's Pamet Harbor where the three branches of the Pamet River meet.

Mr Robinson is working as a consultant for the Truro Conservation Trust, which sponsored a cance trip up the Pamet's main branch. At midday, the bows of four cances were resting on the bar. Three people were in each cance.

The canoe trip was just one in a series of events planned by the trust this summer to promote Pamet River. Last year the trust was awarded a \$10,000 state Greenway grant to study the river and come up with a management plan (only four of 47 communities that applied received grant money).

The Provincetown Center for Coastal Studies completed the study for the trust last month. Mr Robinson must now draft a management plan by the end of September.

At noon Saturday it was low tide in the harbor. At high tide, the sandbar is five feet underwater.

Behind Mr Robinson was the mouth of the river. Before

man intervened, Mr Robinson explained to the canoeists, the mouth was migrating north toward Provincetown with the shifting sands, reaching as far as Corn Hill, some 2500 feet away.

The mouth of the river was at Corn Hill during the early 1800s. "At this time," the trust's study report says, "the Pamet could claim some sixty vessels working at the cod and mackerel industry, and to support and supply them, wharves, stores, sheds, a shipyard and a sail loft [were built]."

By the mid-1800s, however, the Pamet River economy collapsed. The notorious 1841 "October gale" depleted the fishing fleet. The mackerel fishery then declined, and the Union Company, the backbone of the river's economy, went bankrupt.

Then, in 1919, in an effort to help revitalize commerce and make access to the bay easier for fishing boats moored in the harbor, the state attempted a harbor improvement program that the Provincetown Center for Coastal Studies report calls a "desperate and misguided alteration."

The state dredged a new mouth, and built two jetties to

keep it in place. The mouth has stayed put ever since. The sand, however, continues to shift, spilling over the south jetty and moving away from the north jetty. The spilling sand makes the harbor more shallow.

"Now that our sandbar's gone," said Mr Robinson, who with the incoming tide was standing in ankle-deep water, "I suggest that we leave too."

The canocists paddled upstream along the tidal creek that snakes through tall salt marsh grass until they reached Wilder's Dike, another of man's interventions.

Driven by the bay tide, Pamet River many years ago flowed all the way to the ocean, with only an unbroken barrier beach keeping the tip of Cape Cod from being an island. Wilder's Dike used to be a bridge, connecting people on the south side of the river with the church, Town hall and some stores on the north side.

In 1869, however, town meeting voted "to replace the rotting timbers of Wilder's Bridge with solid fill," according to the study report. This cut the tidal flow from the east half of the river.

As a result, over the last 115 years the eastern half of the river became a stagnant narrow body of fresh water. The salt marsh, which had extended almost across Truro, has been gradually replaced, first by cattail wetland and now by shrub swamp and even upland plants in some areas.

Drainage ditches plowed by the mosquito control project and railroad dikes built on the two smaller branches of the river have also contributed to the problem.

### No Answers

The solution? "We really don't have any answers at this point," said Mr Robinson. One idea that sounded attractive to some of the canoeists was to let nature take over once again.

Perhaps, Mr Robinson said, the trust's management plan will recommend that the harbor jetties be removed, allowing the river's mouth to seek a natural inlet. And perhaps, added Dr. Charles Davidson, chairman of the Conservation Commission, bridges will replace the dikes at Routes 6A and 6.

It's an environmental and an engineering problem, Mr Robinson said.

Between the stop at the sandbar and the stop at Wilder's Dike, Mr Robinson halted the canoeists in the middle of the marsh. A great blue heron flew overhead. Tall green marsh grass surrounded the group, and beyond that the rolling knolls of Truro. Looking down, the canoeists saw mussels resting in the river bed.

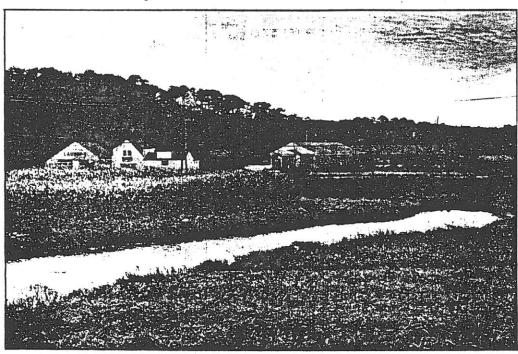
Because of the tidal flow at that end of the river and the acres and acres of marsh vegetation, the area is "one of the most productive salt marshes on the Cape," Mr Robinson explained.

He paused and glanced around at what the trust is trying to restore and preserve. "And this," he added, "is one of my favorite places on earth."



begin. The trust organized the trip to introduce people to the beauty and importance of the Pamet. TCC/Cohen Canoeists on the banks of the Pamet River, waiting for the Truro Conservation Trust-sponsored canoe trip to

### Probe Of Pamet River Pollution Started By Selectmen In Truro



The Pamet Mail In Truro Center.

TCC/COHEN

### By Bruce Cohen

An investigation into septic systems and other possible sources polluting the Pamet River—including a laundromat in the center of town—has been launched by the Truro selectmen.

The river was closed to shellfishing by the selectmen earlier this month because of high coliform counts (an indication of bacteria levels) found by the state's Department of Environmental Quality Engineering (DEQE). The state tests eight areas of the river.

"Just exactly who's doing what I don't know, though I do intend to find out," said Truro Selectman and Board of Health chairman Mark Peters. There are some "grossly inadequate" septic systems along the river, Mr Peters added.

Although the levels from the DEQE's last test, taken December 18, were "way down" from the previous test, taken a month earlier, they are still in some cases higher than acceptable limits. The DEQE will test the river again In January and, if the levels remain higher than the limits, may enforce a shellfishing ban that would supersede the selectmen's closure.

The possibility of a DEQE-enforced closing, which would start as a temporary ban but lead to a stricter ban if high levels persisted, has caught the attention of town officials. Once the DEQE imposes a strict closing, it can take years to get a shellfish bed reopened.

take years to get a shellfish bed reopened.
"You address these things one step at a time," Mr Peters said recently. "And that's exactly what we're doing now. We are pursuing it." The Conservation Commission voted unanimously two weeks ago to urge the selectmen to investigate pollution sources contaminating the river.

Coastal geologist Mark Robinson, director of the Truro Conservation Trust, is also studying the river as part of a \$10,000 Greenway grant awarded the Trust last year. Mr Robinson's management study, which he said is 85 per cent complete, contains sections on shellfish management and water quality. He dropped those sections off in the Selectmen's Office a few weeks ago.

### Several Possible Sources

Failing septic systems, storm water runoff from roads,

boats and other marina activity and waterfowl are thought to be the most common sources of pollution. For now, however, the selectmen are concentrating on the septic systems along the river's banks.

The selectmen plan to review septic system pumping records of property owners on the banks of the Pamet. "If we see pumping done every month, then we know we have a failing system," Selectman Bruce Tarvers explained. Mr Peters added he will "start on that immediately."

The subject of several complaints from Truro residents is the system owned by Joseph Schoonejongen, which discharges washwater from his laundromat at the Pamet Mall in Truro center. The selectmen are investigating whether Mr Schoonejongen's system is legal.

In a letter written December 17, the DEQE's Boston office wrote, "please be advised tht we have no record of any permits being issued to the facility by DEQE. As far as we know, the laundry has no approval for its waste system, nor has it made application for a groundwater discharge permit"—both of which must be issued before the laundromat can reopen next spring.

"It certainly doesn't meet any of the recent criteria for laundromats," Mr Tarvers said recently, "but it's always been treated as pre-regulation"—in other words, grandfathered as a preexisting use.

Friday morning, the selectmen reviewed the laundromat's three-inch-thick file that dates back to the early 1970s. The file contains a few past attempts by Truro Boards of Health to force the laundromat to close. Some of those efforts ended up in court, with Mr Schoonejongen the apparent victor. For that reason, the selectmen have asked town counsel to instruct them on how to proceed.

"That's some file," Mr Tarvers said. "This has been going on forever."

Mr Peters added, "Believe me, there's no vendetta involved in this situation." Whether Mr Schoonejongen's system is causing any pollution at all is "open to a great deal of debate," he said. Given the history of the laundromat, the selectmen said they were shocked the DEQE has no record of its septic system.

# Gas spill discovered in Trura

By MOLLY BENJAMIN CC TIMES SPECIAL WRITER 6 FELS 75

TRURO — An undetermined amount of gasoline, apparently from an abandoned underground storage tank, has been found in ground water near the intersection of Route 6 and Castle Hill Road, officials said.

The discovery was made late last week when Commonwealth Electric Company workers were drilling a hole for a utility pole. First reports indicate the gasoline spill is not severe, but Truro officials are concerned.

Richard Packard, senior engineer with the state's Department of Environmental Quality Engineering, said he does not believe a cleanup operation is needed. "I saw very little gas on the ground water, just a sheen," he said.

The ground water flow, he said, leads toward the Pamet River marsh, close to a saltwater estuary of the Pamet River. The gasoline could easily have come from the steel tanks at an abandoned service station, believed to have been closed down in the 1940s.

Richard White, spokesman for Commonwealth Electric, said his company's augers did not hit a tank, but the residue from the hole

smelled "strongly of fuel."

William Wood, Truro's marine oil-spill coordinator, said two abandoned underground tanks are on the site, and two other tanks located across the street.

Joseph Duarte, the current owner of the property, said he belleves there is no fuel spill on his property. Officials, he said, are "just whistling in the dark."

"There's no gas spill there," Duarte said. "If there is a tank there, it would probably be just a little 500 gallon one." Duarte said tidal waters flowing in and out of the area would have cleansed any spill.

Monica Kraft, chairman of the selectmen, said the recent discovery is a "serious problem," and the board will take appropriate actions.

"A little bit of gas doesn't just appear on top of the water and do nothing," she said, adding she believes the spill may be headed toward the Pamet River.

Truro officials began a project last year to identify abandoned gasoline storage tanks in the town. Seventeen have been located thus far, according to Wood.

"We now know what we can do about these tanks," Ms. Kraft said. "We have finally gotten some help in finding what chapter and verse of the law that lets us force property owners into paying for the tank's removal."

Packard said that the town's fire chief has the authority to order the tanks removed at the property owner's expense.

"It is clearly spelled out in the regulations how to do this, down to how the tanks should be sealed prior to removal," he said. "The town had this authority all along, they just didn't know it."

He said he will discuss the procedure with town officials. Packard said he believes the fuel will not cause any sudden pollution because the tanks are old and have most likely been leaking for a long time.

In 1977, a similiar leak was discovered at the Amoco Service Station on Route 6 in North Truro. An estimated 3,000 gallons of fuel escaped before the spill was discovered.

The spill is located close to the South Hollow well field, Provincetown's major drinking water source. A cleanup campaign, estimated to cost nearly \$5 million, is currently under way.

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OPENING PAMET: Possible Changes due to Re-Introduction of Tidal Flow to Pamet River System

### I. Introduction

The Pamet River system has been changed drastically by human interference. Dikes, fill and culverts for roads and construction have altered the river's flow patterns, tidal prism, salinity and upstream vegetation. The Provincetown Center for Coastal Studies is preparing a report to document how and when these changes occurred. The PCCS study will not make recommendations on whether further alteration is desired, but there seems to be wide support in Truro for a conversion of the Pamet system back to a more natural state by removing man-made obstructions to the river's tidal flow.

The purpose of this discussion paper is to try to identify the range of consequences that must be considered if the Pamet Greenway Committee--and the town in general--wishes to pursue the opening of the dikes and the alteration of the Pamet. While this discussion may be premature--in anticipation of the PCCS study--it is important for the Committee to begin to think about what promises to be a long, long process.

### II. General Points to Consider

- A. Major changes to an ecosystem require in-depth study before local, state and federal regulatory agencies will approve the project.
- B. Truro can use the re-opening of Wellfleet's Herring River dike to tidal flow as a parallel situation. Specific studies will have to conducted on the Pamet, but we can use the Herring River experience as a precedent, procedurally and environmentally.
- C. Support from the National Park Service is vital because most of the upper Pamet (east of Route 6) falls under Cape Cod National Seashore jurisdiction and that area will be most affected.
- D. The major opposition to a re-opening of the Pamet will likely come from two sources:
  - 1) Landowners abutting the river concerned that tidal flow will flood their homes, septic tanks, and/or wells.
  - 2) Local officials and taxpayers <u>if</u> town money must contribute significantly to effect the change.
- E. Changes in the river's environment will be short-term and long-term. Also, changes will take place downstream as well as upstream with increased tidal flow.
- F. The Pamet has many different obstructions and in some areas, dikes in succession (Route 6 and Wilders Dike). Removing one dike without removing its partner may not yield the intended result.

- III. Initial Question: How far upstream will tidal flow extend if dikes are removed? If tidal penetration is insignificant, then it may not be worth the cost of removing dikes.
  - A. Historical data (How far upstream did tide reach before obstructions?)
    - 1) PCCS study
    - 2) Cape Cod Mosquito Control Project data.
    - 3) Marsh corings?
    - 4) Personal observation of previous salt marsh extent
  - B. Mathematical/Engineering Formula
    - 1) Channel geometry
      - a) low gradient encourages tide
      - b) twists and turns hamper tide
      - c) natural bottleneck at mid-river?
    - 2) Freshwater discharge low volume in Pamet may encourage tide
    - 3) Tidal range 9 to 10 feet in Pamet may encourage tide
    - 4) Height of freshwater swamp in upper Pamet

### IV. Consequences of Conversion

- A. Hydrological Effects
  - 1) Ground water and surface water interrelated
  - 2) Tide will cause division of aquifer now connected through upper Pamet (see ground water contour map).
  - 3) Strong tidal flow may result in greater mixing of transition zone. (Less dense fresh ground water floats above salt ground water.) Possible upward migration of salt lense.
  - 4) Water wells may become contaminated by salt water intrusion.
    - a) Sodium levels in wells near Pamet are now generally low (see map).
      - b) Two-percent seawater mixed with fresh ground water can exceed federal limit for total dissolved solids in drinking water.
      - c) Very slow process for salt-contaminated aquifer to cleanse itself; possible abandonment of wells.
      - d) Problem could be exacerbated by new home construction in area. (More wells=More pumping of groundwater=Less ground water discharge to river=Less stream flow in river=Additional tidal penetration.)
      - e) Did older homes in area have problems with salt in wells before dikes built?
      - f) Well Protection Measures all very costly.
        - i) move wells inland impractical on small lots
        - ii) municipal water supply to serve homes
        - iii) construct hydraulic barriers with wells
        - iv) create subsurface barrier walls with clay, plastic
        - v) continuous monitoring of intrusion

### B. Chemical Effects

- 1) Increase in salinity and conductivity
- 2) Decrease in acidity due to buffering effects of salt water
- 3) Greater flushing of pollutants
- 4) Corrosion by salt of engineering structures (steel bridges, etc.)
- 5) Application of road salt no longer a problem to marine receiving water

### C. Physical Effects

1) Flooding Risks

- a) need to know elevations of existing homes; aren't most older homes high up on slopes?
- b) National Flood Insurance Maps would have to be changed to include more property in Pamet floodplain.
- 2) Potential for increased speed of river currents
  - a) Greater scouring of silt in present low-flow areas of Pamet
  - b) Reduction in shoaling at harbor mouth
  - c) Navigation concerns can small vessels, particularly sailboats and canoes, handle additional tidal velocity?
  - d) Increased erosion potential of marsh banks, perhaps resulting in more bulkheads or retaining walls by homeowners

### D. Biological Effects

- 1) Salt marsh is more productive in biomass than fresh swamp and saltwater species (e.g., shellfish) tend to be more economically valuable, but it is difficult to make a value judgement on which environment is intrinsically "better". Does this area of Truro need a freshwater swamp for greater diversity of wildlife?
- 2) Vegetation
  - a) Probable change from cattail and <u>Phragmites</u> (reed) and shrubs to <u>Spartina</u> salt marsh if marsh elevation conducive; how long will changeover take?
  - b) Salt will kill trees and shrubs which now encroach on river and are turning river into impassable swamp.
  - c) No rare or endangered species of plants have been identified to date in the upper Pamet by the state's Natural Heritage Program but further examination would be needed.
- 3) Fish and Wildlife
  - a) The most important fish species of recreational value now inhabiting the upper Pamet are brook trout and a few brown trout. These should not be affected by increased salinity because they are sea-run trout. Trout appreciate increased flow, oxygenation.
  - b) Other fish found in upper Pamet, including yellow perch, pumpkinseed sunfish, tesselated darters, may be affected (Source: Joe Bergin, Mass. Div. of Fish and Wildlife).
  - c) Wood ducks? Muskrats? etc.
  - d) Detailed survey of fauna needed.
- 4) Mosquito Control
  - a) Cape Cod Mosquito Control Project supports opening dikes because salt marsh is easier to manipulate for mosquito control (tide, not rain and poor drainage, becomes the main variable), alleviating the need for pesticide application
  - b) Salt marsh-breeding mosquitos are not quite as virulent as freshwater species.

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### E. Recreation Effects

- 1) Increased opportunity for canoeing entire Pamet due to removal of overhanging shrubs, root-clogged channels in upper Pamet; canoe under bridges rather than portage across dikes.
- 2) Other navigation effects see Physical Effects.
- 3) Swimming, shellfishing enhanced due to greater flushing of pollutants.
- 4) Public trust doctrine in tidelands would be expanded geographically, although already public access in lands of National Seashore.

### F. Aesthetic Effects

- 1) Dead trunks of salt-killed trees will remain for years unless removed; denuded areas of marsh may arise and not regrow.
- 2) Visual appreciation of Pamet Valley will be enhanced; river less fragmented into segments by dikes.

### G. Historical Effects

- 1) River restored to natural state known to Indians, Pilgrim explorers and early European settlers.
- 2) Geologists regain integrity of archetypal pamet.

### H. Economic Effects

- 1) Cost of dike(s) removal; who pays?
- 2) Cost of bridge(s) construction; who pays?
- 3) Flood insurance
- 4) Liability for salt-contaminated wells
- 5) More acreage available for commercially-valuable fish and shellfish
- 6) Less maintenance costs by Mosquito Control
- 7) Increased recreational use of river by vacationers, i.e., tourist dollars spent in town.
- 8) Canoe rental business opportunity?

### I. Other effects

- 1) more
- 2) much more

### APPENDIX E

TRURO, CAPE COD, AS I KNEW IT, by Anthny L. Marshall, Vantage Press, NY, 1974.

### Pamet River References

### Page

Pamet Harbor in those days presented quite a different appearance than it does today. At the eastern end of the present day parking lot at the harbor and close to the main line of the railroad, there was a railroad siding of some length-- long enough to hold several railroad cars! A little beyond the land sloped sharply to the river. Looking due west and then south west, from this point, one would see only marshland which terminated in a continuous ridge of sand dunes, coming up from the left and then extending to the mouth of the Pamet River, at Corn Hill. Much of this marshland was later filled in with sand which had been dredged up from the new channel bottom.

The present day boat basin simply formed a south branch of the Pamet River. It has been said that the official name of this branch was "Eagles Nest Creek" but in my day, it had always been called "Jim Brown's Creek." Over to the left, of the present day boat basin and near the water's edge, on a far knoll, was "Jim Brown's" boat house.

- Some of the cart roads would lead to such places as hay meadows, to wood lots, to farm gardens and/or to the shores of the Pamet River for the transporting of small boats, commercial eel fishing or for salt meadow haying.
- 11 One could also go from present-day Holsbery Road to old Route 6, via Dangerfield Road. What today is known as Holsbery Road was actually the south extension of Bridge Road, with the Pamet River separating the two sections of Bridge Road. This was many years before the time of my story (c. 1910)....Over the south section of Bridge Road,...People from a wide area of South Truro would drive over this road, and crossing over Depot Road at what today is known as Holsbery Square, they would continue on over what is now a private way and they would shortly arrive at a little cove on the south bank of the Pamet River. There, they would tether their horses and then they would proceed on foot over a foot bridge which crossed the meadows at that point, arriving at the far side at the foot of the north section of Bridge Road. They would then make their purchases from the local butcher and/or grocery cart which was awaiting them....This bridge obviated the necessity for these people making the long circuituous route up South and North Pamet Roads in order to reach the other side of the Pamet River. To this day (1974), some of the old bridge pilings remain in the meadow, showing one the approximate route of this bridge!
- At this point, a dirt road goes over to Eagles Neck, which is the small neck of land jutting out into the Pamet, just south of the present Pamet Yacht Club...Skirting the meadow, we at last cross the very dike which once held back the original "Mill Pond" Here, the old grist mill operated many years ago, before the advent of the railroad in 1872.
- 30 ...the "Little Pamet," once known as "Hopkins' Creek." It was originally a branch of the Pamet River, but it is now a fresh water river.

As we follow along this small, twisting river, we can see one of the town's ice houses on the far side of the river. Here, each winter, when there is ice of sufficient thickness, many tons of it are harvested and stacked away in the ice house and carefully covered over with hay to dealy the melting of the ice. The inner walls of these old time ice houses were filled with sawdust between the studding...Ice was used for packing fish...

31 (from Corn Hill) the view of Pamet Harbor, the Truro Hills and the bay is superb! We also get an excellent view of the Little Pamet as it turns and

twists through the meadows, below...;..white perch were plentiful in this river at the time. To the north we see a few more farms and more grazing cattle. Along the far edges of the meadows, several large plots of swamp land have been plowed, but have not been planted as yet...We see very few homes in this area.

Reaching Castle Road again, we turn left, heading now toward the State Road (old Route 6). We cross the dike over the meadows, which was sometimes called "Phil Ryder's" dike.

- (Railroad work crews) would be employed at such things as replacing piling and timbers on the (RR) bridge as well as renewing planking on the bridge's pedestrian walk, guard rail repairs and so forth.
- (Washouts of RR track): In late Dec 1909, there occurred a very "high course" tide, accompanied by rain and wind. The Pamet River waters rose higher and higher against the banks of the railroad...at "Ned Pearson's Crossing."...the waters of the river breached the roadway and washed the roadbed away for a distance of several hundred feet, then flooded the meadows as far east as the dike which today crosses...at Mill Pond Rd.
  ...A thorough investigation...of the railroad's right-of-way was made and it was found that in each case not enough "rip-rap" of rock was on the lower part of the railroad banks. This situation was remedied and the railroad experienced no further trouble from this source.
- Occasionally, on a warm summer's afternoon a group of us boys, including my brothers, would stop at the well (on Depot Rd.) on our way home from an afternoon of swimming at 'Roger's Landing" on the Pamet, which was located at the first bend of the river from what is now "Sladesville" and going toward "uptown".
- 123 ...much fish and shellfish was eaten in those days since they were easy to come by. Fish would often be obtained free dusring the fishing season for the asking...from the fishermen...Some people were able to obtain eels from the Pamet River by spearing...
- From early spring until late autumn, some people engaged in fishing, but to be truthful, I do not recall that there was much freshwater fishing done in Truro's various ponds or in the Little Pamet or the upper reaches of the Pamet River in those days, except perhaps by outsiders. (Most people preferred saltwater fishing.)
- All farm gardens, both large and small, were usually fertilized with barnyard manure, which was sometimes composted with sea weed or cordgrass (Spartina alterniflora) which was obtained along the shores of the Pamet River. Cord grass, a tall reed-like grass, grows along the banks of the Pamet River proper and along the banks of some of the smaller streams which feed into the Pamet River. As it dies, it gradually becomes detached from where it grows and is cast ashore where it gradually dries.

Swamp or meadow gardens were usually planted late in the spring, after the land had dried out sufficiently. They were usually prodigious producers of various kinds of vegetables....(swamp gardens often ravaged by woodchucks).

Another large dealer in milk in the town was Alexander A. Francis, whose combination dirt and dairy farm, was located in Longnook, just off of present Route 6 and west of Longnook Valley Road, just above the meadows of the Little Pamet.

- 148 (Edgewood Farm) off Route 6, just south of the present P.O...operated by Manuel Corey...raised excellent peaches. He also raised excellent strawberries on a plot of ground at Fratus Bend on the river bank of South Pamet Road, just east of the present highway overpass...
- 173 Cranberry bogs: @ Head o' Pamet North: large, well-kept
  Mill Pond: small
  five at Fisher Beach off Fisher Rd: quite small
- Muskrats were trapped at many places in the meadows which bordered the upper Pamet River and the meadows in the Mill Pond area and at South Truro, (in late autumn and winter.)
- I recall a swamp fire near the upper Pamet River just east of Fratus Bend off South Pamet Road, which smouldered for several weeks, due to the large amount of peat which was afire there.

(See also Chapter 18, "River, Bay and Ocean Fishing.")

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